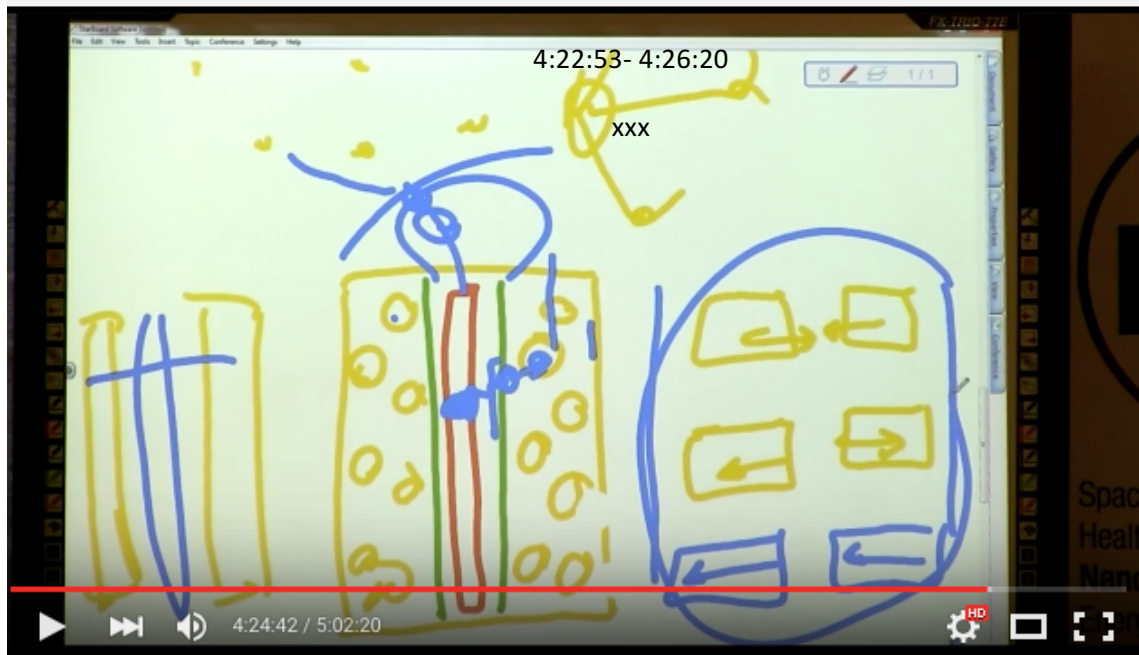


## Notes from 108<sup>th</sup> Knowledge Seekers Workshop held April 7, 2016 – Energy In or Out

(v1 2016-04-09) DRAFT (Notes have not been verified. Double check info with video)

Notes courtesy of H. Bryant

Video link: <https://www.youtube.com/watch?v=inxzRoDJSG4>



### 108th Knowledge Seekers Workshop April 7th, 2016 at

4:22:53- 4:26:20

After Dr. Romero shows his fantastic, genius health panel unit:

Remember a very simple thing about the magnets:

1. You want to add energy, you use 2 north poles facing each other... you push it in, the energy has no place to go but to be absorbed.

(opposite) Exit to Exit gives you power (points to the 2 exits together)

2. It's not that they push each other away, it's the field forces.

You want to reduce energy, take energy away. You put 2 south poles which means you extract energy because the South poles are where the fields go through. Entry to Entry gives you drainage (points to the 2 entries together)

Look at how us set up to go to give gravitational to magnetical and to give magnetical to gravitational, then remember the transition.

## **Notes from 108<sup>th</sup> Knowledge Seekers Workshop held April 7, 2016 – Energy In or Out**

(v1 2016-04-09) DRAFT (Notes have not been verified. Double check info with video)

You want energy to just flow, you make it exit to entry, to create a passive field to go through and take with it in a way you want to wash a cell, what you use north to south back to front, you make it exit to entry.

Question about the batteries, where do they go?

A: Make it from the back of the body to the front. Do not go side to side of the leg. And don't go between the 2 legs.

When you set up these coils for energy always remember this: (circles pic above)

Exit to entry gives you a flow

You can set up a cup the same.