

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Transcript courtesy of Keshe Foundation New Zealand (KfNZ)

Video link: https://www.youtube.com/watch?v=G_viwikDZ-8

Topic: Q&A from Health Workshops 1 - 9

00:00:00

Rick Crammond: Hello Everybody, this is the 10th Keshe Health teaching workshop and today we will be reviewing some of the workshops from previous weeks and there will be questions and answers and various explanations given based on some of the previous work that has already been delivered through this workshop series. So Doctor Eliya Kostova is ready at the other end, to direct the first part of this show and then we will speak with Mr. Keshe of the Keshe Foundation. Both of them are at the spaceship institute in Italy. So let's switch over to Eliya and get right into the workshop here.

Rick Crammond: Hello Eliya are you there?

Eliya Kostova: Hello everybody from spaceship institute. We are here to follow you in your journey of the health teaching workshop, this is the 10th one and today the subject will be questions you have from all the workshops from the beginning up to now, but first I just want to start with some explanations about our work in the health department.

If you saw in the Keshe Foundation website, we are publishing all the list of the diseases, what they are done in research and they are translated into so many languages. So if you are interested like a medical doctor or health organization or like a patient, you are able to go to the Keshe foundation, main webpage and then go the section application and in the section application you will find the form where you are able to contact with us and to explain like a patient what is your disease and then if you want to see all the diseases, the list of the diseases, you are able to go to the section, diseases under research, there is the list at the moment up to 41 diseases.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

They also translate into all of the languages in the Keshe Foundation forum. There stucked post from the beginning and also half a parnerds in Keshe Foundation forum. There were posted in all languages, all documents, what we need for you to send to us and to apply and to be a part of the health project.

Rick Crammond: Did you want the diseases opened here? We have them opened on the live stream now, the list of diseases; did u want to actually have them opened here? Is that ok?

Eliya Kostova: Yah on the list of the diseases, you start with the required documents the patient to post to have and to apply for the project. Then we go to the disease open forum for researches of the list of 41 diseases, which is under research in that moment. We just start that list but we will be fulfill more afterwards, we just start with that 41 diseases and then you have a price, what is up to the moment and just notice that the concert in 2 months, new research, is with the new price, will we imagined it before 5,000 euro, it is not the old price and then you have documents of the world peace treaty which also translated in all languages and you have documents new cancer research which explains what is the project now about the cancer in tumors.

So this is the old/ new documents that most of you know and the contact form for application is in the contact menu. You go again on the toolbar and you found out the contact and then click on the contact and then it is health appointments, you click on them and its open the contact form. So the patients are supposed to fill all the information there and then directly that form comes to us and the next procedure is, just if we are not aware because the information of the future messages, that place is so small and the patients are not able to attach, big files like MRI scans of other documents which is for them diagnoses.

So we ask for them with questions for the asking for information of for skype talks, then we confirm the date and hour for the skype talk. I send to the patients shadow to remember and what time and date and day they will have the skype talk with health department of the Keshe Foundation.

Everything is written and we have already made the catalog number and files, documents for follow up and registration form for the foundation they are ready. They are available also in the

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

health center moulder, so it means my colleagues, doctors who are willing to help us for following the cases, for following cases they have registration form they have to fulfill. And then each follow up state of the case they have to register. So we make the registration form, the follow up form and all the registration is available for us and after the moment for the health center moulder and other things I want to ask, the medical doctors around the world when they apply to us, for delegate, for they want to work with us, please send it to us, your C.V.

It is curriculum vita form, you are able to find out in the Keshe Foundation forum, I just applied the link, just fulfill that form because we are supposed to have all the information for your professional life and experience and then delegate for which one you want to be a medical doctor for follow up, all your contacts and data because all of that contacts and data we are supposed to give back to the patients and then to be able to contact with you anytime.

So about the organization of the health depart, is that for myself, if someone has a question about the organization up to the moment? If not we will follow up to asking the questions.

Mr. Keshe: Let's just start; are there any questions you would like to ask?

Rick Crammond: Are there any questions from the...

Unknown Speaker: There is a question from the chat, I'll try find one, so a question from Yvan and my question is connected with the works of the main reactors of the human body which are the brains, the lungs and the heart. It was explained that these systems are always in balance.

One of the workshops Mr. Keshe mentioned that there is a small muscle that is not functioning around the heart area and if this muscle is activated, it would create a field around the body or something. The question is; if there is such a muscle, how is this extra magrav field created by activation of this muscle, which would affect the work of the main reactors of the body?

Did you understand that Mr. Keshe?

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Mr. Keshe: Yes, the main frame of what we call the brain, heart, lung, in a human body, in a structure of the human body, when you look at the whole, what are called emotional park control, there is always, what I call a reserve source. In so many ways when you have the heart, the emotional part of the brain and the lung working, the whole structure follows one principle and that is to create a balance, a field, between the whole control system of the emotional and feeling system of the emotional part.

The human body will not change in its operation if the emotional part falls out. So the physical part of the brain, due to malfunction of any part of the physical part, like the heart or the lung, will stop functioning, but the reserve, the structure of the emotional part will never stop. And for it there is a backup, there is a backup system in the body in the body of the man. Made and held for this job and it does not interfere with the operate of the rest of the body, as you have a startup for the heart, like you can punch it or whatever to bring it back to life.

The emotional part if it runs out of its working energy; there is a parameter within the chest cavity which supports the, what do you call it, memory card, memory bank start up. This soul never leaves the body and with it the emotional part and the factor that is built in, that if the emotional part is removed or does not function, the physicality or memory bank card comes in. We have seen this in a brain operation, where the physical part of the brain has been removed and the brain can function with other physical part. But the body and the body cannot without the emotional part. In the future we will come back to this point regarding the structure, it will not affect the body and I was discussing this with Doctor Eliya in the past week or so.

Where the emotional part, I am trying to choose my word very carefully because this can throw a lot of things into open, which the human race is not ready for. The time comes when the body is not, or the physicality or emotional part is not happy with the statues of the emotional part in respective of the soul. The memory bank, the operation of this, hidden within the chest cavity, allows the change of the soul, this I have explained in a number of private teachings, what it means is like when you switch a computer off, and when you switch it back on again it does matter if you take the computer half way around the world, all the data is in there and it comes up and this is the same thing with the emotional part and there is a parameter within the upper part of the chest cavity which carries this information in case of failure.

But this touches the emotional part only and not the physical part, and that is to do when in time man reaches a point of maturity which the understanding of the emotional part does not feed the intellect of the physical part and you ask and demand for change or you can request for a

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

change in connection with respect to the soul. When you wake up, when you come to consciousness or when you become aware of it, you see, you feel you are within a strange body, that you do not know the physicality but all the memories and formations are in it.

This is very much in the direction of maturity which physical maturity and intellectual maturity understands the limitation which the soul has created for the consciousness and to evolve or elevate the intellect plus the emotional part which understands further of the creation, you put everything in this memory bank, it does not affect the operation of the body at all, it does not interfere with anything inside the body, but it is just there as a storage, when you want to change, the level of your soul, in so many ways, this is achieved by the Prophet of God and that's how it stays.

In time a lot of people will understand, as it comes as you mature, as they can understand equal to the prophet of the past, they will re-use this what are called the change of soul levels, I was discussing this with Doctor Eliya and other people in the past 2 or 3 years because you need that information to be there. If it's not there what are you going to do? You receive and you upgrade, but upgrade does not fit with the program, because the body physicality is not there so this apparatus, this muscle tissue, is a memory bank for emotionally you have experience and kept over your life, which connects you to the physicality and this can and this is needed.

And in occasions or in time when you reach a physical maturity which you understand that you in your emotional maturity is not the same, and thou shalt not steal in a way you can request, you can put your soul in a position that other souls are prepared to exchange or act with your soul and then you wake up and you see you know everything about this body, you know all the memories, all the emotions of this body, but you are a foreigner to this body. You are new, it takes time to understand this, and then it's just like settling into a new car, and this memory card is kept away, in the protection of the chest cavity. But does not affect the performance of the heart, the lung, the emotional part of the brain or the brain.

In book number 9 by the structure of the soul, I have explained this in very much detail, pieces of this paper is already written, that the man in the future can understand. I have a lot of discussion about this with Caroline and in how one can ask for upgrade of the soul without stealing from the other souls, but by upgrading the soul you are upgrading the intelligence, you are upgrading the emotion and then you reach a new level of maturity. This is reached very much by the prophet of the past and now there is a possibility and a chance for the ordinary

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

man what are called, to be able to achieve this same point, but it needs time, that is understood, that the work of the systems is understood.

I teach how is possible to a number of people I can trust and they cannot abuse the structure because if you go to the shop and there is no clothes fitting your body, you cannot wear it, you cannot put it on, so but this structure internally in the chest and physical part of the body has been kept as a memory card chip but it does not interfere it does not interact, it will not do anything to dis balance the work of the cell formation. You have to understand the relationship between the emotional part of the brain and the work of the soul of the man. The emotional part is gravitational magnetic field and the soul of the man is the electron outside, connected but can be replaced

As we say all the electrons are not the same energy that's why the change and have different orbits, then you can ask to bring you're the intellect closer, higher and that's where you reach this point. But the strange enough...

(Loss of transmission)

Unknown Speaker: Let's move on to the next question. How is cataract related to the emotion and the soul? Mr. Keshe said something about intentions.

Mr. Keshe: Do you want to answer that? I think I can answer that; it is a field of what is cataract?

Eliya Kostova: I can offer my saying... so sum of explanation for cataract, that it is a change of the strength of the magrav field of liquid in the eye. So the emotional part of the brain is not able to accept the reality or you don't want to accept the reality and actually it is because of changing of the strength of fields of liquid inside of your eyes and when you look your eyes under the microscope of topology, microscope is visible that the liquid is not clean, it is cloudy and also the lens change the strength and it is everything has happened because of the strength of the food of the liquid part inside of the eyes, they just change it, so you are not able to accept the same strength environment.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Everything has happened because your emotions are not able to accept the reality, you want to see something, you want to see but that is not really exist, it's like you close your eye to not face the reality what it really are, that is one of the explanation of cataract. ...Can you hear us?

Unknown Speaker: So you think that it is the emotional side that is causing the cataracts to appear?

Eliya Kostova: Yah, actually if you remember embryology of the brain when we spoke about how developed during the embryology state, our state, the brain of the development and how where it appears the medulla oblongata actually on site it appears in retina, it is the first seed of retina, so there in one line, and retina and then from that part it is organize of the development on the structure of the eye, it actually part of our thalamus of our emotional **pardamacly**.

Then the stems are like the arms, part of your body, it is something that the retina and eyes are the outer part of your emotion, this is actually your connection with your thalamus, with eyes you are able to preserve the reality, to accept the reality and to transform the epithalamus and if that receptor part is not able to accept the reality in a real state, it is because your emotional part of the brain happens something wrong or something reach state of the disease or reach some kind of understand or you don't want to see something, like your desire or wish, so the perception of the reality, the organ who accepts the reality so your eyes, the magrav strength of the **fuges** change it, it is because you are able to see, to touch, to feel, whatever fields when there closed or your fields, if they are so far away from the strength of your fuges, you are not able to recognize it, so if you change the strength of the fuges you see what it is closed to that field, or slightly similar, not different, completely. Do you understand?

Rick Crammond: Thank you Eliya that seemed clear. There is another question from Vektor about what makes glaucoma to exist in one's body that I believe is a pressure on the eye ball.

Eliya Kostova: What is glaucoma, it is that, glaucoma is the changes of the lens and visibility through the lens that it has to be different, and it is not clean. Glaucoma or Cataract? Glaucoma is the pressure inside the eye. It is changing of the pressure inside of the eye, so many diseases can be caused by glaucoma and glaucoma itself may cause many diseases, it is different, you can not say only one cause for glaucoma. Actually it can be result and can be cause.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Rick Crammond: Can be similar answer to the cataract answer or at least part of it.

Eliya Kostova: Glaucoma is increasing of pressure inside of eyes. It is like you increase the pressure and the volume of the spinal liquid, damage the retina, is retina just a plift of the place and change the. So you are not able to see, like under the water, and you have pain because it is direct compression of the nervus opticus.

(Loss of transmission)

Mr. Keshe: Dr. Eliya tried to explain the glaucoma but you got to go back to what we explained in respect of the **phytamus** and working of the **phytamus**, how and what material is created in the eyeball, even as a liquid, that allows you to see. The glaucoma, we done a lot of research into it from the Keshe Foundation point of view, in health side and in times you have to go back to find out how the salinity and the materials within the liquid of the eye have changed.

The expansion of the liquid in the eye does not happen on its own. It needs heating it needs two or three dimensions extra to be added to. One comes directly from the magnetic gravitational field of the emotional part of the brain. Which in fact by the time it reaches the water of the eye, the liquid in the eye, it is at the level that it can increase its volume as a matter or increase the plasma of it as a gas.

The other position and other way it happens is that the thalamus in conjunction with **parter glam** convert the matter from one state to another so what comes out is like you put a metal into the water and the heating through the energy which comes in on-top and the volume increases and that creates the pressure. Then it changes the vision and the other aspects of it. We have done a lot of work in this aspect trying to explain it and it's the final point is, how the liquid expands but in fact the expansion of the liquid in the eyeball comes from increasing the volume or changing the matter from one to a higher order, it is not a heating that, you create pressure due to increase of the volume of the liquid in the water.

There is a lot of research going on especially with the space technology which is in the present space technology in proportion, eyes is considered the of the weakest points of the whole link of the humanity in the space because we receive radiations and this radiation leashes energies

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

which gets absorbed directly into the liquid of the water of the eye and then because the energy is transferred in a matter level it gets absorbed by the brain.

Rick Crammond: And is that what astronauts see as flashes of lights in their eyes?

Mr. Keshe: The flash of the eye is when the energy slows down not to become a photon level, but this energy which continually comes into the eye and it gets converted into plasmatic information for the brain to understand, this energy, if it is achieved or arrives to a higher level, then it is dispersed back into the brain and leads to a lot of problems within the expansion or increase of the plasmatic magnetic field.

You got always be aware, separate the matter condition and the gas condition and then you see how the things happen, in the body of a man, water as a liquid, water as a matter does not exist due to gravitational magnetic field all the interactions are magnetic gravitational field dependent as a gas of the matter and these effect very much the lights, the amount of energy as a light, plasmatic magnetic field passing through the eye because of the closeness of the eyeballs to the emotional part they field they release never goes through the neuro system effects the emotion.

The effect on the emotion through light system, through the eye ball is far beyond man has awareness to up to now and they will not understand until they realize that the information through the eye, through the plasmatic magnetic field which comes through the liquid of the eye directly interacts and works with the emotion part of the man. That's why if you look more or less, they sit at more or less at the right level on the other hand, there is a structure within the brain or within the skull of the man, which makes sure the right information, the...

Rick Crammond: We apologise for the broken workshop today, we are having trouble with the connection once again in the spaceship institute.

Mr. Keshe: What's the next question?

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Rick Crammond: Ok, there is a question from Yvan who says “Why are there different blood types in the body and is the blood type dependent on what kind of food we should eat?”

Mr. Keshe: The blood type as we know comes by the evolution of the man according to the environment he has lived, I think this has to do with O, A, AB and different versions of it which is very dependent on how we evolved from the time that we started the food we consumed and what kind of life we lived. There is a process I know because there are, they call it ‘eat as your blood type’. So because we evolved in the evolution we had access to certain food and we **are** **fell** the strength of the red blood cells adjusted to be able to accept that kind of food, always the original and then the rest of the conversion and application of the food, I think there is a rather 15 different types of blood types....

Rick Crammond: Yvan does go onto say the rest of the question “In other words are people with different blood types absorbing the energy of the same food in different ways”

Mr. Keshe: They do because it goes back again to the digestive system and how the enzymes and the liquid of the stomach recognizes and absorbs, the food we eat and the information or energy which is absorbed from it, is exactly like the vision. I look at the picture, to me, which is orangish red, and part of the other is reddish orange. We are both looking at the same picture and so we take from according to other instances of your body or the liquid of the eye or the body itself and take from it and I can take calcium from the food and take sodium from the same food, this is decided by more or less by the palate gland.

Palate gland decides what conversion rate there is needed and needs to be done. The work of the palate gland is not fully understood, once it is fully understood the work of the... I think in the whole of western Europe there is only three doctors who are getting to know the work of the palate gland in detail in approximately trying to explore it, one of them is in Cambridge, so a lot of doctors talk about it but they don't understand it, its just there. So they control what you absorb and then what you absorb from the food decides what goes in your lymph and then it decides what comes through the lymph and through your bone, that becomes the blood that then is part of your blood that is in your body.

So when you say what has blood type to do with food because what you eat becomes the lymph, the lymph becomes the bone marrow, and then becomes your own blood so it helps to reflect where it came, the origin of it. So yes what you eat and what you digest and the type of

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

food and the way your bone marrow converts and your bone creates the immune system and red blood cells dictated by the food area you are in and then we call it different type of blood.

All the O's have not disappeared, they are still here and they regenerate and because they can absorb food which is available to man and is available. In so many ways the more we became specialized in food digestion we have change the structure or lymph's have changed and in turn the lymph changing the red blood cells which are created by the lymph have changed.

You got to; I keep on explaining this but somehow misses the whole point, bits are not created out of your body out of nowhere, your bone does not just happen to create blood or T-cells or B-cells, these are part of what you have eaten, what you have put in and what you get out to controlling what you eat, so when you say of the blood type is connected to the food, of course, because it's the food which you have eaten, which is energy, which is the lymph and the lymph has become your blood.

I was talking to our Chinese Keshe Foundation colleges today at lunchtime and we are going into production in China and they are running a test and he said to me our system is literally bleeding, just red material is coming out, we are just collecting buckets, and he said do you know, it's a strange thing as life just looks like living, and I said of course what do you expect? We have seen this here in the lab in the Keshe foundation but at that time the knowledge seekers were not too immature to understand it but too young as Eliya would say.

Yah you can't blame them and then they would go out and they always liked to play but the Chinese because we are building a different system with the Keshe Foundation support there, the guys tells me it's like dripping blood. I said look, and he said it only comes from the connection from the junctions. I said the junctions are metal iron and then immediately at that point because you are trying to create a gas you are creating fat or what we call amino acids at the top and these automatically the iron oxide touches the amino acid which is on the layer becomes fat.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

So what he said I can't see any fat layer on the top, I said of course because water, fat is produced around the plate immediately due to the iron which is coming in as oxidization, which converts it to like a blood – you're literally creating hemoglobin – and he says its alive, it just like moves so we have seen this here when I explained to knowledge seekers months ago, your blood is according to what you make available to it to become and it does not come out of air.

Another name for lymph when it goes to your bone structure and adds to itself certain amount of Iron becomes blood so you call it the blood, or lymph iron its all the same, there is no difference so your food you eat and then this changes how what it goes as a blood in what you have eaten, effects the energy which it carries to your brains emotional side and this goes back we were talking about why the difference between the Indians and the Pakistani's who eats more blood animal and how they change their behavior then you understand how you still stay A or B but your cell carries a different amount of information and energy in your plasmatic form, then the brain reacts to it because it receives too much information and it has to digest, emotional part has to digest a lot of suffering which the physical part brings it and it has to decide from this because the soul does not accept it and this is why we see what we call aggression and what we call anger and all that because what comes to emotional part and cannot be converted and transferred to the soul which is always in balance, it takes what it needs, it has to consumed internally, it has to be stored internally.

You store the physical entities in the liver, the liver is your deposit back, emotional part has and has to handle the material the energy that comes through the lymph and through the behavior, if you look at the structure of the **Thalamus** of the very heavy criminals and very gentle people you see totally different structure. When you look at the MRI if you are a doctor or look at the area of the **Thalamus** you see it, some people who have MS and they push themselves to the limitation of literally reusing their own tissue and it creates a lot of pain, you find out when you look at their MRI, the **Thalamus** has a different structure so now you understand how the process goes on.

You eat the food and the amount of energy the food you eaten which changes into a gas, transfers its energy across the wall of stomach to the lymph and this amount of energy has to convert through the structure of the bone to the blood and then you say the blood comes from bone marrow, as when we spoke about the bones structure, then this blood has a different strength with the man who is vegetarian or the man who is animal eater but it essence still carries the original information of what the blood was, as you divert and diverse into roots and into what you call seeds, you **continues** change and change and change and we have seen as far as I can remember, there is actually 15 types of blood, O, A, B , AB these are the top of the

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

rank but there are other divisions into it as well, so yes what you eat decides your blood type because your blood is made of your own lymph's which is what you ate. ...Next question.

Eliya Kostova: The question is how we are able to clean the blood of the liver.

Mr. Keshe: When we come to the liver we will discuss this, the liver is a huge bank and cleaning it out is very difficult, it is easier to clean the central reserve bank than the liver.

Rick Crammond: So blood type depends on the food then?

Mr. Keshe: Of course, I think we got there or you lost our voice?

Rick Crammond: You can't change your blood type though right? You can't change your blood type by changing food

Mr. Keshe: No, no because there is something, go back a step further back, the blood type is created in the bone and the bone structure decides the type of the blood according to what you have eaten, the soft part, what you call the spongy part of the bone this spongy part is nano material layer, it literally is like what you separate the gas from the copper plates, so your nano layers decides in what fields you release and how the what you say gas of blood stays.

Rick Crammond: So what you are saying Mr. Keshe is people should be known by their bone types instead of their blood type, it's more basic it's more original.

Mr. Keshe: Your bone structure, your bone nano layers structure decides and is the way it is, look at the... there is a lot of things in the structure of the man and then you understand a lot how the body has adapted itself, if you look at the, what happened? Have you made enough noise? Who did you shoot in there? Fire board just went up, ...no problem.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

So somehow the earth moves with arms and walks around so what happens is that if you look at the nations or cultures, which the farming of certain what you call agricultural products are cultivated and how they are harvested, changes the structure of the physical part of the man to fit that because they find the shortest way to do and according to that you find the blood changes to accommodate that use of the body for that purpose, I studied this in a lot of detail in Belgium when I lived there.

Rick Crammond: If I may continue, you say that the blood changes you don't mean the blood type changes but the blood itself changes.

Mr. Keshe: Yes, Yes.

Rick Crammond: All right, just to be clear.

Mr. Keshe: The blood type, I am going to ask Eliya to discuss the difference between O and A and B. What is the difference, how do you call it the... In our generations yes, that's how it have changed, yes, the thing is where you work, where you live, the way you eat and what you do to live, dictates the blood change more than anything else. The blood change if you live in China with all the pollution and if you're in the office work and if you live in New York, somehow through the structure of the working feed, changes the structure of the blood, which means the people who harvest the food and cultivate the food they establish the change of the blood.

Then you have to go back to the emotion and how they put and what they see and what they see as their survival and I have studied this in detail in Belgium regarding what you call people who make Linen. People who work in the fields harvesting Linen over generations, they have a specific, what we call carbon blood structure, very heavy at the hip, short legs, short upper legs because of the way they have to carry harvest and other material and it goes right through the blood.

All the sisters and it is mainly women who carry this, not the men, ankles are about 2 to 3 times the normal because they have to stand shorts to carry the weights, that is the way it is or has been for them and then they change because then they use the seed of it for different purposes, for food as well. The you wear as a linen shirt, has seeds which is consumed as food, they

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

make bread with it, they make all kinds of things with it so that in turn there is a connection in the harvest, the people who collect seed and sow to harvest and change of blood. Now you understand why I discussed this. ...Next Question.

Eliya Kostova: Is the common proportion in magratudes in body, which determine the human bond mass creation, is there some part of the body which particularly conducts this?

Unknown Speaker: Sounds like we lost the SSI again and this is actually a really good point, Amourock that the defense system that Mr. Keshe has put up around the house could be interfering with the signal.

Rick Crammond: Well there is an interesting little discussion in itself and he did claim that it was to be an effect defense system for electromagnetic interference and so on

Unknown Speaker: But we have been though this from the very beginning, the first public workshop that we ever did, he told us that the fields, that if you are using a remote control car, remote control controller it won't be able to penetrate the fields, if the fields is strong enough.

Rick Crammond: Now we're concerned, I was concerned that the controls from my reactor which are remote controlled car controls that the indicator that the system is working is that the controls stop working. So that would not be a good system control to have, when your reactor starts working your controls stop working. However it is a good indicator.

Unknown Speaker: However if you have gravitational magnetic field base it is the same as the inside of the gravitational magnetic field that you are using, so basically you have an antenna which is in tuned to the magrav field you are creating, you shouldn't have a problem.

Rick Crammond: And communications might work within the defense system but not getting in and out from it, they might have to use the instant communication system which Mr. Keshe has been hinting at lately and I think it's time for some kind of implementation of that instantaneous communication system, I think we need to start.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Unknown Speaker: It started a long time ago Rick and we're still working...

Rick Crammond: Yah I mean you need to work with Mr. Keshe to get a more practical application of real time so that we can actually some point bypass this ordinary system, no matter where we are in the universe.

Unknown Speaker: Exactly and that's to do with the magrav field you create with your ganses, which is, we have to relate this back to health even though we are talking in terms of reactors, we can relate this back to health because the magrav field of ourselves, we can also influence that with the environment that is within ourselves and being able to communicate between ganses, my recording just stopped. Mr. Keshe just tried to call me, can you try adding Mr. Keshe again.

Rick Crammond: I'll try both

Unknown Speaker: So yah we can all relate this back to ourselves, it says he's busy; he is probably leaving me a message.

Rick Crammond: Is that ourselves or our cells

Unknown Speaker: Our cells, what I'm saying, making the instant communication with the ganses, is the same as making the instant communication with ourselves so once we find the answers we are looking for to be able to communicate with the ganses we should be able to transpose that into communicating with our selves, of course I'm not talking about sending an internet signal to ourselves or somebody else, I'm talking about communication which is of course telepathy. That would be a good question but we don't have time to go into the telepathy aspect at that point.

Rick Crammond: That is a good one for a topic for a whole health workshop. Ok I'm back on live stream and were just going to finish off the 10th health teaching workshop with Mr. Keshe and

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

he wanted to add something but we had some bad connection before and we couldn't here, he wanted to add something to the end and we can connect with him now.

Mr. Keshe: Yes what I was explaining before recording is that due to research and developments we have done over years in different aspects of technology with respect to the health, emotional and physiological and physical application of the technology, this we were going to announce today but because of the complication with the lines, we got disconnected and that is within the Keshe foundation the trails have begun and we have within our knowledge to be able to allow people who are addicted to drugs like cocaine or whatever it could be or hash or that kind of thing to stop their addiction and the way its done as we see it in our trials, there is no withdrawals with this procedure, people just naturally come off it and we have seen this in people who have been in bed paralyzed for years just walk off the bed.

The process reaches the physiological part of the brain, which refuses to accept the drugs in the physical part. The volunteers who have been through this process after 2 or 3 weeks they say they don't want to touch it because it tastes horrible, they can't stand the material anymore. So we were discussing it yesterday with Dr. Eliya and Armen and Armen was so excited and said this has to go out as there is so many young people in America who are dying and there is a new thing called that their skin comes off and literally flesh falls off its called 'crocodile' or something and he want it to be put out as a matter of urgency, that there is such a possibility available from the Keshe Foundation, and we have put it on our link and we have looked at everything else, if people who want to try this procedure with the Keshe Foundation, whether they're drug addicts or cocaine or heroin addicts, the foundation has put a value or research value of a donation of 5000 euro which is one of the lowest ever the foundation has put or anything we do which we want to make it applicable.

We bring it to the lower level so it can be done, so if you want to try and add to our knowledge as of today we accept, if you have addiction, to be tested and to be brought up to see if we can help you out of the situation, from what we have seen from the trials there is no withdrawal symptoms because the body just naturally, it's like you never had addiction and this is one of the things which has surprised us in our trials.

On the other hand, we have the new cycle of the systems, that some of the diseases that are on the list of 41, will be brought down to 5,000 value more or less all of them will be brought down to 5,000 within the coming weeks and days. As we are developing new simpler technologies, applications, and as the health centers and elements of the foundation is rapidly growing, so we

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

bring the value to 5,000. Now the kits for the drug addiction will be the same, the kits for all sorts of diseases will be brought down case by case as we look and when you make application you have to fill out the application that what the disease is and if you like to be considered for the 5,000 project, or 5,000 donation please make your life easier for yourself and for us, when you fill in the application and make a request, make sure the financial means for you is there to carry out the process, do not come to us and then say I cannot donate, can you give it to me for free.

The decision has passed the foundation; we decide who and where and what and we have a line cure to receive the systems and different parameters by donation alone. So if you are interested in any of the 40 on the list you can put on what you like because for 5,000 project, which is a 5,000 donation and we will respond to you if we are looking or you are considered on what and how we have to do it. But the addiction kit, as we call it, as of today they will be considered for anyone with addiction for 5,000 euro, which is less than probably a month or 2 in their addiction.

Rick Crammond: And to clarify Mr. Keshe that won't mean someone would have to visit Malta or Italy or any that would be something that they would be able to use at home, is that true?

Mr. Keshe: Yes, all our systems nobody has to travel anymore, the time of travelling to see is, we make a house call if we need to and then we monitor it, we have no problem in that respect, you don't need to travel anywhere to be able to benefit from the knowledge of the foundation. We ship materials all over the world now, Pardon?

Unknown Speaker: Sorry, we should be able to do these things once we have the understanding of how to do this medically and this will also be able to be done with people who have the CO2 kits as well, is that right?

Mr. Keshe: No, it's totally different, the addiction kit is totally different, the addiction kit is a two piece part and it has to be done through the feeding and water system. CO2 is not the answer to everything, CO2 is a turn off for energy and for the space reactors and part of the CO2 is used for the energy virus dependent section. We are opening more and more next week when we have our Chinese group here manufacturing, we will introduce what we call the healing path at \$120 or 120 euro, that you can apply if you have a pain in your muscle.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

You apply it for mainly 2 to 3 days and it can permanently remove most of the pain or all of the pain and Dr. Eliya has used it herself and Armen has used it here when they have been in that kind of condition and they used just one and it changes everything. We will release the copper fly in the coming week as a set, in the coming days once we finish in China, China will become the center of production and we see this as a pathway for the foundation as part of growth, showing you the power of the technology and not just what has been there.

We think we have found a very good partner with the foundations manufacturing and they work on the same ethos as we do and on an open basis and so we will have quite a lot of. But the addiction kit if you are addicted or have permanent addiction, just send health to the Keshe Foundation and your contact and put the addiction title and the form will be sent to you and just fill in the form with your blood test and make the signing of the documents which are sent to you, make a donation and within days we will release the kits.

There is something which is got on the wing and once that is done, completed the staff formation kit will be offered to China, that people who would like to do tests at home, that the foundation has you can buy a kit, you will be much like the size of a football. There is a lot of development now coming out of closet in commercializing that the health part if valuable to us in so many ways and we will go back to the same structure we had in Belgium for 2 to 3 years that's all coming out on Tuesday from 12-4 o'clock and we may increase it to 2 – 3 times per week.

So the cases we accept are only the start but we can see what we accept and what we choose. Going back to the structure of the system and what is the end we can see a lot of different options. But the whole situation will change in the next 2 weeks hopefully if the peace treaty is signed between Iran and **US**. As we seen in the sides that are prepared to move, you have to realize making them even though it looks like this on the surface is that the foundation and the technology does not go back and get buried in China or in Japan and the way it looks is that the Chinese and Japanese are very much active around this as we have seen in the agricultural of the Chinese section, these are offices of government where agricultural protest where somebody as a hobby, this is how it is and that is how it works.

Rick Crammond: Ok thank you Mr. Keshe Is there anything else you would like to add at this point?

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Mr. Keshe: We have research and development done and every day more boxes are leaving for the CO2, the CO2 kits are very much on the way

Rick Crammond: Yah that is good news and people are reporting in already that they have received the kits so. Pardon me, can you say again?

Mr. Keshe: Are they happy with what they have received? Have we got any feedback?

Unknown Speaker: Yes, there was in the Keshe Foundation facebook, and it was an excitement, definitely an excitement

Mr. Keshe: Actually, we do things as well by the book.

Rick Crammond: Yes it is good to have a product like that to showcase.

Mr. Keshe: We need to be able to do things and now we have slowly begun doing what we are supposed to be doing.

Unknown Speaker: So just for the live stream people as well, the CO2 kit video is available on the Keshe Foundation youtube site it will be available in the banners on the main site and the forums probably today or tomorrow.

Mr. Keshe: There has been a lot of work done by Armen and Marko to get this thing done. I have to explain something to you we are in a position that what happened with the poisoning of me and Caroline, now that 3 more people have been poisoned, so the situation can become more open case internationally, that these are not Italians so please keep these things that are happening to us and what is happening to the foundation totally separate because in the long run they are connected but they are totally separate, we have to keep it that way.

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Unknown Speaker: And there is a person in live stream that also said they have received their kit and it looks great.

Mr. Keshe: Thank you very much and all the best, we try to do our best, this is orders in 100's not orders in a few and the Italians could not do it so we moved it so in the next 2 weeks we should be through. It is amazing how many people are coming through and how many people are responding to this.

Unknown Speaker: Well everybody wants to try and save the planet and they have been though that the CO2 is what's causing the problem, so medicate the problem they think is causing the problem.

Mr. Keshe: It's amazing even the prime minister has ordered it, this is what's shocking, that the order has come from the prime minister and he is very open to exactly what it is and who he is and he is from of the top 10 nations in the world. So he is opening supporting the Foundation as well. So we will see what happens. Will we call it a day as we have a long way to go yet?

Rick Crammond: Thank you once again Mr. Keshe very much and thanks for that addition at the end that was great, it helped round the workshop.

Mr. Keshe: For people who are addicted we would like to develop this technology to fight its spot and addiction is one of the biggest problems and what we have seen is that people who come off this addiction with the system they never touch again, as now we have full years of records. So they don't even have the craving to go back to it.

Rick Crammond: You can give your addiction to science.

Unknown Speaker: Actually Mr. Keshe I just thought about this but does the addiction include gambling?

Mr. Keshe: Yes, heroin, alcohol,

Transcript from 10th Health Teaching Workshop held November 14, 2014

(v1 2016-03-05) DRAFT (Transcription has not been verified. Double check info with video)

Rick Crammond: Chocolate, Belgium chocolate, you can help people get over and get off of Belgium chocolate.

Unknown Speaker: Not touching chocolate again would be very bad!

Mr. Keshe: That's a very good addiction. We will leave it at that and we will speak on Tuesday. Thank you very much for all your work.

Rick Crammond: Thank you too

Mr. Keshe: Thank you, bye bye.

Rick Crammond: And so ends the second part of the 10th Annual Health teachings workshop, thank you everybody, goodbye.