

## **Notes from 45th Health Teaching Workshop**

(v2 2016-01-09) DRAFT (Transcription/notes has not been verified. Double check info with video)

Contributed by Keshe foundation New Zealand - 2015-12-07

Notes from HEALTH WORKSHOP 45 10 November 2015

There was a long gap between Health workshops 44 and 45 because of the intervening blueprint week focused on teaching people how to make the stacker system for the Magrav power supply unit. (A welcome relief as there is such an ocean of material pouring out of the SSI)

0002: The next step in producing the 6-petal flower of the heart of the spaceship, our flower of flight, is the health box to be added to the energy box.

0003: Ali Zannaf (?) presents his pain pen – nano coated and gans coated coils in a pen. It feels so good he sleeps with it.

0005: MK responds that there is a problem. We shouldn't Gans coat the coils in the pens – use only CO2 Gans at the tip of the central wire which will bring balance to the emotion, but on no account use GANS coating on the rest of the copper coils in the health unit – this will create a much stronger field than the body field and is not advisable.

0006: Kel El – a question about asthma – what does MK suggest for asthma in a friend's child? MK responds that you must understand what is asthma. You can not use a pain pad on the lung – maybe if it is chemical or environmental there might be a direct application but in his experience mainly it comes from the emotional part of the brain – you have to look at what is the reason – is it a physical manifestation of emotional pain?

0009: A study at Manchester University showed that if a child with asthma is led to what is the emotional problem at the time of exhaustion, and led to face that problem the asthma is resolved within minutes. MK and Carolina discovered this with their own children, which prompted the writing of the paper known as "My Pillow My Life"

0013: MK has seen the same process with cold allergy – a young man who would get large blisters from the cold – resolved after 2 sessions

0014: 90% of asthma is emotional – there is some industrial asthma and with these you can use CO2 Gans – Under NO circumstance use CuO Gans because lung is emotional part, not physical. For physical part below the heart and down you can use CuO Gans but with care! Cancers with emotional origin you can mix 2 or 3 Ganses...

0018 A word about ADHD and Mother Munching

0021: Question – how to help hypothyroidism? MK – “I’m not a doctor – see a doctor!” However, you find out what is the function – then you find out where the problem sits – most of these conditions are psycho-somatic.

0022: Question – are cancer patients still being taken at the Kf ? MK not at the moment – we are more focusing on developments world wide but are planning a trial of use of the health systems at Barletta

0025: Alzheimers is 80% reversible in MKs experience. You have to find out why the person wants to forget – when it comes to healing with the 2nd Magrav unit we will teach you – you have to support the emotional side and then everything is remembered. Ask a person with Alzheimers – “Can you sing me a song?” Best is the wedding song – if they remember then they are 80% reversible.

0029: Question about regeneration of bone and cartilage? – Yes it can be done – needs specific system to be built for it and it is a very slow process.

0031: Kel El: a question about memory – constant TV watching seems to have taken peoples ability to remember things – these are young people. MK: The brain of the man has a limited capacity – if it is used somewhere else it has to compensate. If you have deficiencies you can balance with Zinc and Calcium Gans – has to be done correctly – we teach you in time.

0035: Question – when does Gans get used for healing and when not? MK – you can not generalize – one thing to keep in mind is are you dealing with emotional problem or a physical problem? Then you decide which Gans you use and what combination and what process. In general CO<sub>2</sub> Gans is used for emotional healing and CuO for physical or below the heart. But in cancer sometimes there are heavy elements involved eg radioactive elements – then you balance it with the Gans.

0038: Question: Is there a way to turn ‘hard water’ into ‘soft water’? ie to remove the heavy elements eg Iron? MK Yes one of the easiest ways to soften calcium from water is to use magnets. You can use circular magnets with holes and place them n the north/south position and around the container- allow the water to drip out the bottom very slowly and the calcium will stick to the sides of the container – then wash it out every few days. You can do this with fluoride also!

0043: Closing comments