

## Notes from 4<sup>th</sup> Knowledge Seekers Workshop held February 9, 2016

(v1 2016-02-17) DRAFT (Notes have not been verified. Double check info with video)

Notes courtesy of Keshe Foundation New Zealand (KfNZ)

Video link: <https://www.youtube.com/watch?v=XnbtSHNSIQc>

00:00 Intro video

00:05 MK wishes everybody a happy new year for the Chinese Year of the Monkey – wishing all people and nations prosperity. This is a year of completion, being a 9 year – 2016 added up coming to 9

00:09 Alekz tries to come online to tell his story but very poor connection from Africa. MK explains that a member of Alekz's family who could not get pregnant has used MK's method and it worked

00:13 He tells the story of a lake in Australia renowned for its properties of helping people who swim in it get pregnant. The lake field satisfies the emotional field and allows pregnancy – this system replicates that condition with a small patch of CO<sub>2</sub> and Zinc GANS in front and back of the female's body in the womb area. Alekz's relative put it in a tube around her waist

00:21 One problem for the men with this method is that the woman's libido increases sometimes too much for the man to keep up. Also works for healing menstrual problems, menstrual pain, excessive bleeding, etc.

00:22 Also helps menopause symptoms, but don't use too much Zinc GANS or you create a condition of nymphomania and the husband cannot keep up!

00:23 Kf Canada has been formally set up – congratulations and thanks very much Rick! Rick comments that now the work starts!

00:26: Scientists have confirmed the Kf teaching in the early health workshops about the immune system being related to the porous structure of the bones, via the bone marrow and the lymph.

00:29 Draws a diagram to show lymph coming from food in the stomach through porous structure of bone to the marrow etc. – further descriptions of difference between matter strength lymph and plasma strength lymph –

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lymph that cannot get through the bone marrow after chemotherapy and how to fix the problem

00:36 Diagram 2 more details on increasing and reducing lymph energy-reducing strength so the lymph can get through the porous bone structure and then increasing/energizing to deliver the effect

00:43: Compares the lymph/ white cells to his often repeated description of the red cells – no O<sub>2</sub> ever crosses the alveolar (lung) barrier – It is the energy that crosses and energizes each red cell, and each red cell is ‘taxi destined’ – to a particular tissue or site in the body. Same structure exists in the bone marrow – cells are created for a specific job at a specific place and they become lymph – white cells - to fight infection. Etc.

00:48 Describes how to make a system to increase the immunity – especially effective after chemotherapy where the immune system is suppressed. The system has to have gravitational components at the two ends and magnetic in the middle, e.g. placed over the legs the two gravitational parts take energy from the muscle and tissue and the magnetic part in the middle gives energy to the bone in the middle. This method can be used instead of marrow transplantation as well – can take about 3-6 months for its effect

00:50 The same system can be used to reduce organ rejection after transplant (so must be immuno-modulatory rather than immune stimulant)

00:52 For these systems you must use only CO<sub>2</sub> and Zinc, though in space you might not have zinc so can adjust the field of the therapy device. It also works perfectly for viruses e.g. HIV, malaria.

00:53 it worked perfectly for Ebola in Sierra Leone but it was grabbed by WHO and the scientists were threatened not to talk to Kf because they discovered we had found out a way of overcoming any viruses (i.e.: a threat to Big Pharma) Viruses are energy packs that attach themselves to the amino acid (C, O, H, N)

00:55 The pain pens work on viruses because they take what is needed

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and give what is needed to create balance without the virus. Pain patches work in the same way – a presentation from Benjamin in Ghana is coming soon on this

00:59 The 1st Kf clinic in Philippines is opening in coming days where the system of the standing arrays and the helmet will be used in clinical trials. Benjamin is doing the same thing in Africa

01:01 Renan comes on line and gives an update on the opening of the clinic

01:03 In past few days a number of young royals, of a new generation, have approached the Kf – they understand the changes happening with regard to their countries and are approaching the Kf in their own names

01:05 You can't do any harm with CO<sub>2</sub> and Zinc because they just create balance

01:06 We have set the course for the first flight system with Ali in Vancouver and others. We need to use the same thinking in developing our systems as we do with the medical system e.g. taking or giving energy for the womb or the breast

01:11 The Renan system feeds, heals, takes away pain, adds health, does anything you need

01:16 Mario from Germany asks whether or not to use Zinc for menstrual pain. MK: You can use Zn, don't use CuO GANS... Explains again how to make CO<sub>2</sub> and Zinc GANS – with Nano coated copper and Zinc – if linked up in salt water with a small load or an LED light it makes mainly CO<sub>2</sub> GANS – if you just link your wires together or add energy with a battery you find you produce more Zinc GANS

01:19 Question: Can we regrow teeth? MK: It is possible – you have to make a miniature system to put in the gap, and a helmet. It won't work with just a pen because in old age there is no nerve left in the root – you have to trigger the emotional condition of the brain to regrow the nerve. Mario says

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he has used the pen effectively for pain in the teeth

01:21 MK: Yes it works o pain but you need a system to regrow the teeth. Also effective for maintenance of dental health MK says is to go to bed with a piece of cheese in your mouth. Mario offers a vegan option for this from Japan

01:23 Question: on the blueprint site there is only the blueprints for the Magrav energy device – how do we put blueprints on or get some of the new ideas coming up? MK: You have to go through Renan – they are developing the blueprints and confirming the correctness of the innovation along with Robert whom does the 3d drawings. If you have an idea, you can put it on the forum

01:27 Mario asks if it is important to polarize the coils in the pain pens as shown on a Kf Germany Facebook site. MK does not know – asks Mario to send the link to Renan

01:31 Vahid in LA: Has used pain pens on arthritis with good effects and finds the coils even better and quicker. With the coils draining into salt water as shown in the medical blueprints workshop

01:51 Richard in Germany – lots of developments – shows a new triple 3 stacker unit set up for testing.

01:54 MK explains that the new smart meters can interfere with the energy savings by the magrav devices by having a preset on the energy usage based on wireless detection of the use of electricity in the house! (KfNZ note: Sounds like we will have to disconnect from the grid in NZ as almost everybody has been forced into the use of these new smart meters!)

02:00 Richard shows an oscilloscope reading for 3 space ship coils in a triangular arrangement – showing changes on human approach and contact with the system

02:04 Shows construction of a new double 90 degree opposed coil set with the new “Armen connections”

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02:08 Shows a new method of nano-coating thin aluminum foil by dipping in the water with small amount of cold caustic at 40 -50 degrees – about 3-4 grams of caustic in a liter of water. (Lots of developments in Germany)

02:12 MK: The flight team is headed by Ali – we are soon going into the final cycles of testing – the central ball has to fit perfectly in touch with the inner coil. The ball has to be nano-coated inside and outside so the GANS material can rotate inside. Then it is 80% filled with a very light GANS e.g. CH<sub>3</sub> or tritium. The GANS has to be about 80% filling the ball (needs a 20% gap). The gap should be filled with Hydrogen gas and when it starts rotating the H will move to the center.

02:18 If you manage to rotate the GANS inside the ball, the water will form inside the CH<sub>3</sub> and the H will migrate to the center – then you will see 2 flashes of light as the H migrates to center as principal matter. The 2 flashes of light are at the interface between the H and the H<sub>2</sub>O (and the H<sub>2</sub>O and the CH<sub>3</sub>?). It is now the same structure as a star. Then the ball will interact with the 2 outer coils and for the first time you will see the light in the sky. If you place four of these systems in a star formation, it will create its own atmosphere and for the first time you will see the body of your spaceship

02:22 On each set you should have CO<sub>2</sub> GANS on the inner coil and CuO on the outer – then you create a gradient H – CH<sub>3</sub> – CO<sub>2</sub> – CuO – and this rotates the plasma

02:24 MK explains further from the teachings of the last week from Ali regarding the merkaba – the tetrahedral arrangement of the star formation gives 4 points, then the free plasma on the pyramidal planes in between gives 4 more points giving the star tetra, then the free plasma in the middle gives 9 points of interaction, 9 being the number of completion, and then with the soul on top you have 10 points – then with 2 more points you get interaction with the universal community. Interaction with 1 more point to 11 gives interaction with another soul, then at 12 with the Universal community

02:32 Hence with the star formation as built by Ali with the array of 3 on top

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you should be able to see what you have walked yourself into!

02:34: If you can make your connection with ascended relatives or friends (e.g. your mother) at the 12th point you have achieved zero-time communication

02:36 Star of David is a sign of humanity in physicality – we have completed another part of the promise of the past for you to understand the totality – a step in connection with the universal community, which has already been done by a number of you. You have to learn how to tune with it then you find your wish becomes your command in opening the lines of communication with the universal community. You have to understand the fields you create here in comparison to the fields of the creature you want to communicate with, etc., etc.

02:39 Miguel from Mexico tries to connect – mic not working

02:40 Mario asks about the Dubai meeting, which triggers MK into the announcement he has been waiting to make as Vince completes typing up the page on the [Kf.org](http://Kf.org). The event will be held in one of the most prestigious hotels in the world – the Atlantis Hotel. 900 beds have been booked here and if more people sign up there are beds booked in nearby hotels – Price for Atlantis Hotel is 500 Euros for 3 nights and 2 breakfasts – more for the other hotels, etc. If there are more than 1200 people, the event will be moved to a Marquee in the gardens of the Atlantis which can cater for 1800 – max limit is 2000. The meeting starts 10 am on 21st April and finishes some time on the 22nd of April. People who want to show their work should bring it and time will be made on the 22nd. All guests will be security checked. There is no plan to broadcast the conference

02:58 Miguel from Mexico tries to come on again – mic still no good...

03:00 KS from Ukraine says the zero-time communication with other beings is very simple and with no words, but with energy. MK: We will teach how to communicate in the Universal language so people who come to the conference will then be able to teach everyone else. We will see some surprises in April! One of the reasons we chose Atlantis is that this is the

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lost city of peace in which anything is possible

03:07 More details on the conference...

03:20:49 End.