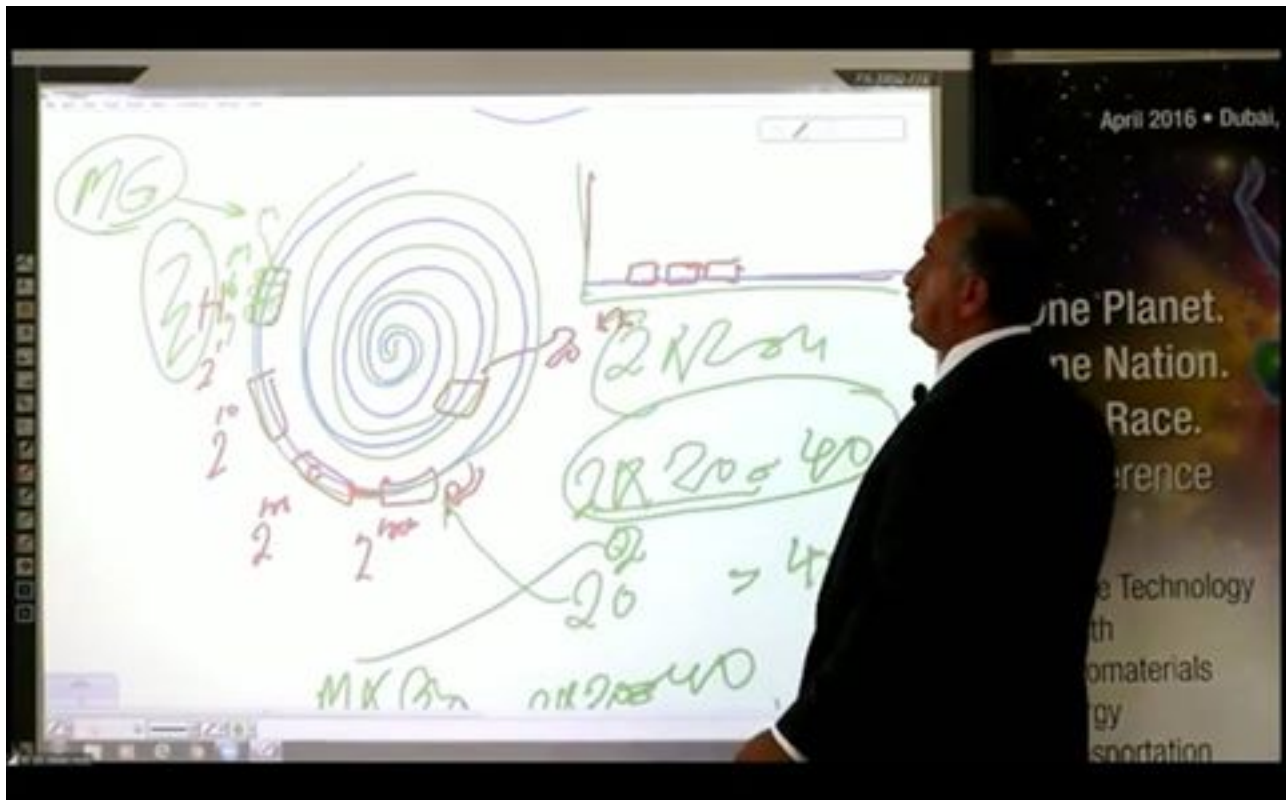


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Notes courtesy of Cornelius van Dorp @ Keshe Foundation New Zealand

Video link: <https://www.youtube.com/watch?v=1T5JZudKjPI>



This workshop is not very long but my notes are extensive as I wanted to study and understand as MK tried to give the final clues for earth humans to understand how to reach the stage of being allowed off this prison planet to interact with the Universal Community - this is mostly a matter of consciousness it seems - we have to reach that stage of not eating other entities, or packages of energy, whether that be Fe based - animals, or Mg based - plants! We have to be into SHARING and NOT EATING! But there are other clues for us - not laid on the table - but a clear direction of research provided for us to investigate which elements to mix with Cu and Zn to reach that point with the tech - just like the Copper and Zinc can absorb our cancers, so will the interaction with the heavier elements absorb our aggression and our desire to eat other entities and our re-connection with the Universal Community will then be automatic! The picture is from early in the workshop where MK was explaining how the mass weight of the elements increases in a

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geometrical spiral...

One planet, One nation, One race Video

MOZHAN program Video

Rome Universal Council Meeting Video

0010: Rick welcomes everybody... This happens to be the date of the 6th Anniversary of MK's unfortunate incarceration in Canada! Maybe one day that could be rectified! 0011: MK: Good morning etc. Also 8 years ago I was in Iran developing the space ship program, and 2 years later I was captured by the Canadians on a flight from Belgium to Mexico (MK spent 11 days incarcerated and interrogated while in transit)

0013: We have come to a new development – what we have done is sent instructions to everyone to plug their Magrav unit into their refrigerator – fridge/freezer as the load to the Magrav. This creates a condition – a compressor effect on the Magrav unit as it comes on with its sequence of ons and offs as well as a small amount of DC to run the timers etc. the system converts itself to a generator! Some people have done this but we need to do more tests to understand it... It seems the 50 – 60Hz in combination with the DC creates the right condition to turn the Magrav into a generator. In any case it is safe to use the fridge as a load – it brings savings quicker – if you build your own unit you can experiment with how much extra load you put on – 1st connect the fridge – then other sockets. We are testing the KW capacity that you can draw in addition to the fridge – you don't want to burn out your unit. We have found that after 6 months or so the Magrav turns into a generator and we have 2 points we want to test – 1. To what point will the Magrav unit become independent of the Grid? In this case the unit has to be connected to ground instead of grid – then it goes from Earth matter state to a Plasma state. The reduction is much more than if you just use the light. So from today connect your Magrav to a fridge. At the moment the Italian units can take 200-400 Watts in addition but they build up over 6 months, and create a 'cascading Plasma field' between the unit and the fridge and this can be tapped into. Please save yourself a LOT of electricity using your fridge as a load.

0025: MK deepens into the spiral of the elements – the different places on the spiral of H (Hydrogen), Au (Gold), Pu (Plutonium). Calculates the maths – if H is 2×2 , then Gold is $20 \times 2 = 40$ and Pu $2 \times 200 = 400$. You have to understand the potential of the plasma, and the sooner this is understood the faster we can go into

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use of the plasma – we are heading towards lift and motion – condition of lift and motion in relation to ANY structure in the Universe. 0033: MK draws another spiral with the first one and explains that this is the change – the implications and applications of the understanding of the Gravitational and Magnetical spirals. We created Nano – GANS – Liquid Plasma – FIELDS. Now you can bring different matter together eg. Copper and Zinc – you created liquid plasma of the Zinc and CO₂ – then you mixed them together to get the combined field plasmas. We call them A and B with mixed field plasma A+B. Then you take 2 other substances C+D together and collect their liquid plasma and their field plasma. Then you mix all 4 together to become the gravitational center of your field A+B+C+D relating in a triangular formation to A+B and C+D. With this arrangement you can fly anywhere in the Universe to a given condition. With C+D you bring the amino acid and food and this then creates the Gravitational field of everything the man needs and this is how you travel in space. 0038: This relates to the DNA (indicates the triangular structure) and the RNA relates to the spherical flying orb with Mag Grav connections between the field layers. The amino acid you use to confirm that you stay within the DNA boundaries of your craft.

0040: To create matter you have a strong field interacting with a weaker field – this controls the speed of rotation of the weaker field and this is how you start your motion without any fuel. You have to do it by playing with the fields. Some of you will travel with solid craft and others will evolve into creating motion with the field strength of the Soul of the Man. It all depends on how quickly you want to mature – no hurry! – We have spent centuries with a donkey now developing into jetliners etc. It's for you to understand where you want to go, how to play with the fields and extend into combinations of fields. 0043: In One Field of Plasma (the spirals) you have everything you need. In the plasma state there is no payload – there is unlimited field strength. Do you want to work with Donkey? Nano? GANS? You can travel to different places. You can't explore Galaxies with Donkey but those in control are happy with donkeys and now you understand how we can keep safe from them by playing with plasma fields. Start bringing different combinations of GANSes in different ways – here you create light, heat, new conditions, etc. The tilt angle is important, the position and combination is important. It depends on your curiosity and your sense of adventure to find the outcome of new understanding!

0047: Every single planet and star we see is created from different combination and variations of GANSes – and there are trillions of them! It was this specific combination of fields that gave: the fish, the donkey, the cat and the dog – and it

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can never be replicated anywhere in the Universe. 0049: Creating materials will create comfort in using the technology. Chinese are working on the OASIS system, which turns itself inevitably into a FLIGHT system – no other choice. But can we understand the Magrav positioning? – Then it will be no trouble to create the spaceship as you want it, according to your emotions, according to your desire – if you want to leave the planet... Do we walk or will we be forced to run out? It seems mankind has chosen the latter but we still have time to plan the path. We are trying to open the door of mans choosing the paths, and not taking his old habits of killing with him! Any Questions?

0052: Vivek: What is the difference in the internal configuration of the current Magrav units, which allows the unit to go into operation straight away without a conditioning period? MK: There is not much! – Just a little more development because of feedback. We started cautious and we did it in a way that certain elements in the structure were unable to hide and subdue the technology. There are a few changes in capacitor, internal GANS; otherwise it is the same entity. We are setting a parameter of safety in the use and we have tested it – now is the time to plug them into a refrigerator – and soon a new structure will come into place...

0056: Vivek: Could you give more specific details for those building their own Magrav units? MK: We do it exactly the way you do it – (for the capacitor) we use Nano coated center wire, the standard fire proof paper that has to be there by law, we load it with GANS of whatever level we need, and we add the coil on top of the center pin and its as simple as that! The coil is Nano coated the same and we lock it into a bracket – it used to be connected by twisting wire, now its connected with a switch box - that's a simple way of making a capacitor - the only thing is we dilute the GANS to a very high level – its more like liquid plasma and you have to let it totally dry. We add in our GANSes and then we add a little caustic and sugar. Sugar is for the CH bonds for energy, and the caustic is to allow self-healing of any scratch in the Nano coating V: Thank you Mr. Keshe! MK: Thank you very much for your work in the background.

0102: Now we are getting many reports of results in health improvement from the use of CO2 GANS liquid plasma or 'the water of the GANS' – you can put some in a bath and lie in it – use here GANS waters with right combination for skin problems, Eczema, Psoriasis, etc. Test it and share it! Fungus disappears in 2-3 applications. If hungry you can put a CO2 patch on your stomach. Some people are creating liquid plasma to create and generate good feelings. These devices will be soon used in the Churches especially CO2 and ZnO2 to increase emotional charge.

0105: If you create two fields of hugely different field strength then you create

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motion – none of you have done it yet! I was trying to push the Innovation center but they don't see it. Take a field of CH₃ on the one side and a field of Gold/Zinc mix or heavy mix – put CO₂ GANS liquid with a piece of metal and you'll see it start rotating! (MK draws a figure 8 infinity loop with the center in the CO₂) 0107: Thursday this week we will see a man who helped his wife with cancer using the GANS of seawater – he will explain – with this system and using Marko's favorite word – Gradient – It is this condition of interaction that creates the motion (and heals the cancer) 0109: None of you have achieved this (except Douglas accidentally once with his lava lamp effect) but you can learn by studying the work of Paul in Togo last week – added to what has come out of Nigeria and Ghana – and next week we will see someone who has studied the work of Garlic. Next Tuesday (hopefully) we will see this – an Italian who is a Garlic lover. Then Thursday we will hear the results of the man for his wife. These are both adventures! – The Garlic is an adventure, and the GANS water with the Love of the Wife another adventure! 0111: Try to be adventurous! Nobody is wrong! Our biggest problem is how are we going to catalogue these things.

0112: Thorbjorn from Norway: MK: Have you found yourself a doctor yet? T: Oh! Many Doctors! MK: So you're working with doctors? T: Yes. MK: Thank you very much! Explain to us! T: It has little to do with health directly – Thorbjorn brings the idea of using GANS in Climate systems, e.g. in school where the air goes through a filter and air conditioner. He wants to use Zinc and CO₂ in the air-conditioning systems to clean filters in the cooling systems etc. 0117: John: a – politely spoken British voice suggests a pan with a small thermostat - liquid GANS in conduit which would take the viscous air and humidify the filters. He says he has used a facial humidifier and he has managed to make his teeth grow! MK: Pardon? John: I have managed to make my teeth grow! – My worn teeth – the white enamel is growing over the brown nucleus. The only thing he has been doing is breathing a GANS vapor – breathing the Water GANS through his mouth and nose – then 3 nights ago a dark grape like thing came out of his tongue and separated itself – came right out and the tongue healed itself – it was like a tumor. Two of the teeth broken down to the root appear to be growing also. He is going to his friend a dentist tomorrow to get checked out. MK: Thank you very much – can you please make a PowerPoint and present it all next week?

0121: The Tuesday 330 teachings have been delayed for another 4 weeks so we can carry on for a while. 0122: Mark from Virginia: asks if holding the GANS in Lead crystal is OK? Will the energy of the lead transfer itself into the GANS? MK: Not really... When you create a GANS of Lead it's free and radiates but in the

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matter state it won't interact with the plasma. 0124: MK mentions the Chinese are developing the flow of plasma for the Oasis system and it will be interesting in this regard. 0124: John: could the same effect be seen with the PVC in plastic? MK: This plastic is not good - a lot of people are aware of this in Canada where there is a center of research in this. You people going into summer in the N Hemisphere when you carry your water bottle on the back seat and they get hot – the Canadian research shows that these waters create effects not good for the human body. Some have chlorine and fluoride and they produce hormonal substances causing reduced sperm counts, etc. 0126: John: Yes there was the same problem with the American soldiers in Iraq – a lot of the post war syndrome sickness was tracked to the fluoride and chlorine that created harmful substances in the water bottles in the heat of the desert...

0127: Nick M: I used CH3 water with Nano coated Copper and Aluminium and got 0.7Volts constant – so the Water has the same effect on the battery as the GANS itself!! MK: Maybe we can ask Vernie? V: CH3 with Nano coated copper and aluminium? – We are using the same setup with the Liquid Plasma! Using a clockwise wound coil... MK: You and your clockwise/anticlockwise! V: It is important the direction if you use single coils – with double coils it does not matter because you have your Mag and Grav coils, but with single coils they can be either Magnetical or Gravitational. The CH3 is magnetical and the coil goes to gravitational clockwise. If you use Lead GANS the coil has to be anticlockwise to go magnetical designation. MK: Thank you very much! Any Other Questions?

0132” Rick has a question from livestream regarding heat pumps – could they be used as Magrav conditioning units like fridges? MK: Why not? Try it and let me know!

0135: MK: Let me expand the knowledge in a different way. We have to understand the totality of the environment (and this) will allow us to see a bigger dimension of existence. Ask a simple question – You are born into the womb of a mother in different parts of the world, different race, color, and background. We speak the language of what was spoken to us at a certain time in our life, French, Chinese, etc. But what field strength do we all work with and this translates into our understanding of water versus aqua etc.? That noise means this thing – but in fact in our brain the common sense is all the same – it's us that translate it into the dictionary of our voice – pain, joy, laughter etc. There are common discriminations like Cold. But now I throw something very different (MK draws a cat and a donkey and says they have the same emotion, pain, happiness, cold, and everything else.) We have in us a common denominator field strength – but lets extend it...

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0139: MK draws 2 humanoid bodies – says “The Man from Mars, and the Man from Planet Zeus!” – they have the same emotion and know what makes them feel good/bad/happy etc. So the common denominator runs through the whole Universe is an emotion and the source of our Soul – where we came from matter to emotion to soul – we have to consider one thing – where we are going? The Universal Community is part of the same creation and no different – black, white, cat, dog, Man, planet Zeus – this is where we have to come out of the prejudice of being human and thinking we are better or worse. This will bite man heavily in space unless he first sorts his Village of the Earth. 0143: This applies to the whole Universal Community – if you understand this you will understand why you have not been able to fly – why the spaceship program has not been fruitful. We have talked about our Magrav connection with our dog or child across the planet if they are in pain.

0144: Will we be stuck until we sort out this problem of eating energy packs of other animals? If you eat them in space we are food too! I wonder how delicious we are? Do we become part of the Soul of the Universe or do we stick to our habit of eating energy packages – this is the main problem that needs sorting. This is part of the teaching to build coils for flight – there is a teaching of man in respect to other members of the Universal Community. Have you had a frog leg? A chicken leg? Or a leg of the Man from Mars? This is where the wall of interaction has been set for mankind! As part of the ethos of joining the UC man can no longer use that excuse – “I was going to be eaten so I ate! I was going to be killed so I killed!”

0147: Now that you have seen the creation and the use of Zinc to elevate the emotion of the man – are we obliged to develop a technology where he has to be given an antidote for eating animals or eating entities, or eating packages of energy. There are a number of choices... Do we 1. Elevate the emotion of the man directly or 2. Bring to the point where man absorbs energy without knowing that he never feels hungry and at the same time the aggression reduces by reducing the energy gap in the food packages (eating lower energy food e.g. Mg based (plants) instead of Fe based (animals)). MK explains again about the vegetarian Indians – still aggressive but calm in their behavior – then we see the Pakistanis – brothers, but now because of their path of belief the eating habits change to more meat, so the behaviors change also... Now its our job to take man into that level to understand. We started some tests with Jackie on this but we stopped because man is not mature enough to understand what is to come – maybe in a few months – you have no choice because in space of Universe you will be allowed to travel but not allowed to interact with the UC until the point you discover this is a no-go –

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trying to satisfy the energy package of the man is the reason for all the war and conflict!

0150: So we have 2 choices – what materials do we need not only to satisfy the emotion – Zinc and CO₂ makes calm happy people but does not stop them eating. The Holy Grail is for us to find the tool that allows man to become a man of Peace, with no consumption of the packages of life in the Universe. Till this is sorted you'll be travelling in space alone. Maybe its time for us to resolve this as our world leaders cannot do. You need to develop the special water just like the Zn and CO₂ can dissolve the breast cancer, this water can dissolve the aggression and the need for energy packages of food – and allow man to enter the UC. Till this is done it is back to the mosques and synagogues, stones and statues, and all the false gods you have worshipped for centuries – because the Name of God in the Churches and Mosques has been used to kill, and that was NOT the purpose of religion.

0156: So as we make systems of flight we need the fuel of Peace – till this is sorted, as parents would say, “You are Grounded!” Now you are REALLY grounded – tied to the ground of the Earth – volcanoes you have to live with, earthquakes you have to rock with, and when there is thunder and lightning and meteorite, you die with it! Because you will not learn how you conditioned yourself into this position! This planet is a speck of dust in the Universe but it has produced life – and it is the job of the man to open the connection to the Universe but to do this he must be Peaceful – to understand how to absorb and reject the energy he does not need. 0158: The doctors have understood how to use GANS to generate tissue and muscle. But if we generate the energy to close the mouth of the man, where does he get his energy? In this condition we FEEL each other and do not need a verbal language – this is the evolutionary path. However, as they say, ‘you can take a horse to water, but you cannot make it to drink!’ Till you drink this water you will not be able to create the emotions required to create the LIFT so you become the man of the space. It's interconnected – it's part of the GM field you do not have. Which way do we run? Out of fear or out of love? Till you decide on Love the fuel is not there – you must consider the Soul of the Planet and how you are a part of it – till man finds this you are grounded!

0202: We see this being resolved in the coming months, due to the disasters that are pending on this planet, and where the man is pushing. Once the soul of one man reaches, the rest will follow. Answer question for yourself – do you understand that the dog and the cat and the man on earth and the man in space speak the same language of emotion? So we come to one point – its for you to find the tool that delivers the solution – making man independent of the environment –

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you do not eat the fish, the animals OR the plants – or the chickens! – I will guide you through it. I can tell you in 1 second where is the tool but you have to find it to the satisfaction of you finding detachment and freedom from the other side. Ali started it but he dropped off. Jackie started it and he is on the path but doesn't know where to go... Collectively you looked at the side effect but you never looked at the tools... 0205: You have to find a place where 2 needs are satisfied and no longer exist 1. Jealousy 2. Eating another. Then the man shall be delivered into the UC. As you mature you will be delivered One by One... One thing is for sure the door is closed for Popes, Mullahs and men of the cloth – Rabbis and Ayatollahs – you are aware of the misguidance and encourage it – and you will carry on the same in different frock in the Universe!

0207: We know to satisfy the emotion the answer is Zinc... Why Zinc? Go back in to the teaching Cu, O, N, and the rest and you have a giver (Zn) to bring them into balance with themselves. Now you have to find a giver so that whatever it is it becomes in balance with itself and with the totality of the man. It has a position and a strength within the structure of the man's body. It can be fed to be satisfied and if you find it instead of consuming another entity's energy you consume energy in the Universe that belongs to no-one and is available to totality. The other stumbling block for men is that ALL men will become equal and there is no kingship – because then you will find balance and peace because we are here to be servants of each other... So your biggest question mark in coming time is this; are you going to become man of space one by one, or in groups, or en masse and go into space? The crown of the kingship of the man has to stay on the planet of the man and will not get into space. There shall be no kings and rulers in space because they're all equal, as we have seen. The king on Earth dies from the same cancer as the layman on the street so he is not higher. If he runs from the fear he has already reached the level where he does not deserve to be in the UC. Until we sort this out my friends, we are grounded! Grounded on Earth through the greed of physicality. I have shown you the way with one, I have shown you the way with the other, now its time to find the way into the totality that opens both. I have shown you how to reach the soul of the man, how to elevate the emotions of the man, and I've shown you how to repair the physical body of the man, and you know when the physicality is in balance, the emotion is in balance, and the soul is in balance for entrance into the Universal Community.

0212: So the ball is in your court, on your turf. Those who understand it enter the Kingdom of God – those who fail you are shackled to the earthquakes and volcanic eruptions - this is deserved for all the killing and mayhem. In the coming time we

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will see the demise of a Nation. USA will not be the same shape as it has caused so much mayhem – so the citizens have to pay for what they done to the others! – The Universal balance creates that condition. How far we are there to support depends on how the far the people will come – will they run out of fear of destruction or through the Love of Creation? Etc. The door is shut tight against the kings that think its ok to rape children. The golden key is on the table. This is the ignition key to the Rolls Royce and the key to the Universe.

0218: In the writings of Muhammad (Bless His Name) it is written “of the 100 names of God 99 are written and I shall be understood when you read the ‘Quran from the Beginning to the End’”. But the key was what was written before in the Name of (Bless His Name) Christ and Moses – “Thou Shalt Not Kill!” God is not a murderer! You have the car, now you have the Key. But each Key works with One given car – you have to choose! As I said, very shortly my Teachings will stop (because they are complete). But now you have to sort this if you want to be passengers of the Universe – Until you do not, do you forget one piece of teaching which I started today at the beginning? That is; in the plasma of the Universe there is a state of the Soul of the man, which is the Key to the opening of... The Universe. You have to understand it to get in and become passengers of the Universe. If you do not understand then I say to you one thing – your doomsday is in your hand because you have not understood the totality of the structure. This is Very Important and you will find out why you’ve been sitting for so many thousands of years waiting for someone to show you – because the key is in your hand!

0220: MK goes back to the drawing he made at the beginning of the workshop of A+B being Copper and Zinc, and the C+D being a mix of other elements, then circles the D component as the part that is missing (this is the part in the original that carried the food) This is a part of the key – this is what is missing because your fuel is not complete. Without it you cannot find position – you have to change the behavior, and what you need to take away – that takes this behavior away from the man. So now man has to resolve all 3 together 1. Destruction of another life. 2. The energy to own what is not his 3. The kingship – means you are equal to every being on this planet and you are equal to every entity in the Universe. There shall be no king, and that is where we see all the opposition to the Keshe work – from those who want to be kings and king makers, as they like to be.

0221: picture shows how the fields of Cu and Zn and the other 2 unrevealed

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elements interact with infinity loops

0222: It is in the writings of Baha'u'llah (Bless His Name). He said ‘the time will come when no man will take the crown of kingship!’ – which means exactly what I’ve put on the table. When there is no crown of kingship man reaches the stage of maturity that he is equal with all – when you are equal you accommodate, you don’t lead. So now you have the golden key for man to enter the Universal Community and the Kingdom of God – so you decide! Find the tools, find the meaning, find the essence – then the way you use it in all the reactors and funny things you like – (e.g. Tom’s ZamZam productions) and in that point find the Peace of Mind – that’s the Key! There shall be no exit till you have the right fuel because you are attached to the physicality of the planet through eating it! So how can you let go when you have an anchor tying you to the ground? You have not seen the ship go into the ocean without letting go of the tie to the port! 0224: So now you have the golden key and we will see how many fly their car. So in many ways my job as one of the Messengers of the Universal Community is more or less complete. You decide! You have the car and you have the key! The choice is yours – those who mature will find the key of the craft to the Universal Community.

0228: John tries to come back on but there is too much static to make him out. Oanis wants to eat plasma... MK says the problem is in the eating – it’s the word eating – should be sharing. What I don’t need I share with you and you share with me. It’s in the deed of the Christ (Bless His Name) – “this is my body, this is my blood!” – He shares! This is the essence of the creation. So do you want to eat? Sorry you are still in the wrong ball game! The process, the thinking, the structure has to be in a way that man can survive without consuming! So now you have the key – see how fast you run – so you have to use this fuel in your reactors – till you have found this fuel you are grounded because the power to take off is not there even though the engine is running!

0230: A Very Big Question for the Man who has been killing for millions of years. A Very Big Question for those who call themselves Kings and abuse their position. And a bigger problem is those who are jealous – who have jealousy to possess! Thank you very much for today – we call it a day – maybe the man matures in time. We shall see you with the doctors teaching tomorrow, agricultural teachings start Wednesday. If you are interested to attend the conference in Africa we announce it in the next month or so. Otherwise we see you on Thursday morning in the public teaching – thank you indeed!

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Rick: This is the End of the 19th International Workshop on June 14th, 2016, and thank you everybody for attending, and we'll have the 118th KSW on Thursday June 16th

023235: End.