

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Transcript courtesy of Keshe Foundation New Zealand (KfNZ)

Video link: <https://www.youtube.com/watch?v=8Ylh3CDdIZA>

### THYMUS AND LYMPH

00:00:00

Rick: Let's begin. This is the auspicious beginning to the 9<sup>th</sup> Keshe workshop and in this workshop we will be talking about the relationship between the thymus and the lymph and Dr. Eliya Kostova will introduce us to those organs and aspects of the body and Dr. Keshe will talk about those structures in relationship to the heart and other feeling part of the brain and what not, in the second part of the show. So lets get right into it with Dr. Eliya Kostova at the spaceship institute who will introduce today's topic. Eliya are you there?

E: Hello everybody, its nice to be with you and the 9<sup>th</sup> workshop of the Keshe foundation. Today's subject is structure and organisation of the lymph system, thymus and the explanation of a magrav view of this system and the role of thymus in plasma technology.

So we started with the first light, which is for you remembering form the previous workshop, about the bone marrow structure. So the bone marrow structure started from one stem cell, and that stem cell divided into two orders of Myeloid stem cell and Lymphoid stem cell. And all the immune systems come from Lymphoid stem cell.

Pic

In the next slide, again I want to remind you that Lymphoid order, for this workshop will speak only for lymphoid order divided into two more orders of the anted?[00.02.22] cells. When the stem cell reaches the stage of maturity it goes in the blood and it reaches lymphoids or thymus or other lymph organs through the lymph. So next slide, 6 actually, gives you a lymph system, you can see it looks like a net.

Pic

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

It is very similar to the circulatory system and nerve system, they have the same view, reach every cell in your body. So the Lymph system... OK now is visible for you, the lymph system goes with company of the circulatory system and nerve system. They all go together, and as I have said, they reach each cell in your body. Then the next slide, number 7, is visible to you, is the lymphoid organs.

Pic 7

Lymphoid organs they are used to [? 00.03.51]. and that picture is showing you only in your mouth, but actually you have 5 levels of organization of your [?00.04.04]. The first one started in your nose area, then you have the lymph organization of the lymphoids in side of the helix of lung, this is in with the chest area. Then you have organization of the lymph packages inside of your abdomen, and them all of the lymph nodes inside of the intestines, its actually five levels of tonsils? [00.04.37] and the tonsils or the lymphatic nodes, they are on the place where you have entrance in your body because there function is to recognize the foreigner particles.

The foreigners substance where they come from environment through your food or liquid that you use or air that you breath and they go inside in to your body. So their function is to recognise the particles. Which particle has come into the body, is it familiar, is it useful or is this particle going to damage the body. So they are like an information center for your body, they inform the body of what has come into the body, and then that information goes to the bone marrow and the bone marrow produces an amount of lymph nodes like stem cells, and then the stem cells mature and thymus and with thymus they get differentiation.

And then they go to the lymphatic notes and against the foreigner particles make robs viruses [00.06.05] fungal or different kind of materials. Then the next slide you able to see the structure of the lymph system, it is actually like the lymphs are like tubes, and during those tubes you have lymph nodes.

Pic 8

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

This is slide number 8, on your left side of the slide. They are actually like highways of the lymph, and through these highways and you have, we may compare it with a petrol station, they slow down the flow of lymph they get information in the lymph nodes and information goes through lymph again to the next station.

Next lymphoids or packages of the lymph nodes. This is the organisation of the lymph system through all your body, on the right side you see the structure of the lymph nodes, actually like shapes if you know other, shapes like organs, so similar to a kidney. And organisation inside is also similar to a kidney organisation. You have outer part, this is the cortex of lymph nodes, inner part medulla and helix, which is the soft part that actually on that picture is from the bottom and then from that part start the lymph node.

OK, I mean start the lymph vessel. Several vessels come inside, we call that afferent vessels, they carry the lymph to the lymph node and the afferent vessels take the lymph out of the lymph node and vessels have inside some kind of valve and that valve is just pumping the lymph. And the lymph vessels because of the contraction of the muscles and the action of the valves, they are able to carry and make a flow of lymph.

Actually lymph formed from the apedism [00.08.42?] of materials from the artery and venus capularus system and the materials from the cells, they suck ? ? and the lymph system. We call that process osmosis, through osmotic gradient of the material from one side of the membrane of the lymph vessel and in the other side. It depends on gradient of some particle for example, potassium or sodium and depends of other gradient, the material goes in or out. Then the next slide you are able to see cavity in our body.

Pic

Regarding plasma technology in our body it is important for you to know, and we said it in the previous workshop, that we have three formations of the reactors in our body. So we start with the top this the cranial cavity. Then we go in chest area and we have cavity of right lung, left lung, chest and mediastinum. In mediastinum it plays the thymus, you may see on the right side of the picture its an outside view of mediastinum, it looks like a cave, like hole. And we must separate mediastinum from upper and down place, actually for us, thymus in on top of mediastinum.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

If you remember the picture with the start formation of reactors, what Armen made with small reactors, so we place the four of them on the table for us that super-face is our diaphragm, and we place the three reactors left, right lung and our heart. Top reactor is our brain, cranial cavity. They make a interaction flow between them and actually that flow we measure with a beerset, from the measurement instrument and from the middle of this beerset line for us is place of thymus, we say that in previous workshop I just want to remind you, to not forget.

So actually for us the conversion point where all the thorus [00.11.38] of the cranial cavity, left, right lung and heart they just cross to each other and make common point is our thymus. Thats why regarding plasmatic technology, thymus is converter of magrav packages. OK then we go to the next slide.

Pic

For the next slide it is important to make a comparison between the shape of the brain, the shape of the lung, the shape of the heart and the shape of thymus. [00.12.25]. how you see all of them contain two parts, left and right and they are so similar in their shapes, especially brain and thymus and lung. Also in heart we have left and right, left and right side have different kind of functionality. One side carries the non-oxygenated blood and the other side, the left side, carries the oxygenated blood.

Its important to know and to remember again regarding plasma technology, thymus like lung, has a left lobe, a right lobe, apex and base. Its the organisation also if you cut inside the thymus, you will see the structures that are so similar to the structures of the brain. Lung also has a close structure to the brain, if you make a cross section of these three organs. OK next picture,

Pic

Next slide is to show what is the structure inside the thymus. It is equal to the structure of lymph node actually because their main function is to organise the immunity, the defense system of your body. The defense system of your body is your immune system, and the base of the

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

immune system is lymphatic organs, which I told you, and the lymph like a liquid like a transport system.

OK, the thymus, as we said, has two lobes, the left and the right. The cross section of the thymus you see has a capsular outer-side and cortex inner-side. Actually on the right side of the picture you see stem cells, progenitor [00.14.51 ??] stem cells from the bone marrow, mature in some stage and go inside the blood, through the circulatory system it reaches the thymus. In thymus it starts maturation of the cells, and they differentiate to the B and T, B is stored in the outer part of the thymus, T is stored in the inner part of the thymus. In places, that in the Latin language we call sinuses, this is the storage place.

The same organisation is in the lymph node, it has a place to store the B lymphocyte and a place to store the T lymphocytes and its important that from the thymus that you have differentiated the lymphocytes, which we call thymocytes. They go again in the circulatory transporting system and then they reach spleen or lymph node. When they reach the lymph node, in the lymph node we already have information of what kind of substance has come into our body. Its able or is virus or is coffee or whatever.

And then the lymphocyte is divided into different kind of branches regarding their function. So we have T cells memory, they remember if some materials come inside our body. The first meeting is with the T lymphocyte which has information [00.16.55] function they others what is the structure of this material and then T memory this is like RAM memory in the computers, they keep that of memory of that substance through all your life. There they store that information, there I met that material I know the structure of that material and then they inform T lymphocytes, we call T killers. So they start to produce some kind of receptors of their surface. And they go to that materials, with that receptors and they kitch it and they start the activators of the immune system.

So actually B and T lymphocytes are soldiers of our defense system. They inform the body of what material has come and how the body is supposed to defend itself. And regarding the plasmatic technology we say that the thymus because of interaction of the B12 which contains cobalt are able to mature the progenitor lymphocytes [00.18.15] to the mature state to the developed state of their evolution and then there are differences and different kind of functions and like we say, order of T memory, T killers, T information and the lymphocytes that we call helpers.

## **Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014**

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

OK so that is important to keep in mind that the thymus is progenitor of our defense system because it transforms the packages and in anatomic language he transforms and matures the function of the lymphocytes. And then the mature lymphocytes will already get the function through the circulatory system through each cell and starts to defend our body.

We have a lot of other sub branches of our immune system but I will not speak in this workshop about them. We will close on that point about the defense system of our body, like a lymphatic system, like lymphatic organs but just to know that we have other systems for defense which is part of our immune system, it is not only lymphatic. OK from an anatomic point of view, that is that from my side. If you have some questions please ask me.

I dont have any questions as of here, but does anybody else have any questions on the Skype call?

Yep and also I just wanted to ask, and announce that in the spaceship institute we have lots of followers, we know different kinds of languages. And actually if we begin to calculate every language that we know, we can answer in many different languages because I know of emails in the held kiev regarding that the workshop is mostly in english and that the speak is english.

And please I just want to inform you that if you want to ask questions, it doesn't matter what language that you use. We have people that listen to the workshops; they are in meeting there is Skype talks. If we don't know your language there are people around who do know your language who speak through the Skype calls during the live sessions and we will answer you, language is not a barrier for communication. And also I want to say that if patients listen to the workshop, feel free to ask what you want to know and to make a point about which way we need to explain it to you.

Because after the moment during the health workshop we speak more and just want to make a point between the plasma technology and the more human body technician view but if you want to know something more from the point of disease of because you suffer from that disease and you see some relation between the subject of the topic and your state its no problem just to write or type or be in the live stream or be in the call or go meeting. Just keep in mind that language is not a barrier for our communications.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

D: Perhaps, just a thought here, you might have a comment. Hi, this Dan Winter, we spend a lot of time doing harmonic analysis of the heart's and ekg, and famously heart coherence and emotion is what we studied. And famously the reason the thymus was the catchers net around the heart was because that's where the coherent function of the ekg was transliterated into the immune function so the way the thymus picks up the sound coherence is very much to do with its way of making immune health and white blood cells I would assume.

Can you hear us? Yeah I just don't understand if that was a question or some kind of explanation because the sound from the speakers is not so clear?

It is just that the heart sounds theoretically are translated into immune health inside the thymus according to the studies we did, I appreciate your comment, the way that the phona, sound geometry, for example phonon coherence help plasma concentrated through the sound geometry hitting the thymus, is very much to do with the way its crafting white blood cells for example.

Yeah the sound of the heart and the magrav field, the heart is connected to the magrav field of the brain. And actually how Mr. Keshe mentioned it in the previous workshop, the development of the human embryo, it depends on the heart beat of the mother.

Yeah and famously we were taught that when the Christians thump their breast mayacopa [200.25.17], I take responsibility for, is because the sound enters the thymus and that's a possibility.

Yeah of course because this is the waves, and they interact with the sound, this is some matter of the packages, magrav packages. Its something which we catch our sensor organ airs. If the information after the sans gets more dense so then we are able to see that energy like a colour. If they go in the next stage more condensed they become a matter. So sound matter and colour is just is just a different kind of condensing and compression of energy fields.

So its fun to think about heart coherence, sound coherence and how that condenses the plasma, in the thymus. I appreciate that thank you.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

You are welcome, so I give the microphone to Mr. Keshe. Thanks you from my side.

Thank you Eliya.

I just wanted to say something briefly in between here, which is, it occurred to me that when we say I feel something in my heart, when people actually say that they mean 'they feel it in their thymus'. Would that not be true?

MK: Not really because the feeling comes through the heart, because heart is like a magnetic field, it is like a receiver. So that is what you do, I will explain this hopefully in time.

Mr. Keshe you have a little bit of a low voice there on your side. Can you adjust your microphone please?

Is this better now? I've been told I'm speaking too fast I better slow down and speak very slow. But when I speak slow I forget what I was going to say. So which one are we going to do, slow or forget?

MK: Good morning, good afternoon, good evening wherever you are. As we see now these teaching days are becoming an everyday occurrence for the foundation.

This next step in respect to thymus and the lymph. This is the last part, I think if Dr. Eliya does not go further, that links the emotion and physical part together. What it has to do with the emotional part, which is important for the emotional part for existence and for control, sits in the upper chest cavity. Where the heart the thymus and the lungs are. And if you look at the structure of all these four entities, and the brain itself, which included the central, which is the thalamus, they all have two sections left and right, which was mentioned by Dr. Eliya. So when we finish with this system we finished with the physical and emotional in conjuncture with each other.



## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

But why do we need a system like thymus and where it is. This goes back to the way the human body was structured and how we have evolved. If you go back to the section where we spoke about the heart. I explained that the four chambers of the heart each one is responsible for one system, where in the past we used you have four motors now we have one motor but it is a combination motor, part of the four cylinders, one is responsible for the thymus, or what we call the immune system/ and one is responsible for the lymph which is the feeling system.

Then if you look at the structure of the lymph and the thymus, you will find that they are an exact copy of each in other in working, in what Dr. Eliya has said about maturity, the thesis mature and then with the lymphs they do the same too. That is to say that these two stations are built to do one thing, to bring the immune system and the feed system to the level of what is needed by the body and by the, what we call, the emotional part in respect controlling the physical part.

And so what happens is that the bone marrow is created at the constant level of size and energy. And in reality what we see in the future as man progresses, and we have already seen some signs of it, thymus will disappear from the human race. Because it has become as part of the process where now with the control through halateric [00:32:00] glands. The function of thymus will go back into the bone marrow.

What this means is that you dont need to do a job twice, to create a bone marrow and then send it to a station to be strengthened in the thymus. What this means is that, thymus, how can you strengthen something, how can you mature something, how can the immune system come to the thymus and then mature. Maturity, as you call it immune system, means having the strength to be able to dilute or open the plasma of whatever it could be or built for. Or to make a part of the structure in the human body softer or harder.

A strengthening of T cell, or what you call maturity of T cell, is not a wine cellar you leave your wine to mature, it is a constant flow of material from bone marrow into thymus. Sometimes the immune system of bone marrow which comes to take from the bone marrow itself to the thymus can take up to 30 days and in some rarer cases 60 days. But what happens, how does the lymph mature. The maturity or getting the strength that is need to carry out a job according to what the physical part of the brain has sent orders for comes through one thing and thats cobalt. That's B12.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

The same thing goes back for the lymph nodes, the lymph nodes, that's all they do. They mature, they strengthen, how can you strengthen something if you don't have it yourself. So the lymph nodes and the thymus are the home where the cobalt sits. And the maturity comes from absorbing the gravitational magnetic field from cobalt, not as radiation but as a plasmatic strength given to the T cells are storage or B cells, even while they are stored B cells are getting energized, they are receiving fields. They can't sit there and not absorb even though they sit there and sit there so much energy from cobalt. Then they find their way.

The T cells find absorption of the plasmatic magnetic fields and the B cells find orientation. It's very much the T cells behave like a stronger punch and the B cells which are stored in the thymus, change slightly their orientation becoming like a carbons change or orientation changes it to diamond or graphite. Because the change of orientation is needed through B cells for neuro system, in where they become conductor and resistor.

And if you look at diseases like MS or ALS or what they say [? 00.36.05] has disappeared and we say this is nonsense, we've explained this in other talks, what happened the graphite or carbon is the amino acid changed in orientation from a conductor to a resistor. The change of conduction and resistance comes through B cells. So in fact if scientists were to look into the structure of the B cells they would find that the only thing happens to them – they don't sit in the thymus for nothing. The B cells come in to change orientation and that's where their function comes in changing the neural cells from changing to resisting.

This is shocking to a lot of people in the world of medicine. Because they understand the B cells as coming and being stored in the lymph. The B cells come and their orientation or change for a neural system allows you to be able to go to sleep, at the end of a nerve, because if the B cell orientation is given to give orders and replace the nerves which are switched off back to on because of orientation, as a trinity, then it acts and does the nerve system.

The B cells are responsible for the neural system, which is fed by the red blood cells and totally controlled by the thymus. And the neural system that is the physicality part of the physical part, is done through the T cells. So there is a clear reason why you have to and then at the same, the left thymus is responsible for and controlled by the right side of the brain and the same with the right side.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

The same as the rest of the workings of the body of the man. So, the process of understanding the work of the thymus is to decide how much energy is given to what we call the immune system, and then it goes back to taxi destination. Then when the information goes to the brain in time of the change of the cell of the nail and time of the change of the tissue of the heart, one has to be soft, one hard, one liquid, one jelly. All of these are decided by the T cells information and the amount of energy they receive when they go through the thalamus.

It's very simple. If you give it too much energy, it liquidifies, it becomes softer. So the cell you have for your finger, the skin or the tissue, we see slightly more energy than the tissue that is supposed to become your nail. So the density, the solidity the whole structure of the plasma of the body of the man, is all decided by the thymus according to the amount of B12 gravitational magnetic energy.

So when it arrives the blood cells and neural system decide you're going to have lets say zinc at this part of the organ of the body. But what state will it have? Will it be hard, soft, gas, liquid state? Will it behave like jelly? That's decided by the information brought in by the t cells. And if it's not matched by the information, then we have what is called infection and the energy needs to be increased by the thymus.

The cells that are destined for that part of the body have to carry more energy to for example dilute and open up the infection. Microbes or whatever. It's very simple. Those doctors who have been looking for a solution to MS or IS, look into the operation of the B cells. And then look at the strength of the B cells in respect to the thymus. You'll find your answer. You find why myelin changes from a conductor to a resister. Because the B cells in the thymus have been misinformed. They haven't received enough energy to change from one thing to another.

Understand the conductivity of the carbon, and understand the transition of energy. If you orientate the graphite in a certain way, the graphite becomes conductive. You keep the same anatomical structure, but you change the way the orientation is carrying electrons and protons. Or in the case of man, the behaviour of not being able to accept any more energy across – the plasma. Then you become MS or ALS or other diseases.

The world of science and medicine has to realise something very simple – the world of creation is much simpler than scientists have made it to make themselves seem clever. When you look at the B cells, what is a conductivity and what is resistivity? What is the change of orientation of

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

the cell? Materials, entities in the body of the man behave as a plasma, as a gas, in the vacuum of the body of the man.

So, what happens how can you not get in or not send information? If it's too hard to understand how the orientation changes, go back to the space technology. If a meteorite comes in at the wrong way, at the wrong level: It's still the same earth, the same magnetic field. It bounces off the top atmosphere of the earth and it goes up so cannot penetrate. The earth's magnetic field for that meteorite is a resistor. At the same time another at a different angle comes in can penetrate the earth which we see as a shooting star. Even though both meteorites could come from the same structure.

So how you give energy, it comes from the B cell. So when the cell arrives at a point of solidification of it, for the cell to become conductive or resistive or produce enough energy to become thus. So when you give energy then you can increase or decrease the power of certain cells of the structure of B cells amino acids, within the thymus, within the B cells – no man should suffer from MS or ALS. This is how we succeed with MS.

One of the problems with the Keshe Foundation is not affecting and controlling the B cells, we know how to do it. It is the position of a person who receives, puts him or herself in a condition to be sick to the man intention, which through his thymus gives the information to become a conductor or resistor. I don't want to know. Gift I don't want to receive. Because MS and ALS are psychosomatic. Why so? Because psychologically you want to end the life but you want to do so with attention. For what you missed at the beginning of life. Then you get paralysed, you want attention, you get put in a chair.

A lot of people don't understand the structure of it. But psychosomatic diseases which are controlled by the thymus emotionally and then physically delivered by B cells are controlled by the man or woman who is sick. It's very rare some of MS or ALS like this which are created naturally. So now you have produced the material you have dictated what will be from the physical part, which is the T cells, and from the emotional part which is the B cells. Now if you look at the structure of the thymus, it's of small tissues. The same with the lymph. Lymph nodes are the same they are banks of B12s.

So when the lymph node receives the lymph, receives the food, it decides how much energy it will give to which cell and where. The cell on the bone, the tip of the nail, doesn't need that

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

much energy as in a finger muscle which is constantly moving, or one that has to stand burning in the heat. So the lymph nodes decides how much energy I'm going to give to it or take from it, so that when the energy arrives as lymph, it transfers the energy to the cell but the cell decides how the cell is going to be.

So now you understand the connection between the immune system, the bone marrow and from what I see from past data there is a very clear indication like your appendix, thymus as a useless part of life. Because this process of thymus changing strength can be done in the bone marrow itself. At the same time this can be added to save time and energy in the body, to one chamber, in the heart which means one chamber less, more preservation of energy, one organ less and then you see the tonsils and the appendix we don't need.

If you speak to doctors who have worked a lot with the thymus and the cancer of the thymus they tell you that the operation changes as you get older, but some people say that it doesn't exist, it doesn't happen. But if at the latter part of life the thymus becomes less relevant because the bone marrow structure has already settled and bone marrow is created on this strength, because you don't have that much energy to use it. You don't need it that much and because of that you die of much simpler infections, then its an indication the body is slowing organising itself in a more efficient way of how to get rid of the thymus from the beginning.

If there is no need for the production and suction of the amino system from the bone marrow then it shows the chamber that was adapted and built for it, there will be no need for it as well. So, this is part of the evolution that we see is coming. So the thymus is a factory and the point is that when the thymus gives all of this energy as a B12 energy, the magnetic field of the cobalt to the T cells or B cells change their rotation or increase the strength of the plasma, then the cobalt becomes weak. It has such an amount of radiation it can give.

Because the flow of the neurosystem of the T cells and B cells is so rapid, the cobalt energy gets absorbed extracted very quickly and the body has to send it to be recharged. And then you find that the process of the recharge, as the B12 cells or cobalt is getting transferred to be rejected from the body through the motion of the intestine. Then as it's going through to be rejected, as it goes through such a position through you lungs, intestine and then the large intestine; as this cobalt was giving its energy to the T cells and B cells to energise them or change their orientation, now in the process of going through the intestine to be rejected from the body; its active so it starts getting all the energy the body has not used or is surplus back to itself.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

So by the time the B12 from the thymus or the lymph is rejected from the body of the man, it already has charged itself to the full value to go back in again. So the body has made a very efficient move. It knows how much energy has been eaten or brought in is surplus but is in different fields which it cannot cross the intestine and is still sitting within the structure of the food, because when you eat lets say a carrot there is some cobalt in it. Some gets eaten or transferred but there is some radioactivity in it, which your body doesn't need. But while they are going to your intestine, which I will discuss in further teachings, the body absorbs energy equal to cobalt, because cobalt releases gamma radiation on a plasma level, not radiation as is assumed as a ray.

So up to that point the body absorbs the field, because it needs it for what is going to be destined as the cobalt in the times length. And then when the material passes this point. Like an x-ray machine when you go through the gate and it opens and closes, its a very micro gap within the intestine. And on this side of the gap, the body absorbs energy of the cobalt gravitational magnetic field, and immediately on the other side of this line, the body rejects it. Whatever the body does not need, comes from the thymus and lymph on this side of the line to be rejected.

The knife is not sharp, the cobalt is not strong enough to charge the T cells and orientate the B cells. So when it enters at this point then as the cobalt is going through the intestine to be rejected from the body, then it starts being radioactive and collecting energy, whatever was left over in the body. And then when you go to the big toilet, you reject it and it goes out. And this is what I explained about the eating of B12 with vegetarians.

You're vegetarian in Africa because you don't have meat, you don't have a healthy life – you use human excrement as fertiliser whatever – so you eat back your charged cobalt. In the modern world in the West, people become vegetarian, they wash their hands when they go to the toilet and they wash their hands three times before they get through the front door; so there is no cobalt coming back in. And that's why we see huge B12 deficiencies in people with vegetarian habits or the ones who want to become vegetarian in the first or second cycle of life.

So now it goes back to why and how the connection of the thymus comes with the lymph. And this is one of my biggest problems with a lot of doctors, because they don't understand the operation of the lymph in conjunction with the thymus. Thymus and the T cells and B cells send

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

the information for the neuro system of the organ and for the physical part of the organ. When it comes to the lymph – and numerous doctors and surgeons are very quick in taking lymph nodes out – the information through B cells arrives through the neuro system.

But the information from the other half, which arrives through the physical part, now you've taken the lymph out, does not arrive because the information the lymph node is not there. So the body looks for a similar position to be able to compensate for [??? 57.57] Then the body has to send orders to the nearest lymph which supports the part which has been lost to the rest of the material and tissues on the other side of the body. So what happens the information and physical structure, which does not exist anymore, what to be and how to be. And if a cancer cell exists within the area, it considers the cancer cell as a normal cell because it is foreign it's not it's job to look after it.

You find once you remove the lymph nodes, you transfer cancer across the body of the man, because the cancer that sits in one cell – so I'm not used to it but I have to feed it because the nearest information inside feeds it, because this was there, the lymph was doing it, knows what it is, so I feed it. So now by removing the lymph node you are feeding the cancer. And that's how the cancer spreads, and I always say to doctors, do not touch the lymph. But they say, the lymph is full of cancer.

Go to the thymus, find how you can increase the capacity and the power of the thymus, the cobalt level. Then you find that there are no cancer cells in the lymph. Because the solidification of the cancer when it becomes cancer changes its characteristics when the temperature changes it becomes solidified in a physics side. Now that leads to – do not remove a lymph node in the cancer of the lymph. Look in the operational thymus and the T cells because it's the T cells that decide what solidifies in the lymph, not the lymph.

And if information has come in through whatever reason change of the nerve system blood flow which set up the structure of the [ ??? 01.00.22] of the material, your cancer has its source in thymus. By increasing the immune system you will not help it. Because when it comes to the thymus all the immune system all the bone marrow comes out more or less at the same level when it comes to the thymus changes. Zero passenger, taxi destination.

So all the bone marrow which come in as the immune system know where they're going to go, due to the gravitational magnetic field, the strength and the way they've been built. But all they

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

do is they come to be charged and what they need at the point of their line. So my advice to a lot of doctors is please do not remove a single lymph from the body of the man. Because you have not understood the function of the lymph, and you have not understood when you see a cancer it means it has solidified.

Something is wrong with the information carried by the red blood cells when they come from the lung and the information which comes through the neuro system in the solidification of the matter, and then you need the lymph support to not allow this matter to become a cell structure which the body cannot – or becomes too highly that absorbs the energy, all the energy which comes from food through the lymph flow into the organ of the body.

If the doctors understand how easily they can reverse every cancer by the control of the B cells and T cells in the thymus, no man should die of cancer. And this is what we said we brought down to 5,000euro in the Keshe Foundation. And we said it's only two pieces. One piece we work on the lymph and one piece we work on the thymus. We did this test, there is a piece of the breast of a woman in a hospital in Holland which has been kept because of this process. So try to understand how it works not how it's been imagined to work. And that's where all the doctors go wrong. That's where the Board of Medicine on the structure and physicality of the Man does not understand.

But at the same time understand one point. Even if you get the thymus to give and deliver the right strength T cells and the right orientation B cells and the emotional part was the separation of itself from the physicality, you still get the cancer. Then you have to look at the psychology of the cancer in the body of the man. This is where the psychosomatic cups we produced come into operation. Where we support and change the psychology. And this is how some people have cancer and suddenly don't have it.

These people partially due to the strength changing of the cobalt in the thymus because the digestion system is not absorbing the right cobalt strength, plasma magnetic field. The majority of it is due to the fields that are released by the **thalamus** of man in the emotional part. I want to die because my son is so bad, he's the worst thing that's ever happened to me. The father he didn't have a child so he causes himself a prostate.

He might suffer for years with this thought and then suddenly he finds out he made a mistake. If he arrives at the right time before it's too far oh I had a cancer today and I don't have a cancer



## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

tomorrow. I ate carrots, they say and the cancer disappeared. You have to understand things don't come and go willy nilly. You have to look at the work of the thymus in conjunction with the bone marrow, T cells and B cells. And where there's a disruption between the T cells and B cells, or the emotional part, you have cancer.

Tumors are totally different. They are solidification of matter due to whatever matter or condition in the human body. So now we understand the thymus; why it sits where it sits, and why as Doctor Eliya said in her analysis a couple of sessions before; where is the point of free plasma. Because the cobalt gives the right energy to the amino acid which is part of your immune system. And it always carries calcium and the emotional part, which changes its field in this respect to amino acid, taxi destined for the prostate, changes its orientation.

So when the thing arrives at the body if it receives the right information from the plasmatic cobalt, it solidifies using calcium and then the beginning of cancer. Because the emotional part wants nothing to do with that part being the cause. So, even though you try to sort out the physical part through cobalt the emotional part changes in the way of orientation even though it has already left or is in the process of leaving the thalamus. And this is very important.

This is why we say with Dr Eliya what cancer is connected to which side of the body. The right is connected to the lover or the husband, the left to do with the parents or the mother. And then you understand why in the upper cavity of the human mind, everything is in twos. Because this is too much to be handled and secondly the body has chosen two halves to be in control of the whole operation. If one side goes, the other side can still guarantee the life and existence of the emotional part of the brain, which is thalamus.

I hope I've managed to make you understand, and how we have managed to make the life so simple in the space technology, without the need of any medicine. Because if medicine was needed, God would have made them fall from trees, and we don't see such a thing. *(Ahhmm... excuse me, as a lover, student, and devoted advocate of plant medicine, I think we do find the medicine falling from the trees, and bushes, and even sometimes even in the roots or bark of the bushes and trees, and I personally think every spaceship needs a greenhouse to grow the medicine plants that God has destined to be out companions on this tough planet, and on other planets! ☺)*

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

This is not a fault of anyone its just that human knowledge has been accumulated over years and years, sometimes by men who have understood, sometimes by men who have not understood. Due to their position and influence they enforced others to accept their lies and its become accepted lies and so its been believed. And now that's why they call us charlatons. Just because you didn't understand its not our fault. We understand and we don't carry on with the same thing because we see the result.

We understand the process of creation. Man did not come by aliens on this planet. Man was created out of the air, atmosphere of this planet, and then it became physical matter through the material part, the solid part of the planet. But at the same time you have to realise that the amino acid does not necessarily become tangible all the time. So if the same amino acid is not connected to the matters of the earth, the solid part, it still exists and creates a creation in the upper part which has intelligence, emotions and life. And this is very fundamental.

And in the space program that we are opening slowly, you will come to see that there are more animals above the surface of the earth without tangibility than there are inside the earth. Due to this factor. If you look at the specific lense configuration films which have been taken by the space program's space labs and others, you have already seen these creatures. But there are something which moves there and is blown away intelligence or being on it. But in fact there are creatures which in the neuro system they only create energy which keeps them at a level of a transparent plasma condition.

We start seeing interacting with what we thought was everything on the earth and in the sea. They said that at such a temperature no animal can exist and now we dig next to the volcanic eruptions, we see in the deep seas life more than what we see on the planet. Because we gave the restriction of our understanding because it was our own limitational intellect to understand. Really life does not have limitation in any way in any part of the universe. So we have to understand the process.

When I explain in a space program where we will bring the physicality and other dimensions of life in the universe to man in making that gradient of the life of the universe, that's what's going to happen. Now we create a gravitational magnetic field, very much like thymus to make the matter that has a lymph to solid matter as a nail. Then you can see it. Then you believe that this is the stupidity of the man.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

So, in fact what we will do is create an environment in the lab, which is like our fish tank. We create a magnetic gravitational field which is in line with the entities of life and existence which man has not been used to seeing. And there is no magic. There is creation on every level of the universe. You do not need somebody to tell you as a religious man to be or not to be or as a politician to be or not to be. And one thing is, they all live a peaceful life.

There is a video from NASA that shows very clearly these creatures living in our upper atmosphere. But you don't see it as life, people see it as energy. If you cut the eye to see, and you could understand the process you would see who is the mother and she's feeding the children. One of our videos explains this. Because she goes and as she goes she continuously touches the same circles, it's like a mother feeding the kittens, a cat. And the process is very obvious go back on the pictures NASA has released. Then you open your eyes to the outer creations.

The only thing is, in that condition, thymus – magnetic gravitational field energy- you call it thymus, allows the entity to be transparent to the eye of the man, So in understanding the operation of the thymus and the lymph we understand that these two organs, these two entities in the body of the man, which makes man tangible and visible, and nothing else and no where else in your body you have this material.

So you owe the presence of your physicality to the thymus. And existence and communication with your emotional and physical part, you owe it to thymus. And how it is manifested you owe to the lymph. But they all come through the same systems. One comes through the digestive system and one comes through the emotional part, which is the bone, which controls every structure of the man. ...Any questions?

So the line of this thought becomes more and more crucial to create the sensory which is then the plasma level?

You don't need the sensory or they carry the sensory, you have ignored it.

No no. Let's say for cure something like that.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Cure is the wrong word. If you take the word cure and allow it to be processed then you will find a solution to most of the problems of the physical body.

Well not cure but exactly to be able to interact and figure out what is missing in our [ ?? 1.16.52] to control the process to make the human body better and healthier I would say.

Yeah in some ways, yes but in some ways in the coming time when the knowledge is deeper we can explain more back. I can explain to you how through your thalamus you can control the operation of the thymus.

Well I'm not talking about myself, I'm talking about interacting with people who we don't know.

Very very soon. Don't worry there are more stranger things than you and me in this universe [...]

Would it now be possible for human's bone marrow to take over the function of the thymus, maybe through increased physical activity ? Or is this a process that can only happen through evolution?

It happens through evolution, it needs time. And it won't happen to all humans at the same time, because there are a lot of factors. First of all if the earth does not get destroyed by the solar system by the Trinity Star, which is normally, as you get attracted by the gravitational field of the star, and you get sucked into millions and millions of years, you'll find that the body will receive enough radiation in the bone structure, that it does not need cobalt as a supplier of the feed.

One of the signs that earth is approaching the sun, which is normal because of the gravitational pull – we're just a speck of dust getting pulled by the gravity of it – is the change in thymus. It's showing there is no need for radiation-based centres. As we approach the sun we receive stronger fields, which then react with our bone marrow creating stronger fields. So all the brain has to do is adjust our layers in the structure of the bone in what can go through.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

It's like when you make more layers of copper or aluminium. The nano-layer decides what goes through the gap as bone marrow and what size and that size dictates the strength, not the size because the size of the lymphs are all the same. Now the structure of the bone, called the honeycomb as you see in the shot before: these are all nano-materials that allow lymph to pass through as a plasma. So, all the body needs to do is to change the structure of the nano layer in the upper part of the size of the body of the man. But in the central bone and in the lymph, it absorbs what it likes.

And we see that change is happening but it's just that now the bone receives radiation directly so there is no reason for the lymph. Then the nano-layers within the air structure of the bone are changing in fields. And so man has gradually over time no need for the thymus thanks to the radiation, which we are getting closer and closer to the cell. ...Any other questions?

Does that mean that once we get to a certain point with the Twinity Star or the Solar System that the man should be at a certain level due to the interaction of those two fields and the greater plasma of our bone system.

They have to be out of the zone. We have to be far out of the zone of what I call [ ?? 1.22.21]. When they crash there is a splashing. You have to be far enough not to be disturbed by it.

No what I'm saying that as they come in when they're getting closer, we'll be receiving stronger fields as humans on this planet. And at a certain point does it not go past a certain point, cross a boundary?

In so many ways yes, in so many ways we hear a lot of things about dinosaurs, how such huge animals died. And then if you look at the structure of the neutron splitting into smaller entities, as the field comes a division comes because it does not sustain. That division happens in the approach of a second sun, it creates a field so that the division can create need the light for a smaller size, but more active intelligence to be. There are a lot of factors when the two stars come together, it happens so rapidly but as I was saying, the division of the second star is no different then when you empty a bunch of beans through a nozzle or funnel.

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

At the top end you have plenty of room, but as you get to the centre of the galaxy it gets tighter and tighter so you have this crash. But there is no sense this crash will bring its own destruction. It's just change of gravitational magnetic field in different positions. So life as fields will never end its just mutations at the end of the reactor after what you call billions of years. So, the changes will come by the progression.

If this is a natural process, then it's already 'built into the system' if there is life on those planets and there always is, then they're ready for that when that happens. I can see that there will be different circumstances or different environments that might make that process slower, or might take longer for it to meet its full fruition before that actually happens. There are probably cases like that too then.

You know you feel you're going to see your mother for Christmas but you haven't spoken for a year? You feel something's going to happen and it does. It's not because of what you feel but because you feel or detect the emotion of the others. That to you explains that moment of fields, coming of somebody or something happening into what you understand. The emotional part of man who are close enough clean with their life are feeling the approach of the second start anyway.

They are calling it the end but it's not. It's the beginning of a second start, a new life. So a lot of men, a lot of animals, are aware of things to come because the fields are changing. Like in winter you go deeper or higher, animals move from one part of the planet to another. A lot of men with correct behaviour that is not diluted know the approach. Like becoming claustrophobic, like when you feel the walls coming in. You feel it and that change is the habit of the man finding a solution that is closed.

Then unfortunately this time there is enough guidance to take man out of this position for those who deserve it. Not by choice of physicality but choice of soul. Animals shall be left behind because they are too busy fighting. This is what a lot of people/entities on this planet are getting ready because we know it's imminent. So you feel the wind you know there's a storm coming. It's what we call when the boat sinks, who do we save first? Children who are innocent and clean and pure? This time it's the ones with clean souls who will be saved. The gamblers and drunkards are still in the casinos. ...Next question.

Is it recommended for a person who has recently been operated for cancer to take B vitamins?

## Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

No, you have to understand. If you have a cancer that has spread or exists it means it has been accepted by the thymus. So thymus is creating or coating a field strength, which is for feeling it, controlling it and structuring it. So you increase the field of the B12 you increase the growth in most of the cases. B12 is not a solution to cancers. It can be sometimes but not in reality because for you to become matter or solid, look at the picture in the structure in book 1 or 3 where the matter sits.

If you increase through B cells the orientation of the cancer cell and the T cells have to feed it, it will go away very rapidly. You have to control the cobalt, which is already within the structure; it needs certain processes. You will probably see within 6 months there is no cancer. I ate carrot juice and you have to see it's the colour of the carrot, but nobody guessed but you don't understand that when you see these changes its to do with the emotional magnetic field which has changed the orientation part of the thymus. In respect to the cells, the T cells.

Don't forget it goes back to one thing. Everything comes to the creation of the condition. You create the condition, it happens. You get stressed, you get angry with your mother, you create a beautiful condition. Just look at the thymus, look at where you carry calcium – the breast.

It's something for a lot of men – doctors don't tell you because you don't see it, a lot of men get breast cancers. Some races have breast cancer of the man, which is more prevalent. The breast cancer in men happens in specific ways in specific races. ...Any other questions ?

The problem with breast cancer with man is that it often shows itself as lung cancer. Doctors often get confused between the tissue. Men don't have as big a breast as women so the skin sits very close to the body. So it goes into and through the lung and they usually say you're a second cancer or the cancer has spread to the bone, from the lung or whatever, but in fact the root or origin of it sits within the breast. In nations where there is a lot of injustices between the mother and son it comes through cultural behaviour. And it's always to do with the right side or the left side it depends.

Is hemp such a good medicine because it mostly makes you feel happy which allows you to cure yourself? Or is there more about it?

**Transcript from 9<sup>th</sup> Health Teaching Workshop held November 7, 2014**

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

I know nothing about hemp. Is that something you make beer with? To speak about matter is very difficult. [...] I think about plasma. [...] I think we can finish it a bit earlier today...