

## Transcript from 11<sup>th</sup> Health Teaching Workshop held November 21, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Transcript courtesy of Keshe Foundation New Zealand (KfNZ)

Video link: <https://www.youtube.com/watch?v=ce28lq7-h74>

Topic: Head, Uvula and Thalamus

00:00:00

Okay, this is the 11<sup>th</sup> Keshe foundation Health Teaching Workshop, and this workshop is dedicated to the head, uvula, and thalamus. We will be talking with Dr. Eliya Kostova, from the spaceship institute and she will be starting off and we will be listening to Mr. Keshe after her presentation. Okay, let's switch over to talk to Dr. Eliya.

E: Hello everybody, it's me Eliya from the Spaceship Institute. Today we start the 11<sup>th</sup> Health Teaching Workshop and the subject is *'the head and the relationship with the uvula and thalamus'*. The first slide is showing you a 3D model of the head, and what I want to show you with this is when we have modeling of the head of human being after making the skull and face bones, after that we have several entrances to the head.

Pic1

After that we have our eyes, our mouth, nose and two ears, and actually the question is; why do we have all these entrances to our head and what are the purposes of these entrances? The sensor organs accept information from the environment and transfer information to our brain. Why do we have that many sensing organs and why do we place them on our head?

It's because the main data centre is our brain actually the thalamus and all information from the environment comes through our sensors and starts to be transformed in specific fields in our brains. So regarding the differences between the different sensor organs, each sensor organ accepts different kind of fields from the environment and in a specific way, transforms the information about the field to the brain.

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Actually our eyes accept part of the spectrum of information from environment and transform that information into images and we have vision. Ears accept particular part of information from the environment and give us the sound, mouth accepts information through food and air inside and through the sensor organ tongue and through different kind of receptors in the mouth and give information to the brain of the fields in food and in air and water.

The nose accepts air and transforms information from air to the brain and actually we need that many sensor organs because in the beginning it was only one what we call the third eye, like Mr. Keshe said, but the third eye information from the environment has to be so much that actually not one sensor organ is not able to accept and transcribe and transform information to the main receptor for us which we call the brain. And then nature makes different sensor organs and separates all the spectrum of information to different level of organs.

So in that sense each sensor organ accepts particular sensor of fields from environments then transcribes it to the brain. Then the brain separates each area, and each area starts to be connected particular sensor organ. In that way particular areas of the brain accepts and starts to reorganize different information from fields and starts to analyze and send back the fields to the physical part of the brain who controls the function of our body. Actually because of that we have that many sensor organs. Then we go to the next slide.

Pic 2

So the next slide is your mouth, what you have in your mouth. We have a tongue, teeth, lymphs and two tonsils, and uvula, what we call the small tongue at the end of the soft palate. Uvula is "small tongue" in English and comparing with our tongue, they have the same shape, if you separate your mouth into two halves, the upper and lower is actually the place where cross lines in the middle of your tonsils, right and left you have conjunction of the maxilla and mandibular, this is your upper and lower jaw. Where you have the conjunction of two jaws, it is actually the separation of the emotional and physical part in the face area.

Like Mr. Keshe said this is your outside connection with your emotional part of your brain. And if you follow that line you will see the uvula is exactly in the middle. In the middle of the line between two giants, in between the lower and upper part of your jaw. So uvula and the tongue have the same nerve \_\_\_\_\_. Several nerves come from brain and \_\_\_\_\_the uvula and tongue in the same way. Can you please go to the next slide.

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Pic 3

The next slide is a cross section of your head and neck, and is actually visible for you, skull bone that top part then comes the sinus area, and then you see the soft palate and then end is the uvula. After the uvula you see the shape of your throat is actually like two kidneys if you see that, but actually this is the shape of your throat and in front of your throat we call the pharynx, and then comes the larynx, then go down to the \_\_\_\_\_.

I just wanted to show you the shape of your pharynx, and if you follow down you know the shape of your body in your chest and abdominal area. All the shapes like your kidneys in particular \_\_\_\_\_ model on the line. So you have this shape on your brain, your thalamus, then the bigger picture of the same shape is your brain then if you go down the same shape have your lungs, the same shape have your kidneys and then in abdominal area for women they have ovaries and for a man it's the testicles.

So keep in mind this same shape for the workshop today and tomorrow. It's important, all the shapes are on one line. Okay, then we go to the next slide.

Pic 4

So for that slide I want to show you the \_\_\_\_\_ of the tongue and the small tongue. They have similar nerves and the function is not opposite, it's completely similar, one is moving and the other one is moving. And actually through them comes most of the sensor neurons from two nuclei, nucleus ambiguous and hypoglossal nucleus. They are part of the glossopharyngeal nerve. See this is sensory nucleus.

See what this means for the tongue and the small tongue you accept information from the environment. But actually because the uvula is on the place where you separate the brain to emotional part. And how we spoke before that emotional part, the outside view is your chin, your upper jaw, your nose, eyes, and you finish if you remember when I showed you the third eye what is the back of your neck.

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So actually the uvula is the tongue of the emotional part of your brain. Your tongue is sensitive for the physical part of the brain, and with your tongue, you accept information which is more matter level for your physical part, and with your small tongue accepts the sense for your emotional part.

Actually you have two sensor organs for taste, for physical taste you use your tongue and for emotional taste is your small tongue. So the taste of life for your emotions you taste with your small tongue, and physical taste you taste with your physical tongue. Then when information comes in and your tongue accepts physical matter and your uvula accepts emotional matter then it goes to your spinal cavity and to your spinal cord go up and down to brain or to your body. So the next slide please.

Pic 5

For that slide want to show you again, it's a complicated picture for you, it's more medical but just see on the bottom is written, sensory branch to soft palate and tonsils, and in front of that is your tongue. I just wanted to show that from these two nucleus come mostly sensory nerves. Then next slide please.

Pic

With this slide I want to show you what we think about the jaw and the conjunction of the upper and lower, and how you see on the left picture what we call in Latin language the zygomatic bone, your skull, and then it connects with the lower this is what we call the mandibular and actually this point is what we call the maxillary and mandibular, it is your outer part where you are able to interact with the emotional part of the brain.

And actually if you want to connect physical part with emotional part you're supposed to apply the devices to that part of your face. This is the outer part that's connected to two parts of your brain, the emotional and physical. When you go to the right side of the slide you see how on the same level is placed your soft palate and your uvula. So actually they are on the same level and I will repeat again, that small tongue represents the emotional part of the brain.

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Actually it is the receptor organ for your thalamus in the mouth. They interact with each other. So the uvula accepts information from the environment, and sends information from the environment and connects directly with your thalamus. They are like Mr. Keshe said, twins. Okay, the next slide please.

Pic

With this slide I wanted to show you that just the shape of the thalamus, we have the right and left side of the thalamus like left and right part of the brain and actually the thalamus has anterior part and dorsal part and how you see they are so similar to the uvula but in opposite direction if you compare side by side pictures of your uvula and thalamus.

Then the right picture is again the shape of the thalamus, hypothalamus and olfactory bulb is the sensors to your nose. Olfactory bulb is like an extension to your brain and accepts information from your nose. And actually you see again here the repetitive model of the kidney shape of your thalamus. Then we go to the next slide please.

Pic

Okay so the first one is a cross section of the front and back and the second one is a cross section of the right and left. So you see, your tongue is in the middle red one muscle view, and on top of your tongue is one small red spot is your uvula, and actually if you measure the distance between the number two, your thalamus, if you connect the two number twos with the middle the red spot this is completely perfect triangle.

If you follow the \_\_\_\_\_ sequence you are able to measure everything inside of the skull you will find the sequence everywhere. The right side you the cross section left right, your thalamus is in number 8 in the middle of your brain. So if you just connect thalamus with uvula, uvula is extension of letter H, and then on the same level is your conjunction of your upper and lower jaw. Actually the thalamus and uvula are on the line. Okay, then we go to the next slide.

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Okay, I just want to show you that the uvula has different shapes, it is interesting why we have different kinds of shapes is actually how we accept information from the environment in different ways beginning with the uvula positioned on the left side of the mouth, then in the middle we have a long uvula, and then we have a short uvula, a thick uvula a double cone uvula with different shapes of these two cones. In the middle of the double cone uvula you may see the cancer, so why do we have cancer in the emotional part.

This is an interesting question and you see erected uvula and in my practice I have seen in the emotional state, the uvula starts to elevate. It's like an erection. These are interesting questions, which I hope we are able to understand after Mr. Keshe's explanation. Okay, that's all for me for the anatomy, if you have any questions for me, okay, if not let's hear from Mr. Keshe.

Thank you Eliya, that was an interesting presentation.

Okay, any questions?

Can the size of the uvula change?

Yeah it changes.

So it's a dynamic organ?

Yeah, it's a dynamic organ and so sensitive actually.

Yeah so for example, when I sleep in certain positions I snore, but when I wake up I have my uvula is very large, I can feel it against my tongue, so it has expanded. That's probably due to the snoring but I just wanted to see if it was dynamic.

Mr. Keshe said to ask where have you been in your dreams? It's because of your dreams that you have changed the shape of your uvula. This is to you from Mr. Keshe, remember where you've been in your dreams.

Okay, I'll have to make note of that because I don't remember my dreams.

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It's because it's an emotional sensor so it reacts to your emotional state.

So when we are dreaming, we can have a way different emotional state than when we are awake?

Yeah, of course.

We are sleeping only with our physical body, our emotional body is not sleeping.

You've got to realize that sleep is for physical part, emotionally when you are physically at rest and you create less information, the emotional does not go to sleep. Sleep is a habit of the physicality. So what happens when you go to sleep, your emotional part still sends information to your physical part.

Do you understand this better? When for example in your dream someone is trying to strangle you, you want to breathe, the physicality, even though there's nobody actually touching your throat, you gasp for air, you wake up in a panic exactly as if it were happening in reality because you receive the information exactly as is from the emotion part even though it has no access to it. It receives the information in plasmatic form.

So you are in the state of fear but in fact there is no reality we sleep and we expect nothing just because our eyes don't, and we lower the receptor level for our ears. We have finished there is nothing there, the soul of the man never sleeps, and because it never sleeps the emotional part is always in the process of receiving. When you go to sleep you have not understood the problems of the day or night, you tend to let the physical part sort out the problem the emotional part could not.

When you don't speak your emotions to the person who has given it to you, you try in a way to speak through your tongue in your sleep, which uses your uvula. There is an old saying that says I laugh for you not to see my fears or my problems. The face laughs but the problems are

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in the emotion and our physicality has learned how to hide behind a lot of problems, then when you're asleep, your emotions are just as active as when you are awake. And that is transferred down into your uvula, or in some cases it's transferred down into your side.

Just because you close the curtain doesn't mean the nervous system isn't working in the background. So if your uvula is bigger when you wake up, you have to find out what's in your emotions that you don't speak. The position of the uvula is a twin reactor to the thalamus one is up one is down. If you remember the trinity, we have a North Pole connecting to the south. We breathe, we smell, we taste the food, we feel the environment which effects our emotion. In so many ways the tongue tastes the food, the uvula feels the food, and that feeling is transferred back to the thalamus to connect it back to the soul of the man.

This is very important, when you connect with your emotions, you will find out you can digest different foods that you could not do. It's very easy, when you fall in love you eat foods which you never ate before. When you eat the food you satisfy the emotion, which sends the emotion back to the heart which is of the same strength as when you fell in love with the person. That it connects up, you say, "I didn't use to do this, now I can do this."

A lot of people they are pregnant, they go and eat soil, they eat wet soil, they chew soil. This gives them a connection, its not the soil, it's the emotion that's carried with it. Information from the soil, what is short, what is needed to be done because man comes from the air and protein but man becomes a body with the material from the earth. When a woman is pregnant she needs the material which is short from the ground, from the earth to make the physicality of the child. So we feel from what we put in our mouth the connection that is needed and then the thalamus in turn informs the physical part, these are the things which are short, this is what is needed. So your tongue transfers energy into the physicality.

The tongue is made of different tissue, and the uvula is made of soft tissue which is the emotional part. Then if you look at the shape of the uvula in different people, you can very much see the characteristics of the person, I do this quite often. Through the shape of uvula you can see the behaviour of the man. You can see schizophrenia, epilepsy, Alzheimer's, the position of it, you can see a problem in the future. So we have ignored twin system of the emotional part of the brain. That's why a lot of doctors don't understand the use of this thing.



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Maybe for the first time we can understand. If you look into the size of the uvula, it tells you how much you can trust a person. If you look in the throat of a lot of people with epilepsy, you will find out that they have a long uvula. The uvula of people who have uncertainty and they are trying to find their position in their social life. You hear them go like “noise” it’s just like what’s my position, where do I feel, I don’t feel comfortable. Then sucking on the uvula happens with a lot of people who have epilepsy. What they do is they suck this longer and longer, that emotionally, this piece physically touches the throat to create convulsion, and they try to drag this piece down with energy, which goes to the emotional part, the thalamus. And you can...

Start time: 1 hour 3 minutes 21 seconds.

11<sup>th</sup> work shop

Just off the wall, we eat the spaghetti Bolognese which means it’s got the mince meat in it. In Italy, it’s unheard of. Especially if you go to \_\_\_\_\_, they don’t even use meat in their spaghetti. What happened? At the time, when the Italians started going to the west, meat was a luxury they could not afford, they could not reach, in this country. When they arrived in the west, in America, there were buffalos everywhere. To satisfy the need which they did not have, they added meat to receive the fields which were short, which means only rich people could eat meat in the West, in Italy.

Adding meat into the spaghetti, two proteins together at high level satisfied the position of the \_\_\_\_\_, do they call it? And the emotion. And the status of food. And position in society and comfort in the emotional part. This is very important, a lot of people don’t understand how we change the culture of the food and when as we change the culture of food to satisfy the emotion, we have chosen different shapes, different colours, different heights.

This is what I was explaining in our trip to knowledge seekers. Why men are becoming different heights? And they are becoming taller and taller. It’s the same process. We don’t want to breathe the air that others breathe. So we go slightly higher. It’s just like the trees and the leaves and the shops. Because that way, we breathe in air which satisfies our need to be in a hierarchy. It seems we become like a tree. 10 metres tall.

And these are the part of the processes because you can see now this is very clear in the Chinese sub community. In the Chinese community, if you watch them, the ones who are in

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China, and become affluent enough to be able to eat McDonalds or hamburger or have that kind of lifestyle, they satisfy the emotion that they have to be higher. You find the children of this community, now, are becoming very big, springing up.

It's not so much that they had more protein. It's just that the hierarchy status that does not exist, that is not satisfied through the food. And the emotion. And with that, they stick to higher because then they can see the difference. This little bit hanging in the back of our throat has a lot of influence in the behaviour of man but by looking at it, you can see through them man without looking with your eyes. ...Any other questions?

There is a question from Eric. He's been itching to ask for a few workshops now actually. And many people have this same question because of our problems with our teeth. And it goes back to, you've mentioned before about eating cheese before bed, which helps teeth. He's asking, which is the component? How does it work? And can it fix a tooth that has a cavity or is damaged?

Go into the dental books and read it. In some cases depending on the texture and the quality of the tooth in which it's made of. It just changes an enzyme in the mouth. Eliya says its pH – But it changes, you've got to look at what is released and the reason we release the liquid which allows us to neutralise it with the cheese. There is something I've been wanting to say for a long time, for the parents, and I keep on forgetting every Friday.

No the chemicals in cheese neutralises the enzymes which causes the decay of the tooth or allows the sugar to develop or to be used. To create hydrogen on the skin so that it can open up. You've got to look at why sugar is damaging to the tooth? If you are looking at the sugar in the stomach, you open up the CH bond in the mouth, because of the presence of this chemical. And as you understand, hydrogen is an energy supplier. With the protein the mouth creates, allows to deliver a high saturation of energy at the point of the tooth.

So, what happens, the molecules on the cells open up. If you understand the process of the tooth decay, how you can literally destroy or open up such a hard material in a very simple way. This gives you an answer on what you can do to cancer tumours. It's the same process. You don't deliver radiation. You deliver a plasmatic field. And that's why the tooth opens up and you call it the decay.

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So, with the cheese, you reduce the possibility of the sugar to stay around. To be able to deliver energy and cause what you call a decay. But in fact, it's delivering high energy. You take sugar to release this energy and the plasma into your stomach to receive it very quickly. Now this energy is released at another level with the structure of the tooth. And now the enzyme which was in your stomach is now in your mouth and does the same thing. It creates a condition.

Shouldn't the uvula be able to figure that out? Are we eating the sugar to satisfy the uvula?

No. Eating sugar to satisfy the energy need of the psychological part to the stomach. A lot of people that are schizophrenic, because they have to support one real body and one imaginary body, eat a lot of sugar, because brain uses too much to operate. That's why you see people with psychological diseases or problems, especially schizophrenics, are high consumers of soft drinks like coca cola, because the instant sugar satisfies the two partners within the same body.

As I always say, schizophrenia is not a disease. It's the understanding of the presence of two entities, two souls within one body. As we see the twins, we see the two bodies. But unfortunately, in that case it's the same soul. You can even, it has been tested with a lot of schizophrenics, there is a problem with one food. They love one certain kind of food before the appearance of the second character and afterwards. Because they rejected the person you know, because this is something the other one likes. Afterwards they would be separate, so you would use it, because it creates a different emotion inside the body of the man. ...Any other questions?

OK, if there are no questions there is something I would like to bring up today because now it is in public, and it is better to be heard at the foundation teachings than outside. We have to inform you unfortunately with a lot of sadness and a lot of regret, that as you know, we said that I was poisoned.

There were people who wrote about that I was poisoned – the people who were the supporters of the people who were poisoning us. The papers that were used were what I use to write with. And that's where it was laced with poison, have been tested by an independent laboratory in the country, and we received the results today. Rick is in the possession of the papers.

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The papers that were in front of Mr. Skelton, show 34 more times than legal limit, arsenic. Documents have been passed on to the federal police Interpol and enquiries for attempted murder has started. The water content shows 1.9 nano gram, legal limit is 10. The clothing was which shows arsenic shows 2.2. 10 is the limit. Arsenic, 340. So we have to inform you. And the documents of the laboratory reports are available as we saw the poisoning before.

The papers, and we have to say since the day my wife was poisoned, we have not seen Mr. John Skelton, on the premises of the foundation or any contact with the foundation. There is no accusation. There is no finger pointing. But now, as we have 100 percent proof of arsenic contamination, and the papers are in the hands of the press. We have released for reasons known. The attempted murder enquiries for the attempted murder started officially. So, the documents of the lab report are available.

And the people who have been the supporters, for each other. I will start trying to say don't talk about saying you will poison. We are fed up with it. Because these were to be benefitted by the behaviour and activities of the \_\_\_\_\_. So, what we have to say is unfortunately now we have 100percent proof, 34 times more arsenic than maximum legal limit allows. And strangely enough, these papers were, as I mentioned before, said at the position, with unknowingly why, and where Mr John Skelton was sitting. So we leave it.

There is no accusation, there is no pointing. Nobody has been in this room except knowledge seekers. And the fingerprints from the papers have been passed on to be analysed by the authorities. It is rather unfortunate that with this position, if proven, the warrant for the arrest for Mr Hasbeck, officer of the Belgian police, Mr \_\_\_\_\_, and the present and the past King of Belgian will be charged with attempting to murder a family as a whole. Then, if you like, because we have passed the papers to Rick, to be \_\_\_\_\_.

It's already been released and you can see it. So, if anything happens to Mr John Skelton, to Mr Hasbeck, to the police who have \_\_\_\_\_ are of the Belgian. These are all pre planned. The investigation has been passed on to the Iranian ambassador embassy in Iran. As an Iranian citizen, we have requested cover by the Iranian government and attempted murder of a scientist and his family.

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You can see the papers and the report of the laboratory and the rest of the laboratory. This is done. This is public information. So as we can see the claims and the pains and the deaths which went through the hospital to die was not just a joke for others who were trying to cover what the others were trying to do. And were promised positions in the Keshe foundation if they support the move. Now, as I say, from now on this is an attempted murder enquiry. 340 times the amount of legal arsenic. Any other questions?

Was it John leading separate from the other guys?

We do not say anything. Please do not go into it.

Maybe their apartment was contaminated.

This is an attempted murder enquiry which is now in the hands of the Interpol. The Iranian forensics will move in and everything will be on the official level. Because they can create a pack, because there is no fingerprints anywhere. We don't know explain, we don't accuse anybody. But this is exactly where Caroline touched the papers. Because each one always, more or less, sat in the same position. And so now we have full proof of attempted murder. By poisoning, as I said.

And as I said this morning, when I received the report, and I thanked Dr. Eliya for her support, and diagnosing it so rapidly. And with other doctors, they thought it was a joke. Now we see what a capable and competent doctor is in our team. Now we will look for \_\_\_\_\_ and how it's been brought in. Because Marko and Caroline showed the signs for Donatella poisoning. Now the poisoning has been started, there are other poisonings in the house that we are aware of.

And that's when we've got a hand of what's to be done. So we close this case now which is going to be an attempted murder enquiry. By whoever they are. And the rest is for the warrants to be issued and whether it's going to be legal. Any other questions?

The Donatella, that's nitrate poisoning is it not?

Yea. It is. It's been diagnosed by Dr. Eliya to be given to Caroline as well. What has happened, this is what I'll tell you with regards to the thalamus. This is what I've been teaching you about

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thyroid and parathyroid gland. What my body has done due to the process, has converted one atom, one elementary process to another. In your body parathyroid glands, transfer, for example, phosphor to calcium when it's needed. But having a condition of not wanting to die, or not being in a position of accepting it, the parathyroid gland has converted the arsenic into a material which can be stored in the body. And that's why the initial high metal poisoning which came from the laboratory in Germany which was done independently from the foundation confirms the high levels of the materials which are not supposed to be there.

Somebody said, because you touch batteries there is a high level of zinc. These are the terrorist people who want to talk this way. Because Eliya can say it's so low. There is actually negative zinc. She confirms it because she received the report. So what has happened, the process of conversion by the body has been to convert the arsenic into heavy metals. Not to damage to cause the death.

So, now we understand the process, we understand where we are. And this process has to stop. I have requested, and we request again for the European space agency to suspend Mr. Hans Bracquene from the position until murder enquiries have been completed. Because, a number of scientists around Europe are in the same position to be murdered by him and his organisation. He should not be sitting at the head of the European space management.

I received a direct threat to be murdered by him now to the Belgian government. Now we have the proof. This is the fourth attempted murder by Mr. Hans Bracquene, as one of the managers at the European space agency, and now it must come to an end. How many more scientists have to be murdered by one man because he needs what he needs to get.

We have to tell you as you know, Mr. John Skelton has told us that he knows what is going to happen to us. He told us that he knows. And he knows other scientists in Belgian and Poland who are under a side order for motorway and being shot in the head. Though we could not bring the person who was\_\_\_\_\_, then we asked him, go back on the teachings of the past. And himself, confirmed to the students in the institute, of his activities in Africa. Why he was kicked out of the institute, for terrorist activities.

We have not seen him from his southern departure with no excuse from the institute. So these are the enquiries he has to declare to the Iranian Interpol. To the government officials and the Italian police. Now we can carry on accepting new students into the institute, the way we

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planned. And we're set up to do the degrees and the masters and the others in the appropriate way. The only damage that is done is to trust to teach openly, and it's your loss. Not us. As Dr Eliya said, when you are here you learn every day because you on the internet and the skype you don't learn. And now this is a lot of teaching for a lot of people.

I go back and talk about something we received regarding the American military. We welcome you here to our institute. And we teach you the same as we taught to the Iranian scientists. The doors open to the \_\_\_\_\_ committee or the \_\_\_\_\_ committee, or any of the officials in the different ranks of the American military. Maybe with the knowledge coming to you in the correct way, we all can have a peaceful time as we planned.

There is something that is important and today I brought it up because what happened in the teachings of yesterday, in what \_\_\_\_\_ showed us. If you have been on the livestream in the past week, we saw the system at 12 \_\_\_\_\_ point 4. This is 12 kilograms, 400. At this moment we've passed 14 kilograms, 80. So we have gained 1680 grams. I explained to the scientists today, to the knowledge seekers, because they stopped teaching from here today for the first day, explaining things, as we received more people for distribution of spreading the knowledge.

You've all been looked for the weighted option. And I keep telling you to look and understand different things but you are not ready. Now that \_\_\_\_\_ has shown it, I'll explain to you now to show you something new. The something new is what you've been missing. We go on camera, then you'll understand in drawings. Give us time, it's opening up. You see the paper? You have it on livestream? Ok. So what I'm going to do, I'm trying to see what you see..... I will tell you who is here.

You can hear a new voice in the background here. Let me tell you who is with us today and who has been in the foundation the last couple of days. In the system which we have shown up to now, we have a table and we have a hanging basket. With the scale showing 14.2 kilograms. In this process and past week, and the past 3 or 4 weeks. We started from 10 or 11.1 back to 10 and a half and back to 13. We always looked at change of the mass. And I referred to it a few times. In fact, what you see, s the body of the material or the frame increasing by let's say, 1.5 kilograms.

But, what you all have missed, now that Vince has opened the book on movement of making free plasma, is that if you did not have the load cell and the system was not looking to pull the

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load cell up and down. For example, the unit would have been sitting at this position. By increasing the weight by 1 and a half kilos, in fact, the cell should move to this area. This is compared relative to the earth's level. So, if you take the scale off, the load cell off, and you put a spring hanging from the box, position A was the original position for hanging. And if you will have escaped it on the background, position B, is the new position. So, what you've been looking for, increase and decrease of the weight, is the new positioning.

Now, for the first time, I explain this today because of what happened yesterday. And Armen was going well. I explained to him, he has already flown. You looked for the weight. But in plasma technology, we are looking for positioning. So if the reference C was the ground, he would've come 20-30cms closer to the earth. This is what now you understand, flight position. All of you, you have seen the system going up and down. You will find a new position. You will see a gentleman checking again.

I will introduce to you who he is, he can introduce himself. What's the weight now? 14.12 kgs. When we came this morning, it was 13.88. So, this is how the magic show opens up. Now, we are setting up a new system. We put the new system on a spring. And then you see how the position changes. You go further or closer by the weight you create. SO, in so many ways, the space technology is open. So, as we create the system, we don't add any weight. The weight is created by gravitational magnetic field by respect to the position of the earth. Now the system is 1 and a half kilo heavier.

It's like, if a dog comes sit on you on the mattress, the weight is heavier do the mattress goes deeper. Or if you're sitting on a chair and someone comes and sits on you. So, now we have someone coming and sitting on top of the system, 1 and a half kilograms. And as our \_\_\_\_\_ said this morning, there is nothing changed in the atmosphere. They've been here two days. They've seen the change. So, if I put the reactor on the spring which can hang, and we mark it at zero where the weight is in respect to the body. And we turn the motors on. The position would've been 1 and a half kilos heavier, as you see the weight. But it would've been so many centimetres closer to the planet.

So now you've seen how you've been blind to what is in front of you. The space technology is open for public. It's you who now has the new technology which Vince showed yesterday. How and where you want to put your position in respect to the planet. So, the reactor you see now will not be on a weight scale, it will be on a spring. You'll see how much it comes down. How it



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finds its position in respect to the earth. So, you've got to realise that from yesterday, more or less, we opened the space technology in a very rapid way.

And as I said, we have achieved our goal of \_\_\_\_\_, 2014. If you can, without doing anything, increase the weight of the matter. And now increase the weight and make it 15 percent heavier. And now it's going up, we don't know which way it will be. If you were to put it on the spring, let's say 20cm from the planet surface of the earth, now it would've landed. So, now the space technology and the spaceship institute is open. And I would like to give our deepest commiserations to our friends at NASA. We warned you about 2014, we'd bring it to an end. It's officially ended. ...Any other questions?

Yes, I have a question. With that system that you showed there, would it be necessary to focus the \_\_\_\_\_ fields on a celestial object in order to go up, in order to attain the positioning, to go up. To focus on a star or the sun?

Yes, I was explaining this earlier this afternoon. At the moment, on earth, you have a satellite positioning. The satellite position has no value. But as you know, when I met with American officials, I said you've passed your country without you ever noticing it. You cannot follow the curvature. The easiest way is to follow the moon as the attraction repulsion. And you go back down to the position where you want to be. As I said, you look at the speed of 26 times the speed of sound of transportation.

One of the problems is you face is you depart the atmosphere in an angle and you arrive the atmosphere in an angle. So its much easier to do that than to try and keep to the curvature. And you use the moon for internal earth activities because wherever you need to be, you can always find a position of reference. Or you can see the satellite in the systems. Mars, Venus are too far. And at this moment, Mars is too far too.

Maybe in 12 months' time, we will do this one too. Because the position you find is the position where you want to be. And as you go out of the atmosphere, you come back. It's very much like a jumbo jet system. Propeller engine needs to be closer to the earth because they need air to disposition. Jet engines need to be higher because they have to burn the fuel. Now, with this technology, we go beyond. Because we need time to take them back.

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You see now there is a time, you understand to \_\_\_\_\_ is 20 minutes. Most of it is in take-off and landing. Now you understand how easy it has become.

OK, I have a question about that quickly. With this system, would one be travelling in straight lines, in terms of if you're orientated with the moon?

Would you like to be seasick?

I guess you wouldn't want to travel in curves at that kind of speed. IS that what you're saying?

Sorry about that. We had to move everything next door because of the poisoning. The thing is you've got to remember, as you have created a new gravitational magnetic field within the structure of the frame. This now has its own entity. It is independent of the earth's atmospheric conditions, to know any others. So, to know and continuously maintain 1G, weightlessness travel is zero. So, now that you're inside, you try to rock and you fly everywhere.

So, the difference between the spaceship programmes now is that you constantly keep at 1G. 1G is the characteristic of the plasma formation. Where, at the moment, with the space program you in a vacuum. You have what we call weightlessness. So now you have to consider, if you shake the centrifuge with things in it. What happens to it is more or less what is going to happen to you. It's better to go point by point than to go strength by strength.

Something very interesting happened yesterday with Vince. What has formed, is the backbone of the space technology transportation. You use different densities to achieve different gravitational field differences. In the space technology of the future, you do the same. You choose the softer first, and then you go to heavier. Or, if you prefer fast travel. You go heavier first, and then you go to lighter. In the magnetic field plasmatic strength.

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So, from here to the moon, you go all the way, as fast as possible to get near. And as you get near, you reverse the gravitational magnetic field to send them back to earth. In a way, you create a break. And this is a break cylinder. We have people here today which have seen this operation that understand. That hopefully we start collaboration and start developing fully computerised programs for system control. I said this is a \_\_\_\_\_.

And the people who are there to come in and walk in themselves. And we met this gentleman last Monday, we met you. And showed me a system, and said this is a gift God has given us. The have all the knowledge to be able to develop the software and hardware to have system control of all the systems. Would you like to introduce yourself or do you want to stay anonymous? You can introduce?

Yes.

Can I say your background so they know who you are?

Yes.

I have to explain to you he's given me the permission to disclose. And you know why this is and who the gentleman will be. This gentleman has been a partner of the original apple technology. He's the gentleman who built the first hardware apple, too. Italian and his son, it's a pleasure to have them here. With the collaboration of production systems for European section. As our understanding, as we've come to know, we don't sign papers or documents. We agree as our worth. This is our \_\_\_\_\_.

And this gentleman, we met last Monday in a meeting. That's why we were away. And we've had several meetings. He's come to the centre yesterday and today to hopefully understand part and full of the technology of what is involved. And being part of the original apple hardware program system. He understands what is needed. And as a professor, he carries enough knowledge to be able to bring the software together for controlled system of the flight. And I welcome you to the Keshe foundation family. And I'd like to say who you are. You better introduce yourself then.

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Good afternoon to all of you. And good afternoon here in Italy. My English is not as good as Mr Keshe's English, but I will try to explain to you our activities. I've been involved all my life in electronics. (Incomprehensible sentence) I had the possibility when I was 20 years old, now my age is much older than 20. So I started my activity in electronics when I was 20 years old. So, as I was saying before, when I was very young, I discovered fortunately the existence of light emitting fields. Because I made a pollution counter by the mistake of one transistor. And I verified that it was not light emitting from the junction.

I thought I had broken the transistor because of the reversing action but I repeated this test many times and every time there was light so in that day the light emitting field was born. That now we use all around the world for lighting systems. So after this I worked in different fields and telecommunication research laboratory in the university. Then I was a teacher for electronics and for many years since we had one international group that is involved in renewable energy equipment production And also we \_\_\_\_\_ medical tradition.

We developed some totally new technology that Mr Keshe has referred to before. For making non-invasive tests for all the parameters of our body. The first equipment which we named Elysium 1, makes 300 BO of all the chemicals of our body in one minute without taking blood or other organic liquid. So, as you can understand, this significantly improves the quality of life. And money to spend to develop a complete and clear picture of your body.

The second equipment that is named Elysium 2, had the possibility to make the equivalent of magnetic resonance image and not only this, but in the images of the different organs of your body the equipment software shows to you the different parts of the body and in which condition they are in. If they are working properly or if there is some inflammatory activity or if there is cancer.

After this, the equipment has the possibility to test, to offer to you a list of normal chemical drugs that are on the pharmaceutical market and you can verify, you can make a test, of the effect of this chemical on your body. So you can verify if taking this chemical, the situation of your body will improve or not. So you understand in this way, you won't have a risk for your health but you can start to make the pathology of the chemical being sure since the beginning that you know the result. There are many other possibilities of this equipment but we will have time to speak with you next time.

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The third one that is name, Elysium 3, is equipment that has the possibility to solve your health problems by frequency. And this also, is a new chapter of medicine because you must understand that until now, to transfer information to your body was necessary to be a chemical carrier because the energy will stop at this level. So now you need the chemical carrier, before we had the host carrier to go around. After this we had the plane and rocket and so on. We change in relation to technology, we changed the carrier. But the purpose is always the same, to realise what we have in mind.

So speaking from everything, we have in mind to help our body stay in good condition. So, till now, we used the chemical carrier, but now the technology allows us to transfer proper information by waves. And so we can sell the obsolete carriers.

Speaking with Mr Keshe, fortunately we had the possibility to meet. And it's roughly one week that we've spent all of the day and part of the night discussing to arrange a beautiful cooperation. We are discussing together the possibility of using all of these technologies in his program. And really, since Monday, I had the possibility, the fortune we can say, to change my point of view on life and many things through the program of Mr Keshe. And we've been here since yesterday, we agreed, Mr Keshe explained to us all the technology. All the parts of technology.

Now we go back in our laboratory production line and we will start to apply all of this information to create something that can help all of the people because our first interest is to create something for peace, for good health, for quality of life for all the people. Thank you. My name is John Franco. My students say professor John Franco but I am John Franco first.

Thank you John Franco. That was really great to hear. Does the devices that you're talking about there, are they along the same line as the R\_\_\_\_\_?

Can you repeat, please?

You were speaking about the frequencies in the device able to help with health. Is that in relation to the Professor R\_\_\_\_\_?

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Yes, R\_\_\_\_\_. I am a professor of technology. I use the work of other specialised people and I apply in electronics. So, exactly what you said before, we took the authorisation and the copyright of all the work by Professor R\_\_\_\_\_, and we inserted into the database in one hardware and software equipment, that starting from professor R\_\_\_\_\_ database created necessary waves and energy necessary to transfer to the body the proper information related to the Professor R\_\_\_\_\_ frequency.

Thanks very much. Because I did some research before about Professor R\_\_\_\_\_ and it did make sense. But I found Mr Keshe so I went further I think.

OK, we consider this is only the beginning. But we are making official trial testing with government hospital and with authorisation ministry because we like to proceed 100 percent inside of the law, international law. And what I can say to you is that I have made this equipment with my hand and that every time I use it with him, I see immediate result and I'm surprised at how properly this works.

Yes, it is very fantastic. Especially when it brings knowledge like R\_\_\_\_\_, into the same level and goes beyond it. To explain that, I think R\_\_\_\_\_ was looking at a plasma frequency. Looking at being able to help in healing that way. So that was just my own thoughts, my own understanding about Professor R\_\_\_\_\_. But since coming into the Keshe foundation and finding the information from Mr Keshe and going to the position we are now with just this little rotating reactor. What Mr Keshe and the knowledge seekers are doing at the spaceship institute. It's come a long way. And there's still lots to go. No doubt about that, there is still lots to go.

I think it will be an interesting merging of technologies because as Mr Keshe often says, he doesn't use frequency with his observations of plasma and so on. But at the same time, maybe frequencies are indicator or some sort of way of measuring the plasma, you might say. So it will be interesting to see how those ideas merge together.

Listen, I understand your position. And I need to explain something more that is related to the words of what Mr Keshe has said before. The point is this, as I explained now, we created this electronic combination of hardware and software digital equipment. This equipment is now related with Mr R\_\_\_\_\_ database. But this can be related to any other database, his for example of Mr Keshe. So there is no limit. The technology can accept with any project. So in this moment we use frequency, and we had before we had \_\_\_\_\_ to go around. The transfer

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system and the control system that we had in our hand as Mr Keshe explained to you before, can be used normally with some adaption or change in the project. It can be used properly also for his project. I hope that I am not wrong.

Sounds fascinating, we look forward to it. Mr Keshe, I was wondering if Professor Franco could be in the Italian workshop perhaps which you might want to announce as well that's coming up.

This is to be sorted by the Italian Keshe foundation. Italian Keshe foundation has been formed, and they will announce themselves, next Monday, who they are. It's our first Italian Keshe foundation workshop. They do it every first and third Monday of the month. Second and the fourth is the Chinese Keshe foundation. The most important thing, you understand, on this talk with the Professor, is that the knowledge is simply shared unconditionally. And this was the purpose of the Keshe foundation.

They came here, we opened the doors and we showed them everything. And we asked them to film everything they understand because they have the authority to manufacture. And they have already started ordering and manufacturing for the parts to be done here. But the most important part is that one of the reasons I've been studying these research for a long time regarding this system but it wasn't satisfactory. I've seen the result of this work myself in the past few days.

But what is important, as I said, we will take no doctors or no nurses or medicine with us. From what we can see with the technology and the hardware, which is in position with this company, is the diagnosis. Which is what was missing in the foundations work. And now, the R\_\_\_\_\_, technology which uses \_\_\_\_\_ electrons, as we discussed in our meeting up to now, we will make the systems which measure the plasma. According to the technology we understand. So, it's only the tool and way of detection will be different. And that's all it's going to be. Otherwise it will be the same program.

So, what we are going to do, they use electrons in the system. We use amino acids as we produce them. And then that lets us see what's correct, what is not correct and what needs to be corrected. The company of the Professor will do everything with the coming up, all the kids because they have all the facilities and capabilities to do this for Europe. The change is complete and its getting more and more faster to complete, but we are not using the system just for medical. The system can be used for the same as you hold a stick to disease The same way

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as we can hold the system in a way what we've been doing for control of the system and parameters.

So, we have gotten to the next step. And hopefully the meetings will be so much that we will go to the next phase of system control or production. And not only the control of the health. What I've seen, and it's very interesting, this is not coincidental. As you know, John has joined us in the past few days here, and Eliya joined us the past few months. Now she is here full time.

As I said, we are miniaturising the system. So, what I explained to the Professor today, is that we have the capability now, on the same system, to be diagnosed on one side and for the development and the release of the processing of the illness on the same side to \_\_\_\_\_. What we said, they are universal chairs for all diseases. Now, with the arrival of the technology in our hand to what our body is producing has become more complete. And in the coming weeks, hopefully in the next 2 or three months, we'll have the first chair that can be adapted with the use of the system which we received the design and support by the Professors company to be able to adjust the chair according to the disease. And this is a major achievement or breakthrough for us in completing the medical part of the technology.

In a way, this is what I was saying, you can go to a \_\_\_\_\_ kiosk to get a suntan, the next 2 or 3 years, you go to different clinics to. You go to different medical shops with your medical card. It says with the disease on it which needs to be done. You go in for cancer, and the next patient goes in for diabetes. This has come a reality, very much in the next few days or next few weeks. It depends on how much the collaboration with the Italians builds up. That we will probably move out of this area while the scientists work towards the goal of the development. So, it's not accidental.

It's fortunate and everything is there now. The scientist people who understand the work can do this. We've seen this, with their backgrounds in hardware table. We've seen this. This is 100 percent achievable in the coming time. Any other questions?

I'm seeing a plasma healing chamber in the near future.

You get the plasma healing chair.



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Chair, OK. Close enough.

Close enough.

That's an amazing idea. I really like that idea.

It's been a while that we've had these chairs. These chairs have been used....Don't forget, we have been using these chairs for nearly 10 years. Now what has changed, is that we've stopped building one chair and handicapped chairs. A number has been used. Maybe about 50 or 100 have been built in the last 10 years. There you have, for example, prostate cancer. \_\_\_\_\_ can tell you when the very first one was built, around 2004, 2005, and 2006; for a patient with prostate cancer, lymph cancer and bone cancer.

Now, with this facility of control, all we need is to stop building just one chair. We just need to change the plasmatic field to the next disease. This is what we use for the people with the back injury that cannot walk. By sitting in the chair the \_\_\_\_\_ are \_\_\_\_\_. The process can start to reverse. So, now with the system controls. We can diagnose when you sit in the chair. You receive what you need.

The big question is, how open pharmaceuticals are to start the use of this. And how open the doctors are to be able to do it. And the other question comes, the Keshe foundation special program. Do we need to carry a doctor from every discipline? Not really. Eliya says we are staying behind, you can go on your own. So this is part of the development. We are not in competition. We are in addition to the space technology. Put yourself in this position.

What happens if one of the astronauts put themselves in the space craft and they have a heart attack? Or has a stroke? Do we have to keep him for months in the space till we bring him back? The more people we put in space, the higher the number, and the possibility is multiplied. If one of them has radiation, due to high dosage, some sort of disease. Do we have to wait till he dies and throw his body into space? Are we going to do what we did with the sailors? Or we allow these technologies to be on board of even the space crafts.

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That any disease, whether it is accidental or not, can be delivered directly. Is the selfishness of us protecting what we have? Or allowing the support of the human race for the people in space. Now we are one step closer. And next week we introduce you to the people who are now involved in another direction in the development of commercialisation. They arrive with us on Wednesday. Most probably Thursday morning will be on the teaching table. We are gathering, not the elite, but the ones who understand and the ones who want to make the change. ...Any other questions?

We are a little over 2 hours now, which is a little in excess for the health workshop. But it's up to you, if you want to keep going, I'm sure there's more questions.

If there are any questions, we will try to answer.

Any questions from your end there, Vince, or anyone else in the skype call?

I don't see any questions on the livestream or anywhere else so I think we should wrap it up

Thank you very much. We meet at 12 o'clock on Monday for the Chinese program.

Yes.

OK. That's perfect. Thanks very much Rick and Vince.

Thank you, Mr Keshe and Professor Franco as well. We look forward to learning more about all of that.

I think you are going to hear a lot from him very soon. All the best, thank you very much. Bye Bye.

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OK. Bye bye. And that's the end of the 11<sup>th</sup> Health Teaching Workshop. Thank you every body for attending.