

**Transcript from 25<sup>th</sup> Health Teaching Workshop held March 31, 2015**

(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

Transcript courtesy of Zhang Hui

**NOTE: This is a very rough version and contains many transcription errors**

Video link: <https://www.youtube.com/watch?v=Hk7LXyJLyZc>

Topic: The Skin: The Shielding - Defense System

00:00:00

sound perfect and live stream

someone can just say something on the skype call

see if that's coming through ok....

yes its perfectly fine

ok that good that good thank you

ok lets begin the 25th health teaching workshop

which is called the shielding the skin the shielding defense system

and werrr we are going to start with keshe foundation spaceship institute

promotional video to begin with here

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and we'll show that and will continue the workshop

here we go.....

where does humanity go from here

what have we tried to do ?

what if there is more.... much more

the keshe foundation is proud to announce

a new way to bring humanity forward through technology

that brings humanity inline with the natural operation

of the planet and the universe itself.

The new science and technology discovered and developed

by the nuclear Engineer Mehran Keshe. Centers upon the use of control of

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Magnetical Gravitational fields. This new body of knowledge will preserved

Hundreds of potential applications, which offer solution to most of the fundamental

problems of the world. such as water, food ,environmental contamination

shortages of energy. The Keshe Foundation is proud to unveil

the Keshe Foundation Spaceship institute, nestle the midst on beautiful shores of

Bari, Italy.

The institute is poised to become central hub in the spreading of Plasma technology knowledge.

With the state of the art 21st century facilities,the institute will be able to provide students and

staff the an immerse way to learn the Plasma Technology to be the leaders of new generation

of scientist and Plasma Engineers. Keshe foundation has open the door to the world

for peaceful usage of technology, That is independent and limited resources are available on earth.

this is an understanding of how everything works together in harmony in our universe.

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And it applies to everything from the smallest to the biggest from atoms to galaxies.

we all are able to collectively work together in pursuit of knowledge

innovation... and Solutions.... for our society.this learning environment is new to the world

but there will be no test to confirm your understanding and knowledge of everyone will be respected

and allowed to flourish in a nurturing environment.Hands on test experimenting will be widely used in conjunction

with the round table discussions to bring all opinions and knowledge forward.

Students will be introduced to a change in force of working collaboration.

Students will experience first hand appreciation knowledge in free and open manner.

graduating students are expected to share the knowledge they gained

from the university within the respect of the communities and nations.

All formal teachings, lectures and presentations will be in English Language.

With technology available for immediate translation.

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Keshe Foundation Spaceship Institute will be offering

three-years Executive Master Programs for Undergraduate degree students

one-year Executive Master Programs for Graduate degree students in the following fields,

Space Transportation, New Plasma technology, Health, Agriculture, Materials, Energy.

the health section is designed in which students able to live in space

without the need to return to earth. To this end the Keshe Foundation Spaceship Institute has

found promises from many diseases including A.L.S Cancer, Coma, Epilepsy, Multiple Sclerosis

Keshe foundation spaceship institute will offer online teaching

courses which will enable anyone anywhere around the world to enroll

and increase their knowledge and understanding.

Students will have the opportunity to directive work towards commercial spin-offs

and see founding through the keshe foundation.

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The access to the new science and new technology is openly available

for peaceful use to benefit mankind to make a better world Today.....

Now u can the part of the changing world and the new knowledge.

All commercial spin-offs are tending to be an open source and Patent free

This is the part of the core ethos of the Keshe foundation and Keshe Foundation Spaceship Institute.

Keshe foundation Spaceship institute will have its official inauguration on

April 21st, 2015 with Courses commencing soon after on May 4th, 2015.

The students of the Keshe foundation Spaceship institute will be the

Leaders of future, who will changes of all area of space technology

Science, Medicine, Agriculture and Energy.

Anyone is able to apply, but acceptance is through invitation only. No pre-requisites are required.

We will be accepting approximately 250 for the three year Executive Masters Program

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and 120 students for the one year executive Masters program.

We welcome humanity's participation in knowledge of

Kesha foundation spaceship institute.

Where does Humanity go from here.....?????

that is up to you..... Apply Today....!!!!

okkk..... sorry this microphone wasn't on there. This is be beginning of the

25th Keshe health teaching workshop. This is a, topic is The Skin. The Shielding-Defense System

and we'll be speaking with the hearing from doctor alia kostova of

Kesha Fecundation Spaceship Institute. After that, after she describes the anatomy of the Skin

and how it access the shielding defense system. We'll hear from Mr. Keshe and get his point

of view on the subject. ok.... without further due lets move into the workshop.

Dr. Aliya are you there. Hello everybody. its me Alia. nice to be with you. and 25th

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Keshe foundation teaching health shop. Today the subject is the skin like shielding defense

system of our body. so we begin with the first with the first slide. The first slide is

the presentation for you that actually our skin is our clothes our dress and shield

protect our bones our muscles and all internal organs from outside from outside environment

Actually in the other humans the surface of the skin is more less 1.2 square-meters

and the thickness is between 2 or 3 millimeters. that average square inch of each skin part

holds like 650 sweat glands 20 blood vessel and 60,000 milanosize and more than 1000 nerve endings

the function of our skin is so complex, first of all this the protection of our body from

outside world also contains the cells where they belongs to immune system. This is the glands cells.

Second function is a sensation inside of our skin endings a lot of nerves actually our skin's outer

brain and during our explanation you will see, What is the relation between brain and the skin.

the skin take sensations like heat, cold, touch, pressure, vibration and also so many other smarter



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senses, sense from body and outer world. The Skin works temperature regulator. This is regarding what

is the temperature outside and the inside because of the skin function were able to recognize the

temperature difference between outer and inner world of us. then to set the temperature function

and the, the sensors in our brain. the next one function is the control of evaporation because of that

function we don't lose the fluids out of us and we keep the water balance inside of our body. storage

function is also our skin this is the storage place for lipids water the synthesis for vitamin of D

synthesis and keeping part of vitamin b also inside of our skin we have a lot of glands, have I explained

to you in the previous workshop. and of them that is the sweat glands actually through our sweat glands

we evaporate..... and if you remember the shape of the sweat gland was exactly like the glomerulus in kidney

and they because of that organs they evaporate always from our body to outer world, also we have excretion

with different minerals so we are able to test our mineral level even through the sweat of our skin.

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through the skin we are so different kind of element from air, water and different materials. and actually

pores inside of the epidermises more less 0.25 to 0.40 millimeter so through them we are able to absorb

different molecules also oxygen. actually we have breathing function, with our skin and have so many

cases where people are not able to dress them self because they feel suffocated also before years born

one child was not able even to breathe that much effect through the lunges then through the skin and

actually they him inside of a this particular environment to reach of oxygen and other gases of the air

he was able to live only inside. the other one function of skin is water resistance what is mean skin

acts like a water resistant barrier so essential nutrient are not wasted out of our body. indside of the

skin restore different kind of pigments the main one is melanin. the melanin is the derivation of therozien

and DOPA and how to know the DOPA this is the main precourse of nerve trans-meter inside of the brain this

the procourser for apprinifine and the dopamine. We Start different kind of hemoglobin fraction actually not

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the main hemoglobin but the fraction of the hemoglobin when we get injuries of our body.. ok... Then we go to

the next slide the next slide is its embryology of our skin our skin come from ectoderm how you see on the left

side of the slide this is the part from where actually during the wicks starts to evolve the neuro tube and

the neuro plate.. So That mean ectoderm our skin and our neuro system from the beginning there in one place

they have the common rules and this is one more mark for you that our skin is actually expression of our brain.

actually we express our brain and we interact with our brain with outer world through our skin. this is like

hologram if we acted brain like main point we have a whole hologram view of our brain on a sphere is our skin.

On the right edge when start from the narrow tube the ectodermis starts tube in between and then in the evagenation

between the ectodermis and neural plate starts to form the lamoes pituitary glands and the other part of the

hypothalamus area. How you see even from beginning we have, again i repeat myself the close connection between

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the skin thalamus and the hypothalamus on the hypocom to all down nervous system....ok... Then we go to the

next slide The next is telling how actually start to grow our skin during the embryo layers by layers and how

you see start from the super phase and then we are the different path of layers and different parts of our skin

this is how to see again positioning of different cells with different shapes and all the different kind of

shapes contains the differetn function of that cell. So because of that we say that our skin is the multiple

of layers because alot of layers of different tissue with different shape of cells with different function of

The cell. on the right side you see even in the super phase epidermium, epidermis stratum granulosum

layers because alot of layers of different tissue with different shape of cells with different function of the

cell. on the right side you see even in the super phase epidermium, epidermis where stratum granulosum

We have the specific positioning of the unit inside even this is the outer outer layer of our epidermis

Our body this is regarding the positioning of unit of cells of tissue of transformations and all. Ok..

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Then we go to the next slide... The next slide is the presentation inner version of our skin so we

Start of that point our skin and our neuro system come from mostly one place. So, how you see we have

Different colors it means different kind of nerve they reach different places of our skin and in

Medical language we call that particular part of the skin the specific names and when have the disease of

The skin we are able to consider which one nerve has disharmoniously at the moment. On the right side

This is small picture just explanation of several nerve where they come from tree1, tree2 and tree4 how you

see they got spread and lot of endings and different part of the skin what we can dermatron. Actually each

Part of the skin each ending of the nerve they get different kind of potential signal inside of the skin

But that u will see after afterwards. So, our skin we separate in areas regarding which one nerve just and

To that part apply innervation to that part of the body cover it of the skin. Ok... We go to the next slide

Next slide is the representation for you of the left side of the nervous system just pre to small small small

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Branches finally the end of the branch just reach the pacific cell inside of the skin so we start with the

Next nervous input inside of the brain with pre through the spinal cord for the spinal cord through the

Different plexus nervous inputs finally reach each part of our skin and actually we have different

Endings of the nerve inside of our skin is regarding which part they achieve dermis to dermis epithelium

Glands hairs follicle we have different endings and this is because , because this nerve all motoric

But they belongs to the central nervous system of our ventral nervous system so because of different shapes

Of endings we provide we different kind of potential currency to our brain on the right edge you are able

To see laser microscopy of the inner vision of the skin the black one picture with the blue and green

Actually green side capture how the nervous signals just go to skin layers.

Then we go to the next slide, the next slide is the presentation of the nervous endings inside of the

Skin how you see on the small tentral picture how many big blanches of nerve we have inside of the skin

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They mostly cover all the part of the part we don't have gaps without endings some kind or nerve inside of the

Skin how i told we have different nerve with different action this is for sensation for motor function and we

Have different endings because function of our skin is so complex we suppose to react to the different

Stimulate like a touch like a temperature like a difference like air difference like sensitivity because

Of the different ending of the nerve give us different input different oscillation, how u see on the right side

You have the oscillation picture of different signals and they actually like the bar code so when the skin

Accepts the input start to produce oscillation with different amplitude with different frequency goes

Different functional nerve endings and then because of the brain recognize what kind of input skin accepts

Because actually of that coding of the signal. This is the same binaical in our computer just make coding

Of the signals and coding belongs belongs between the amplitude frequency common futuristic oscillations

And then the brain understand what kind of interaction have the skin with outer world. On the bottom of

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the slide you see actually how the different nerves endings around here fully around the glands and have

The specific shape they make shape like the reactor around the hair follicle actually they have a row like

Copper wires so they connect with the, the part of the skin like copper wires and then they interact they

Send the input to the skin and resend again the input to the brain; This is the same you use your copper

Wire when you connect your plates. Then we go to the next slide.... The next slide is the representation

Again the different coding of the signal inside of the skin is again regarding where they reach what part of

Skin they reach. The specific nerve so they start to call the signal so the brain just accept that

And encrypted and recognize what kind of signal just skin accepted. And how u see this is interesting

That here we have the miracle cells the miracle cells this is the cells where they react from the pressure

And temperature and they part of the nerves system. Actually they are the nerves cells but it also

Interesting that contact often starts from that cell. So we have now all new melanoma like the base Mellon



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Of size on the skin but we have counter started from miracle cells actually what is again was see that

The nerves system even on the shape of the cell this is a round our body and she is able to produce

The counter cell also and how you see even inside the miracle this is the right side of the slide there

Here for shape inside of the brain and they connect like each other like acson they just like snepses

Inside of the nerves system. And on the bottom of the slide you see again laser micro graph of the skin

And how then nerves signal just when the signal reach super phase of the skin just go to the longitudeness

Of the area we have vertically input from nerves and that vertical inputs like as they reach the super

Phase and then in super phase just spread like rebirth around some kind of the geometer around ending

Of the nerve. Ok... So we go to the next slide .... The next slide is the representation of different kind

Of skin during our body we have different organization inside of the cells in our epidermis this is because

Different part of our skin different part of our body have different function also cover different organs

And different part of our body they explorer to the outer world more this is not the same stage. So have

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Difference between color difference between the thickness not so is not only between two people but is also

In different part of our body we have different thickness of our skin so we have one organization of the

Epidermis in our face other one in our hands other in our belly in our leg this because function of that

Part of our body and in the middle of the slide the smaller one picture you see that we have our finger

Print this is our digital print which is specific for each of us on one the finger print they match to

Each other and mostly have a lot of investigation that shape of DNA and finger print they are related

Each other. Ok... Then we go to the next slide the next slide representation again laser microscopy the

Epidermis and how u see we have the specific organization of the lamina inside of a epidermis they are not

Round them they make a specific shapes to gain the part of the body is regarding to the part of the body.

And How see they are more less in the shape of romp and one side on the name of cream habashi make a

Specific investigation between the to the diamond structure to the center rectangle latitude comparison

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So here find out that actuality shape of the diamond structure in the 2d is like a room and when it start

To apply the basic verser he reach three dimenal of the diamond. On the right side of that picture

This is the other one investigation how dividing the pic golden ratio you are able to calculate

When you have the proton flow and when you have the electron flow and how you are able to recognize the

Direction of carbon. So how you see even in our skin we have organization between the cell and lemima

Like in diamond structure. Actually our skin have the protection function because of the organization

Of that cells on that shape in the diamond structure i speak about the health state of skin and if you see

On the right side this is burning. After the sun burn and you see this is more less destructive inside of

Organization but when you have a healthy skin this is completely organization of the layers and the leminas

Inside of one layer like a diamond on the shape of diamond and because of that we are able to differentiated

Our inner world from outer world. This is completely shielding of our body .. Ok..... Then go to the next slide

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The next slide is the laser three d microscopic view of our skin . In the middle of the slide this is the

This is just cutted in between and you are able to see the layers inside of the skin on the left side

You have a numbering how the layers and lemonize go around to see how you see they make a specific part

A ways in the middle you have a hair, and of the middle of the slide is ordinary macroscopic view of the

Skin this is like structure of the leaf. On the bottom of the slide this is microscopic of the leaf on the

Left side of that picture this is the microscopic view of the skin with high resolution. How you see

Actually our skin have the same of organization of the cell inside like a leaf.

OK. So we go to the next Slide..... The next is the anatomy of the skin and we have a difference between

thicken the skin with hair or without hair and on the right end on the left this is again microscopic view of

The skin. So we have different layers of our skin and we start with epidermis itself have different layers

Is more thick inside after the epidermis we have dermal, dermal contains all the vessels this is the actually

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Main nerves all the glands and this is like we see all the transitional state of the skin.

On the nutrition and the transition of the nitrogen goes inside of the dermal all immune cells what we

Contain inside of the skin is its dermal and after the dermal we have super dermal this is more less the

Fat tissue after that we follow to the mussels layers in our body so in side of the derma you remember

When we spoke about the glands we have the fat glands also we have the Swift glands. And the hair follicle

OK then we go to the next slide.. The next slide of the left side you see when you have normal skin

How much the thick is the epidermis layer and when we have the dry skin so actually the water , how much

Mater is contain inside of the skin give you the positioning of the layers and the lemina inside on the

Normal skin you see the normal positing between the leminon and the dry skin the positioning is just

Disruptive what is mean that our diamond structure of the positioning of the leminases already broken

So our shielding this is more less decrease ok .... On the right side you see the fat glands the sweat

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Glands if remember i told you they are on the shape on the glamorous how we see from the beginning to the

We also escread aouriya this is the metabolic product but we mostly scrape from kidney and on the right

Edge you see that is the all the chemical reaction inside of the sweat glands if remember this is the

Same what we have in the bowman capsule and the tubular system inside of the kidney...

OK.... So the next slide ... The next slide is the representation of different part of the skin and how you

See most of thickness this is from epithelium, epidermis different layers and how they positioning to

Each other and then we have the transitional stratum germinaitival from where actually grows all the cells

And they ,, when the develop during either state the go up and up and up and actually super phase

This the cell Where they goes to die and on the right sight this is the circulatory system inside of the

Skin and how you see we have again the net between venal and the artery part of the caplua they make

Around that net goes around all the cells inside of the dermal, and the same shape you have in the lever

In kidney in... In your lung so all over representative of the flow of the blood. Ok.

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Then we go to the Next slide, The next slide is the representation for you of the cells of melanin

The cells where they store melanin and we call them them Melanocytes so actually they are close to that

Blood vessels how i told you the net and this store pigment melanin and why we need that pigment melanin

So actually activation of the melanin this is because of the sun when we have a sun we starts to

Produce the melanin and to store is our skin cells. So we have the base part where the melanocytes just sit

They start to produce to melanin this is the conversion from the thyrosine and then in DOPA adn different

Fraction of melanin and they go up to the other cells.

Ok... Then we go to the next slide just to see why do we need melanin.... So. Inside the melanocytes we

Have a maturation state of melanin. I will not keep you busy with all the state and chemical reaction

Just to be aware of them. So. We have a base like a base the storage place and when we get the sun and

The light this is like click for that cells and for nervous system they start to make a different

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Maturation state of that base inside of the melanocytes and finally we get the two fraction fo malanin

This is the same on the right edge but more chemical of a the reaction and important is here we use the

Cherozine then from thyrosine we synthesize the DOPA this is the main nerve transmitter in our brain

Then DOPA goes to the different chemical reaction and finally we get the melanin so what actually we

Get it, we get peripheral neuro transmitter on the shape of melanin like pigment and is not only that

That we are able to make a store in our skin of the neuro transmitter then we to the next slide.

The next slide of the representation actually of the melanin, so we have the melanocytes and how you see

They again like shape of a excels that is the more common shape in our brain so we have a storage place

There from melanin and then when we have exposure to the sun just different zone to go around as pre to the

All epidermis on the left side this is the chemical formula of melanin on the right side this is your

3d model of the melanin. So .... When on the left and right of that picture this is the comparison



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When you have the dark when we have the light phase, so what happen during the dark side and what happen

During the light side of the day how the melanin just feed around just remember that picture because after

We make comparison with the leaf. Actually leaf works in the same manner .. Ok

Then we go to the next slide, so have exposure to the sun and our sin interact with arrays arrays

Starts to trigger melanocytes and start to produce and derivate the melanin in different fractions.

But actually if you see on the right side this is not only a u v rays trigger our skin also the visible

Light also the ultra-violet radiation and radio waves this is really interesting radio waves they are

Able to interact with our skin also with melanocytes and other one comparison is that on the right side

Where you have the microscopic view is like tubes tubes on the split. This is the hair itself inside of

Your inner air even the name is the same and on the left side this is the hair in your skin actually

When you active radio waves during the movement of the hair and hair follicles you are able to

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Retreasend the sound through our skin and because of that when we hear some music when you are able to

In touch with the sound of the vibration of field we feel all our skin and then we interact with our brain

Immediately.. OK.... Then we go to the next slide. The next slide is the structure of Melanocytes

From the beginning just make a comparison between between and frog they also store the melanin.

So when they store melanin in the center of the body structure. When they have a light or sound triggering

Input they free their melanin in all directions like a star formation if you see on the middle on that

Slide and actually they have the tubular system inside of them like acting and musing in our mussels and

Because of that tubular system and in conjunction with cowl they are able to move melanin in different

Part of the body and they use the melanin to change the color this is like mimicry defense mechanism

Or like sypia just to pull out and make a close round and during close just vanish from the place

Actually over our animal world we use different kind of pigment for defense. So... We will see we use our

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Pigment so on the left side this is the melanocytes and how you see the shape this is so similar like

A nervous cell and this is the all again explanation of the reaction from the thyrrosine to melanin

On the middle you have the hair follicle and how start the transaction of melanin from the bottom to the top.

Actually store not only in our skin store in our hair give color of our hair also store in pigment cells

Inside of our retina and because of that we have different color of our eyes and also have investigation

The shape of the eyes give you ability to act different path or light spectrum and because of that you

Trigger different pigment cells in side on the retina and actually if you remember you just generate

Impulse like bar code and actually that kind of information we are able to accept inside of our eyes.

So actually because of the melanin and because of the shape of the eyes different people accept

Different information from environment doesn't matter they are in one place. Ok

So we go to the next slide....the next slide is comparison of the leaf , the leaf when interact with

The light, start to trigger the unit inside where they contain the chlorophyll and actually what happen

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When we have the light interaction with chlorophyll just spread to different to different molecule

of glucose of oxygen and water and using like a sixsen a zim reaction pre to the carbon dioxide water

And huge amount of free electron and on the middle of the slide you see what happens in side of mesophyll

Cells. When the leaf take in the CO<sub>2</sub> start to conversion of the molecule that contains the four carbons

And then when does co<sub>2</sub> goes out the molecules start to be pip ted what contains the three carbons

And then we again have the reaction of carbon dioxide inside of the layers actually the chlorophyll

Gives you explanation how the leaf is able to produce itself free energy on the same manner we

Produce the free energy inside of our skin. So ... again on the left side this is the explanation how

Happen the deviation between a different part of the chemical reaction so that chemical reaction and

Vice-verse. But interesting is to see the how we actually get the cover point between different

Numbers of carbons and how finally because of the carbon cycle we get the carbon hydrates in side of the

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Leaf. Actually use the carbon hydrates to feed them self. And because they use the carbon hydrates to

Feed them self the produce huge amount of energy and because of that they are sustainable. The same happen

In our skin. So.... The next slide it is the representation for you..

This is the chemical reaction what we have the thyrosine goes to DOPA and then DOPA with many chemical

Reaction to Pheomelanin or Eumelanin. Actually the shape of DOPA is the Aromatic Benzoic nucleus

and because of that shape it is able to spread to different other shapes again on the same aromatic

Chemical component. Actually the melanin have same aromatic shape of the structure and all our colors

Their already written in our DNA and when we have decoding of the Amino acid consequence inside of the

DNA that much and that kind of proteins starts to be synthesize for example different melanin shapes

Of the consequence of the element starts to be positioning in different directions in space and because

Of that positioning between different chains we get different colors for example the first one picture

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This is the brown color positioning between the chains give you reflection of light brown and second one

Is the purple color, so that the purple color have that positioning of the chain and give you the reflection

Of light on that spectrum. Ok.... Then we go to the next slide..

One scientist of the name of doctor Solice discover that how the chlorophyll and leaf works the same

Reaction is happen in our skin, because the chlorophyll and melanin are so close in the chemical component

And he discover that two molecule of water in reaction of melanin in connect with sun give you

Two molecule of hydrogen oxygen and four free electron and actually that his discovery he use it to make

A battery for free and energy and with that his discovery he starts to find out how to cure people with

Blindness with Parkinson and Alzheimer diseases because they related to the level of Dopamine and how you

listen Before that dopamine is the derivation of DOPA and pharcorsor for melanin. So.. Actually restore

Pigment in our skin what is the ending of the narrow transmission metabolism and that pigment is able to

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Store inside of our skin the slight and that so what derivate the water in hydrogen, oxygen and free

Four electron, what is the free what we have inside of our skin works the like sun battery store the

Energy spread the water and get the free energy inside so we have in our skin the system on the shape of the

Melanin we are able to produce free energy. Ok .... Then we go to the next slide

The next slide is the absorbing spectrum of chlorophyll and of melanin and how you see the chlorophyll

Absorbs the light like peaks but on the right side you see melanin absorb the light on keep of the level

This is mean that melanin is able to store in two keep the potential of energy inside.. Ok... So actually

We have the sun battery in our skin... Ok.. Then we go to the next slide

Also the same is valve for every valve a melanin this a hair this the eyes in other of our body where

They able to contain that substance melanin. Ok.. On the left side of the next slide this this is microscopic

laser view of melanin and organization fo the particles inside on the right side this is the view of the

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Solar panel and working working of the solar panel and how you see and remember the structure of our skin

This is the same. Actually we have solar in the shape of our skin what we are able active the defuse from

The light actually we are able to eat the light from our skin and store that light on the shape of melanin

Ok... Then we go to the next slide.. The next slide this is a representation of one experiment

Of one scientist of the name of Mark kushner and he develop when you have interaction of different fields

Plasma fields or different fields where they able to make AC current how they penetrate skin and he

Discovered that from the beginning skin have a huge Resistance and that resistance make not able all part

Of flow inside of the skin and then he start to make of experiment with different of different kind of

Flow and actually recognize what is the resistance of the skin. And he discovered that our skin this is not

All because of the shape of the lamring inside have the stable resistance but also because have fat liquid

States above and that liquid state above and the mineral transport and in goes in the Membrain of the cells



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Make a current on the super phase of our skin so that current this is the other one defense mechanism of our

Skin. In the next slide you see exactly the explanation so first look on the right side this is the numbers

Of the conductivity and permability and the permeativity of our skin and actually from top layer of our skin

This is the seven part tiny liquid fat layer. What have the specific permeability and actually u know the fat

Act like resistor is not like conductor but when you are able just to remove that part or to make a pool

In that part indeed actually all the layers inside of the epidermis and that tiny seven layer start to act

Like a membrane and he discover different stage of acting of that membrane to that point to make a hole

And actually because of this discovery we are able to make a impregnation of the skin acting like a

Membrane to make a holes and current AC to go in side of our skin this is the same explanation when you have

A system and we speak about it ...so when you have a AC touching the super phase this is because of that

Effect you start to have exchange of the direction of magnetic field on the super phase and you get to a

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New field around opposite direction like clockwise and anti-clockwise. Actually what happen in our skin

When we have interaction with some kind of input our skin starts to make that kind of flow on the

Super phase like clock wise and oppo-clockwise. If you remember when luka explain it to you during the

Teach of workshop he said the same about the his reactor and he shape of lawa he get it. We have the same

Flow in our energy system and actually here is this interesting just to speak about skin deep effect.

This is mean how much eternal current is able to penetrate in deepness to the point of to get the Resistance

From the conductor actually if you compare our body like a conductor inside and our skin like a resister

Outside everything what is able to touch usis mean like input from like touch like some kind of sensor input

Or even if you speak about emotions. We are able to measure in that skin effect deepness with that input

That AC of that input is able to penetate inside of the the skin. Actually that is the deepness in deepness

Interaction between the resistant and conductor this is measure for most the tissue inside of our body

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And actually because of that you are able to see on the right side of the slide this is the singularity

During the time how resistance of our skin behave so actually because of the organization in lamina

Like diamond structure is because of that resistance, because the ability to change the mutant organize

Them into specific manner. Actually our skin this is our defense and shielding mechanism on the last slide

I just want to show you how water penetrate. This is because everything we say just skin start to work like

A Membran and just waterical inside between that pores and how you see take a specific shape in between the

Cells of epidermis so again even when we accept different matter state or input we start to position in this

Specific shape and that cells and all the units inside of the skin.

Ok... That is from my side. That you very much for attention. If you have a question please ask me

Thank you very much.

Thank you alia presentation on the skin some fantastic shots there but the one with the hanging skins

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(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

They have so many so many things to say about the skin but we need hours..... Yeah!!!!!!

What an amazing organ the largest organ of the body i understand so... Yes we have some question here

Perhaps you can address they have question. Males have more body compare to females. Does this influence

Nervous system or it is just the matter of hormones

The hormones and nervous system have you know this is the same things is because hormones comes because of

The nervous system and vice verse. And about the hair about the body have different explanation this is

Because of the climate this because of different gender expression and also mr. Keshe has one famous

Explanation that is regarding the how you se expectation of that ranger and because of that men start to

Mutate i love this explanation of him and probably he will tell you most deeper about that.

Ok..... I think you like that because you think we are the in charge.... Hahahahahhahah

Do u wanna talk about that now or later mr. Keshe.... Yeah now is not problem

**Transcript from 25<sup>th</sup> Health Teaching Workshop held March 31, 2015**

(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

Its scientific research of am laughing his head of in the back from the beginning he can hear it.

Its a scientific research which is done by the number of scientists around the world and that is why

Non European men are becoming less in hair less hairy and other part or different part of world have hair

And they conclusion has been that they wanted to see to progress of hair and a lot of hair by man has come

To be and only way whatever they research from the past bury of hair they could not find any hair because

Most of the hair is destroyed during the process of decompose. So they came out the only way can could

Follow up one and how man lose hair body hair , because different lives exists in the different part of

The human body and their remains stay in the place fro the bodies has died and conclusion of the research

Has been men has lost hair according to the emotion of the woman as they go the north part of the planet

Or the cooler part, body you call it human part the women like more physical touch or less physical touch

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According to how emotions can be carried and how allows himself cool the conclusion was the white skin

Orientation because cooler climates you would demand more attention from you partner, you don't need the

Hair because there is blanket so the men orientates towards losing the hair satisfying the female to give

More reproductive alter on generation or the we call it genes so there research concluded that we men

Decided to alter hair on men and this raise the huge question that how much men in charge of their own

Lifes... Which counts to nothing ZERO. And the origin of their skin emotion of the skin and how we

Transfer energy or absorb energy from the each other and that it. I think that's what alia likes about it

Because when it comes women decide of everything. Even thought us men think we are, may be we are the king

and as i was enplaning to power of mark is the puzzle of the key. You know you have a key right inside of

The door open the key go through the frame you are prime minister and you enter to the house and you are

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Servant to the madam. So either way, either way nature has shown the same way because in general the woman

Decide from the gina pool of men in the world. Who and how the best reproduction line will come from.

I was gonna ask what about the hair on women. Do men determine hair on women or do women determine the hair

On women.....aaaaaaa that is a very big question Mark. That is the biggest question Mark. Why women or more

Hair in different part of the body or just don't have and why we have different color of hair and what decide

Its all based on the emotion emotion sexuality and sexuality which is part of the emotion what is science

Of most of these. If you go to the videos of the keshe foundation five, six or seven years ago we have

A gentleman who start nosing the system because his condition was mainly was dictated by emotions.

When the emotions are set his wife was doing most of the redoing contagiously referring to his hair

Becoming black and having more hair. And in our research we have shown because we make some psychological

Cuts Switching effects the emotion. We have seen different hair color grown back to normal what is was color

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more Hair and in a way to emotional cuts reveals that color of the hair and the thickness of the hair. And

Density of the hair. So... We men we have hair you have to back to the origin of the life on the what day

Reference has been or in the generation have been and how the gene have sent in the structure ...

Women decided them self over billions of years to lose hair or to change hormones in a way to be more attractive

To different man don't forget the recent event now some tribes around the world men human being they are like

Animals they have no clothes to cover our self to cover our emotion to cover our feelings and the color of

The hair showed our emotion showed our feeling because that what Dr. Alia explained the skin is part of the

Brain structure so what we have done we have changed in partially the way we wanted according to what they

Wanted you fine the women who change the texture according to which man they are with.. As the same with men

Because the opposite side creates the different emotion with reacts to different texture scientifically we know



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Large number of women change texture of their body structure of body texture changes according in to the

Cycle of the month they are and secondly in how they feel in which part they are, this is same with men

So even the structure of the hair how and who the way we have hair is very much dictated than this structure

So ... Its not so much men who decide is so much women who decide on what and how and what they want to

Attract .....be seen this in our work in research in different ways ammmmm some men some women even

Change skin the texture in some part body according to the environment they are. They impact changes some

Body is cooking in the back ground in that part ammmmm they changes color and hair changes in so many ways

Now Their is a research that even true emotional part working on to heart you can grow hair in the matter

Of few weeks even for the bald men this this.. This is part of the beginning of the research here in the

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Which we will show in coming week or months because when you enter to the blood which touches the emotions

In the right order of the strength you change the skin skin texture and hair growth this is why sometime

When Emotionally people get emotionally shock we see part of the hair becomes white on the head or patches

On the skin changes color, its the desire to be and desire to reach we see emotion with the skin alot in the

Black who will like through pressure of psychological pressure of the society or hierarchy or desire to be

Different emotionally they start getting lighter impregnation of the skin. And this structure is very very

Clear in Africa where the white raise has been else was called masters and slavery upto time we see in

Black families all the whole family all the children are black and one child turns out to be blue eyes

And white skin totally white two three times while i was working and the first time i saw it saw a child

Between the door seeking his head out and i asked lady was with me who come is other looking at this normal

She said here it happens because generations pass... They ... They ..what you call it. There was a child or

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There was a white man with black woman relationship and now after generations we that white coming out. But

In some cases the child tries to be same as the family so we see some time darkest skin pigmentation on the

Skin all we see the children try to be white when you see patches of white on the skin. I saw this in Congo

Quite sometime ago because congeries have a lot of contact with Belgium people from the northern

Hemisphere and you see these things quite is not so regular so you see them in specific areas. So why

Suddenly these things happen how we change color and how we act to the color and we the color of the skin

Is the expression of the emotion and same time destructive what we want to be the people who have white

Recognition on their skin even in Europe you have white skin the normal skin its a kind of darker brown skin

With the whiter skin patches on the i studied this about eight nine years just before i go to Iran .

Because uranium scientist are deeply involving with these kind of things because of the different

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Environment in the country and one of the solutions doctors have found to bring the colors together and

Can Sustain time of to three to six weeks u don't get... U get the skin all looking the same its actually

Skinning the obogene and adding salt to the skin boiling it about 10 or 15 minutes and then you use a

Cotton ball and you just put it one the patches for a few minutes to the skin color you need and because the

Impregnation is natural from the natural material and because it carries the salt which is part of the structure

In the cooking condition that is the skin of the what we have the salt content on the body they just absorb

And Devote impregnation sacs the color of aubergine and stays there. So . You can change their color of the

Skin by just using this dark brownish how dark you want form the skin . What do you call it egg plant so we

Call It aubergine the structure of the skin is very much sealed vaccume condition creation which containing

What we call ganses solid matter with a gas outside this very much skin of the man is atmosphere of all

## Transcript from 25<sup>th</sup> Health Teaching Workshop held March 31, 2015

(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

Is upper atmosphere what we call the human body. Doctor alia showed us hexagonal shapes and different diamond

Structure shape on the skin infect if you go back to part of the neuroses pathic i think 54 or 55 and in

Other one i have explained how you have hexagonal shape clouds on upper layer poll of the saturn allow

Them gases planet because of the three dimensional tree layer of glands the rotation on the current flow between

The plasmas create hexagonal diamond structure because of the linkage energy in as we said straight line

Formation if you go back into the crystal production of the diamond structure i explain on specific

Condition that shape of the spherical shape of the plasma through the forces of the environment and itself

Internally according to plasma current flow dictates straight line of forces and that forces we see at the

Boundary of the hexagonal clock on the northern atmosphere. The same thing happens in the skin of the man

The skin of man has three layers of glandes of different densities and different [prismatic](#) gravitational

Magnetic flow so this hexagonal structure is due to decaff spheres of different densities prismatic

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(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

Gravitational Magnetic fields strength densities that laser creating of the shape and structure of the skin

of the man and there is no other reason because we have seen thin replication effect in structure of the plasma

Of the solar system and planetary systems when you look in time from this stern solar systems on the outer

Boundary of atmosphere you still see the hex-kanal structure same as Satuorn this is normal how the matter

Changes and convert from one structure to the density of the other. And infect the three layers in current

Flow between the three layers which we seen dr alia going to depth enplaning it it shows current flow in

Prismatic gravitational condition these densities of galaxies which need structure of upper layer we call

That our skin. There is no difference between the skin of the man in outer layer and the atmosphere of planet

And solar system is the barrier point. If you enter it what you can penetrate if you don't enter you are at

Bay it creates the resistance that bonces you off. It the same thing has we seen the disk around its a containment

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And its containment over many sphere has perfect itself to a time back structure what we call gas material

There is exact similarities but at the same time as the skin call it has to have a decision of his own and

Same time has to have a control respect to central control what we call the brain. That why as that dr alia

Explain on every inch you have upto 20 blood vessels coming towards because its part of emotional part

It dictates survival guarantee of the system we call the emotional part of the body of the man and its self

Makes decision there are so many time in so many ways up to now or the medicine does not understand why up to

10 percent sure skin burn leads to death. Because on the same structure as the emotion and the physical part

And it all connect to each other and else one decides as not enough to give as i explain in the brain section

That when the physicality and the emotional part separation or interact in opposite direction that the

Separation takes place that the physical death comes. As the skin part of the brain structure the same thing

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Happens the emotional cannot support the physical part what when body get the first degree or third degree

Burn that occurs. Because emotional part containment cannot support the physical part till separation comes

The neuro system of the emotional part of the body from the containment sits on the skin of the man.

The same way dr alia explain u see the same structure as with the kidney if you go back to section where we

Spoke about the kidney, we spoke about why kidney have that structure and the structure is same as is extracting

Emotional energy from the blood vessels which come back and to it releases it as your energy go back to teaching

Of the kidney the same structure happen with the skin, skin is another kidney work. Which extracts the

What body does not need in emotional level and as where the water added out to release it. thats y your order

Changes to according to your motion that's why you can smell to order with conduction with the sweat order is

Gas in the gas state diamond structure so your body does exactly the skin as the because in response of a



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Emotional with the release of the something. Its a kidney inside out. But at a same time due to the release

Of feel out it absorbs huge amount of energy in from this environment. And that's why i say 80 percent of the

Energy absorbs comes from the environment as much as your skin release sweat which is part of the structure

Of the release it has to come back in the ground this sweating is like magnetic field forces and you release

So much fields out the gravitational fields attracts energy back in and replace and increases charges differences

Externally and internally on what you squeeze in and you find precious and temperatures and energies and

Currents on when its slow down enough to prismatic magnetic gravitational field of electron motion of orbit

of one electron we measure as current. In fact energy absorb from the environment is in prismatic and its

Huge. So in tally what you spread out as your body sweat out that creates current flow in most of gravitational

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Pole which is created just not by the skin but all the elements inside the body of the man, because now a man

Body of the man internally intestine heart liver they create their own gravitational magnetic field be takes

Gravitational field stronger than the environment so that how we absorb energy internally towards our self from

The environment. If you have empty space next to you has no interaction it just gases in balance but now you

Body of a man which is billions of the plasma and gases state creating their own gravitational magnetic field

Now you why the skin is barrier not to allow what is not needed and allow out what is not needed. So this

Heavy mass of gas of body parts which is covered is sack of the skin has a greater gravitational magnetic

Field in respect the environment next to it. What does it do because its heavy mass absorbs field from this

Environment and that why you through the extract 80 percent of energy need of daily life. May be now that explain

To you why we only take up to 20 percent of the every daily in through food and air we breathe and rest comes

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From gravitational magnetic field strength in the body of the man in respect to this environment. Its heavier

Its stronger what does it do so, extract energy from its environment if it was not suppose to do it would not

Be same as itself there would be no need for skin to cover it. The heart the bone the intestine the foot the

mussels all these create stronger because of the density mas ratio in respect to the environment so what does

it do it have to absorb it has to extract energy. It you put in a vaccume condition total zero man will die

Immediately faster than the stopping the breathing instantaneously man dies this some places in universe is

Use for exclusion, what they call you when people want to end a life you don't do you cut energy from the

Environment of the life. In deep space when you come to vires which cannot be control you cut the energy

Supply to the area virus is a kind of high density field environment very much like the body of a man skin of

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Man you don't go a splades you don't use pesticides or God knows whatever or what you call it antibiotics

You do two things you extract energy from it or you cut of the line of energy from it then itself dies

Instantly so its same with the body of the man. If in the future when we can show not to create a life to an

end but in a position of being able to confirm the correctness in allowing to cut total creating zero field

Flow you will find out life ends out instantaneously faster than breathing. Because digestion takes time

Air few seconds environment because we so much depending on it its instantaneous this is silently execution.

But very rapid because the body of the man due to the mass containment layer of the skin creates like a

Potato jacket which has a mass, and it has inertia mass of plasma don't forget the word i use inertia is mass

Of the plasma this is very important because you have inertia mass of a matter but you have no inertia mass

of the plasma and this is applicable in space technology heavily you increase the number of elements in the

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Body you have a high density mass compare to the environment you have and because the structure holds to each

Other as a body of man so it means it has a central generational field force and if there is a central gravitational

Field force so it absorbs energy from this environment too and in that respect the skin size on a layer u have

Seen hexagonal shape what rays on what angle can enter that satisfy the need of the energy for that environment

And according to this we change the color of the skin. Dr. Alia went in depth in explaining about the chemical

Reaction but just look out the picture she showed you seen the structure of the formula she showed you see

A single nitrogen the rest is hydrogen oxygen and carbon that nitrogen gravitational magnetic gravitational

magnetic field is energy releases for the whole structure understand totality and then you will understand

How you absorb and how much energy you need to able to absorb in the structure she showed us she carries the

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Nitrogen in one point in whole formula you have oxygen which is balanced six six with the carbon eight eight

With the oxygen you have hydrogen which is single atom but in fact it is plasma which is releasing dictating

Its energy is a nitrogen which has seven structure which mean one nitrogen one neutron is releasing to much

Energy to reach the balance condition if that nitrogen neutron energy released at it by conversion what you

Going to get is isotopes of oxygen because now its eight if it loses that isotope then it becomes a carbon

Six six because the newest structure will lead in the prismatic molecular gravitational magnetic field into

Structure of helium and conversion to hydrogen so the main factor all link we seeing is the nitrogen exactly

the same what we see we call it centralization, release of energy in the dimension that energy can be

Absorb due to gravitational mass of oxygen by the hydrogen or be released by the hydrogen. Then you will

Understand why all the structure you have seen here today, how to allow how much energy enter the body and

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That is totally controlled by the nitrogen itself and orientation according to environment the radiations which

Passes through another nitrogen layer which we call upper atmosphere of the earth. That why we change the color

According to the position in respect to the sun. They two have a common denominator in what we call

Centralization we call energy release according to the neutron extract energy mass.. So if you look at the

Totality of it then we understand why the skin is connected to the emotion because it dictates what energy

Need to be absorb what energy needs to be released what energy is to be stored to used in the future and much

There is a shortage and that why we see the sudden reduction in the northern Scandinavian nations we see higher

Committed suicide rates because the right field which aspects the emotion and respect resistance come to this

Combustion. And when there is not enough there is no reason to live exactly like a sun burn exactly like your

Skin burns the ratio of the emotional part in respect to the physical part changes according to the nitrogen

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Level and then there is no reason to live. And then we see depression and we see some side effect with

Emotional stability and suicide. Understand totality because in deep space. The structure of how and how

Much radiation you allow to the what strength to flow with in the air craft what they call the sir ship

dictates the mental structure and stability and peace with in passengers if you control emotion of your

Passengers through environmental gravitational field which you release with in the structure. You want

Right just changeable matter through the skin energy expectation go up with the emotional changes and

You have you right you want peaceful what you call passenger you change the position structure of the

Field of the release by you reactor because goes back to what i explain in the program before and the other

Teacher. We have seen the change in the structure in family of the structure in India who came apart of

Pakistan huge beat full conjecture high energy dosage and the same families go to the Hindus and how they

Use the different structure of protein and vegetable. The same field structure in the space through the



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Skin will dictate the behavior of the passengers. It dictates the memory span of the passengers. To certain

Feel the strength through the skin you can create the conditions where passengers cannot remember whether

They come from the planet earth. Then you don't have missing home because then you have home to go back to.

This is what i explained to American aggression scientist that..... How we can take and change the

Environment of aggression of war that people cant remember why they are carrying a gun. We do not reach the

So much reach to the brain of a man we just reach to the skin of a man through the feeling to environment

Prismatic magnetic field. Its very simple but you have to understand how and why and how is that why you

Create different gravitational magnetic field which can effect the nitrogen level in the prismatic structure

In the amino acid as a gas. The more you have to release because the motion of the energy the more energy

## Transcript from 25<sup>th</sup> Health Teaching Workshop held March 31, 2015

(v1 2016-03-10) ROUGH DRAFT (Transcription has not been verified. Double check info with video)

And the activity comes but because emotion becomes aggression if you can reach a balance and system developing

By us here in Italy. We see some development in French in Chinese what you call it so-hail and other we are

Reaching a the point that we can measure exactly how to keep a man in a state where he did not expect. And

All is done through the emotion of the skin Majority his the time because when you go the emotional sensor

Of the brain and you already have to go the another layer of materials to show reaction emotion in respect

To the environment which is already outside. You feel the skin you touch the skin. You feel the touch

Because it is the right magnetic gravitational cleavage we call pleasure accept it. You enforce a field by

Hitting through the rapid increase of the energy what we call pain. Man has used to know the punishment

By slapping on his arm. Its emotional level on skin level just part of the body of the man. How this this

Has been built how many structure is seen us by Dr. Alia is irrelevant how the material energy extract from

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The environment absorbs and used that, what is counts. So, space we look deeply in the color of the skin if

The skin if you have numbers lets just say you have certain number of Africans, certain numbers of Chinese

Certain numbers of Chinese a certain number of non European you have to find out that you have to find out a

common denominator of energy that all three structure of the skin are happy to receive that you don't create

Aggression in Chinese pleasure of selfness in black and not knowing whether or not you are white. The reason

I chose structure today because we coming to an end, and it the most important this in contains all the

Element and organs we have talked about from the beginning of the session one. Through the energy of man it

Dictated how much energy is needed that you can feeding even energy being needed to consume the other twenty

Percent. But u have to know how you do it. Can't make flight just for black dark skin one for brown only and

One for you can see the white color only. The structure has to be understood by scientist how you use the

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Nitrogen structure absorption and release up the energy. Which is in every element of every amino acid with

The structure of the body of the man. Oxygen creates a gravitational field, nitrogen it creates the magnetic

Field due to extra neutron. The rest is in balance. But you have an element which is hydrogen in this balancing

The whole equation holding or releasing depending on its position on mass or rotation of the neutron or call

Electron as you call it or rotation of the plasma the speed of the rotation of the plasma. Which now we see

In case of phokosheema you connect the structure with the radiation and it links up but that energy get from

The radiation source increases the speed of the rotation lets say another gans. Its not that absorbs it dictates

The rotation and the position then you call it different disease in the structure of the man if you understand

The same thing. Look why certain people have different diseases under the skin why we use skin to express our

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Expression of how we feel. There is a disease that a lot of people know which is people who are heavily

Attention deficiency orientated. They want to have every think from every one. Whether they are called the

Leaches of the world. The want the all the energy because some where in there structure they do not find

Emotional satisfaction from getting from it one man of more. What do they do? They create a condition where

Everybody can see and get pay attention that they get energy from their environment. You see these people claiming

To be sick, lack of energy because just the way they live and only we see in them on their skin as their skin

As i explain we change our skin according to our emotional condition we see the shape of butter fly on the

face between the upper eye and upper cheek. We all know what this is called Dr. Alia can explain. Why do

You create a butterfly in front of your face where is everybody's first point of contact. Because you get

Attention. It mean psychologically you are a thief. So these are the last people you wanna travel in the

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Deep space because of the disturbed condition of the environment. You see them numerous numbers of the

Western board, they have red butterfly on there forehead and upper cheek, attention seeking and need energy

And respect to what you have done why is she got that thing on her face or him absorb. This the energy we

Start looking for stealing bits this is the heavier which absorbs attracts energy from the environment.

And in a way you claim, i don't have anything i don't have anything you get more and you get more. And they

Never Be satisfied and they will go from one behavior to another. A lot of structure of the skin of the man

shows The behavior of the man. The one which are our birth effects we cannot discuss the one that comes psychological

Defect psychological presentation you can see. When you are not emotionally happy with existence gas arises

And ankles the joints, why the joints the joints suppose to point out attachment to other peace you want to

be Detach what is bothering you. And then what do you do through the emotional psychological condition you

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Create different salt density in the middle of the of bottom layer. This salt content and the ceranity creates

Like wound. This wound creates soleness and then it creates attention and then it creates energy and you get

Skin growth rapid reduction on you joints and positional attachment to life. I want detach i dont want to look

To this part i don't need to be. Why do we may see the problem on the joint on the skin.

Excuse me Mr. Keshe this is very interesting time for this speaking work shop though. Would you like to continue

That or shall we wrap it up and get on to this.

Already, ok whats the time now. Time is 5pm i believe. Yes..... We start the Spanish at six.

No we start from five till six. The standard is the university closes at six so we can't go beyond six.

Aaaaaah ok no problem. This actually we have till six at total. We can go till 6:30. This day till opens

To 6:30. I see... Yeah...because i was just ahhhh.... This thing will change with the institute open ups

We will go till the 8'o clock. Yeah the other thing is we are getting organized but this does not matter

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We can... (We can have to)....delay by few minutes.. (Right).... No problem

Ok... So, are there any questions?

Well there are questions. If you want to address couple of them in next couple of minutes, there is one that

Running here about waves or moles about black spots on the skin. Can one determine the neurological issue or

Psychological problem from the position on the body... Of what???..... Of moles or the black spots

Aaaaaaa..... Not really, not according to what we understand,

So the position doesn't indicate of anything in particular as far we know..... No..... Okkkk

Is there any easy trick to keep the skin in useful condition.... Yes.. How many looking at us strangely

Yes. I think dr. Alia can tell you how. Can we have a quick explanation perhaps...

The younger skin is very well explained by Dr. Alia by her part if you understand how you can keep your skin

Young????? Maybe dr. Alia can explain lycian add to it... Are you still there alia... Yes i am still here



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But explanation is not so sure if you want after the next work shop just make workshop about the question

Of all the workshop...because that is sure you don't have a time now... That's true.. More get solution

Ok that makes sense, perhaps we should have a workshop for questions like this. I think we do this in the next

Work shop..... Ok ... The next wrokshop is just questions. Doctor Alia will answer all of them..haaaahah

Ok... That sounds good... Haha... And i get a day off....

Okkk.... Should we wrap up the workshop for now? Yesssss..... Why not..

So we go straight to the spanish work shop. Ok thats right. Thank you very much. Thank you indeed for your time

Thank you Mr. Keshe and thank you Dr. Alia kostova....

This is the end of the 25<sup>th</sup> health teaching workshop, The skin is the shielding defense system.

Thank you every body for attending.....Bye...!!!!!!!!!!!!